Chicken



10 Piece Chicken Drumstick and Thigh

Nutrition Variable servings per	
Serving size	3oz (85g)
Amount per serving	400
Calories	160
	% Daily Value
Total Fat 11g	14%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 80mg	27%
Sodium 80mg	3%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sug	ars 0 %
Protein 15g	
Vitamin D 0mcg	0%
Calcium 6mg	0%
Iron 1mg	6%
Potassium 176mg	4%
"The % Daily Value tells you how muc serving of food contributes to a daily o day is used for general nutrition advio	liet. 2,000 calories a

INGREDIENTS: Chicken (injected with up to 12% solution of Water, Vinegar, Salt, Sodium Phosphates).



Apple Brie Stuffed Chicken Breast

Variable servings pe Serving size	r container 4oz (113g)
Amount per serving Calories	140
	% Daily Value*
Total Fat 4.5g	6%
Saturated Fat 2.5g	13%
Trans Fatg	
Cholesterol 60mg	20%
Sodium 490mg	21%
Total Carbohydrate 4g	1%
Dietary Fiberg	%
Total Sugars g	
Includesg Added S	ugars%
Protein 21g	
Vitamin Dmcg	%
Calciummg	%
Ironmg	%
Potassiummg	%

INGREDIENTS: Chicken (containing up to 12% solution of Water, Salt, Sodium Phosphate, Sugar, Onion Powder, Natural Flavoring), Brie Cheese Blend (Pasteurized Milk, Cheese Cultures, Salt, Eznymes), Water, Whey, Butter (Cream, Salt), Disodium Phosphate, Sodium Citrate, Salt, Apples.

CONTAINS: Milk.



Asparagus Stuffed Chicken Breast

Variable servings	per container
Serving size	4oz (113g
Amount per serving	
Calories	140
	% Daily Value
Total Fat 5g	69
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodiummg	0
Total Carbohydrate 2	2g 1 %
Dietary Fiberg	9
Total Sugars 1g	
Includes g Adde	ed Sugars9
Protein 20g	
Vitamin Dmcg	9
Calcium 14mg	2%
Iron 4mg	20%
Potassiummg	9

INGREDIENTS: Chicken Breast (up to 2% Retained Water), Mozzarella Cheese (Cultured Pasteurized Reduced Fat Milk, Salt, Enzymes, Potato Starch, Powdered Cellulose (added as an anticaking agent),
Natamycin (natural mold inhibitor)), Asparagus, Spinach, Italian Style Bread Crumbs (Enriched Flour (Wheat Flour, Niacin, Reduced Iron,
Thiamin Mononitrate, Riboflavin, Folic Acid), Corn Syrup, Vegetable
Oil (Soybean and/or Cottonseed Oil), Salt, Yeast, Whey, Soy Flour,
Malted Barley Flour, Rye Flour, Corn Flour, Oat Bran, Corn Meal, Rice
Flour, Corn, Potato Flour, Nonfat Dry Milk, Soy Lecithin, Calcium
Propionate (added as a preservative), Sesame Seeds, Caraway Seeds,
Salt, Grated Parmesan Cheese (Part Skim Milk, Cheese Culture, Salt,
Enzymes (Rennet)) Spices, Dehydrated Parsley Flakes, Onion Powder,
Garlic Powder).

CONTAINS: Wheat and Soy.



Cajun Spiced Spinach Stuffed Chicken Breast

Variable servings	n Facts
Serving size	4oz (113g
Amount per serving	400
Calories	120
	% Daily Value
Total Fat 4.5g	6%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 45mg	15%
Sodium 490mg	21%
Total Carbohydrate 3g	1%
Dietary Fiberg	%
Total Sugars 0g	
Includes g Added	Sugars%
Protein 17g	
Vitamin Dmcg	%
Calcium 135mg	10%
Iron 1mg	6%
Potassiummg	%
*The % Daily Value tells you ho serving of food contributes to a day is used for general nutrition	daily diet. 2,000 calories a

INGREDIENTS: Chicken Breast (up to 2% Retained Water), Pepper Jack Cheese (Cultured Pasteurized Milk, Jalapeno Pepers, Salt, Enzymes, Potato Starch, Powdered Cellulose (anticaking agent), Natamycin (natural mold inhibitor)), Spinach, Italian Style Bread Crumbs (Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Corn Syrup, Vegetable Oil (Soybean and/or Cottonseed Oil), Salt, Yeast, Whey, Soy Flour, Malted Barley Flour, Rye Flour, Corn Flour, Oat Bran, Corn Meal, Rice Flour, Corn, Potato Flour, Nonfat Dry Milk, Soy Lecithin, Calcium Propionate (added as a preservative), Sesame Seeds, Caraway Seeds, Salt, Grated Parmesan Cheese (Part Skim Milk, Cheese Culture, Salt, Enzymes (Rennet)) Spices, Dehydrated Parsley Flakes, Onion Powder, Garlic Powder), Cajun Seasoning (Salt, Paprika (added for color), Black Pepper, Cayenne Pepper, Garlic, Onion, Oregano, Thyme, silicon Dioxide (added to make free flowing)).

CONTAINS: Wheat, Milk, and Soy.



California Garlic Pepper Flat Chicken

Nutrition Variable servings pe	
Serving size	4 oz (113g)
Amount per serving	0.40
Calories	240
	% Daily Value
Total Fat 17g	22%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 85mg	28%
Sodium 320mg	14%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added \$	Sugars 0%
Protein 21g	
Vitamin D 0mcg	0%
Calcium 14mg	2%
Iron 1mg	6%
Potassium 211mg	4%
"The % Daily Value tells you how serving of food contributes to a d day is used for general nutrition a	aily diet. 2,000 calories a

INGREDIENTS: Chicken (Water, Natural Salt, Citrus Flour, and Natural Flavor), Seasoning (Salt, Dehydrated Garlic, Spices, Sugar, Dehydrated Onion, Dehydrated Red Peppers), and Parsley.



Chicken Brat

Variable servings pe	er container
Serving size	4 oz (113g)
Amount per serving	4.40
Calories	140
	% Daily Value*
Total Fat 4g	5%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 95mg	32%
Sodium 620mg	27%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added 8	Sugars 0%
Protein 23g	
Vitamin D 0mcg	0%
Calcium 8mg	0%
Iron 1mg	6%
Potassium 323mg	6%
*The % Daily Value tells you how serving of food contributes to a di day is used for general nutrition a	aily diet. 2,000 calories a
Calories per gram: Fat 9 • Carbohydrate	4 • Protein 4

INGREDIENTS: Ground Chicken (Skinless Chicken Breast and Thigh Meat) Seasoning (Salt, Trehalose, Soy Grits, Spices, Monosodium Glutamate, Dextrose, Natural Flavor, with BHA (0.044%), BHT (0.044%), and Citric Acid (added to protect freshness)), Water.

CONTAINS: Soy.



Chicken Burger

Variable servings Serving size	per container 4oz (113g)
Amount per serving Calories	190
	% Daily Value
Total Fat 12g	15%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 90mg	30%
Sodium 230mg	10%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added	l Sugars 0%
Protein 20g	
Vitamin Dmcg	%
Calcium 20mg	2%
Iron 1mg	6%
Potassiummg	%

INGREDIENTS: Chicken (Skinless Breast, Skinless Thigh Meat).



Chicken Cordon Bleu

Nutrition Variable servings per	
Serving size	4oz (113g)
Amount per serving Calories	250
	% Daily Value
Total Fat 15g	19%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 65mg	22%
Sodium 620mg	27%
Total Carbohydrate 9g	3%
Dietary Fiberg	%
Total Sugars 1g	
Includes g Added Sug	gars%
Protein 20g	
Vitamin Dmcg	%
Calcium 116mg	8%
Iron 1mg	6%
Potassiummg	%
*The % Daily Value tells you how mus serving of food contributes to a daily day is used for general nutrition advice	diet. 2,000 calories a

INGREDIENTS: Boneless, Skinless Chicken Breast With Rib Meat Containing Up To 10% Solution (Water, Sodium Tripolyphosphate And Sodium Polyphosphate, Glassy [Sodium Hexame{Aphosphate}], Salt), Corn Flake Crumbs (Milled Corn, Sugar, Malt Flavor, Salt, Reduced Iron, Riboflavin [Vitamin B2], Thiamin Hydrochloride [Vitamin B1], Calcium Pantothenate, Pyridoxine Hydrochloride [Vitamin B6], Folic Acid), Swiss Cheese (Cultured Pasteurized Part Skim Milk, Salt, Enzymes), Ricotta Cheese (Pasteurized Milk, Pasteurized Whey, Pasteurized Cream, Vinegar, Salt, Stabilizer, [Modified Food Starch, Guar Gum, Carrageenan] Potassium Sorbate To Protect Flavor.), Canadian Bacon (Cured With Water, Potassium Lactate, Sugar, Natural Flavor, Sodium Diacetate, Sodium Phosphates, Sodium Ascorbate, Sodium Nitrite), Parmesan Cheese (Pasteurized Part-Skim Cow's Milk, Cheese Culture, Salt, Enzymes, Powdered Cellulose [Anti-Caking Agent]), Eggs, Breadcrumbs (Bleached Wheat Flour, Dextrose, Yeast, Salt), Roasted Garlic (Roasted Garlic, Water, Contains Less Than 1% Phosphoric Acid, Sodium Benzoate), Pan Spray (Soybean Oil, Soy Lecithin, Non-Chlorofluorocarbon Propellant), Corn Starch, Black Pepper, Parsley.

CONTAINS: Milk, Soy, Eggs, and Wheat.



Chicken Drumstick

Variable servings pe	
Serving size	3 oz (85g
Amount per serving	4.40
Calories	140
	% Daily Value
Total Fat 8g	10%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 80mg	27%
Sodium 90mg	4%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added	Sugars 0%
Protein 15g	
Vitamin D 0mcg	0%
Calcium 7mg	0%
Iron 1mg	6%
Potassium 179mg	4%

INGREDIENTS: Chicken.



Chicken Fajita

Variable servings pe	er container
Serving size	4 oz (113g)
Amount per serving	440
Calories	110
	% Daily Value
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 55mg	18%
Sodium 550mg	24%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added	Sugars 0%
Protein 22g	
Vitamin D 0mcg	0%
Calcium 21mg	2%
Iron 1mg	6%
Potassium 47mg	2%

INGREDIENTS: Chicken (Water, Natural Salt, Citrus Flour, and Natural Flavor), Vegetables (Bell Peppers, Onion), Fajita Marinade (Salt, Sodium Phosphates, Sugar, Dextrose, Monosodium Glutamate (MSG), Molasses Powder (Molasses, Wheat Starch, Soy Flour), Paprika, Hydrolyzed Soy Protein, Spices, Caramel Color, Onion Powder, Garlic Powder, Spice Extractive, Bromelin, Papain, Sulfites, With Less Than 2% Silicon Dioxide and Partially Hydrogenated Cottonseed and Soybean Oil added to prevent caking).

CONTAINS: Soy.



Chicken Fried Steak

Variable servings p	
Serving size	3 oz (85g)
Amount per serving	
Calories	100
	% Daily Value
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 45mg	15%
Sodium 210mg	9%
Total Carbohydrate 5g	2%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added	Sugars 0%
Protein 19g	
Vitamin D 0mcg	0%
Calcium 18mg	2%
Iron 2mg	10%
Potassium 31mg	0%

INGREDIENTS: Chicken, (Mechanically Tenderized), Breadcrumbs, (Crackermeal, Wheat Flour, Yellow Cornmeal, Salt, Cheese Powder, Cultured Skim Milk, Butter Milk, Salt, Sodium Phosphate, Garlic Powder, Parsely, and Guargum).

CONTAINS: Milk and Wheat.



Chicken Kiev

Variable servings pe	
Serving size	4oz (113g
Amount per serving	
Calories	320
	% Daily Value
Total Fat 24g	31%
Saturated Fat 10g	50%
Trans Fat 0.5g	
Cholesterol 85mg	28%
Sodium 400mg	17%
Total Carbohydrate 9g	3%
Dietary Fiberg	%
Total Sugars 1g	
Includes g Added S	Sugars%
Protein 16g	
Vitamin Dmcg	%
Calcium 23mg	2%
Iron 1mg	6%

INGREDIENTS: Chicken Breast With Rib Meat, Marinade (Solution Of Water, Sodium Phosphates and Salt), Filling (Unsalted Butter, Natural Flavorings, Garlic Puree (Garlic, High Fructose Corn Syrup)

Salt, Flavoring (Canola Oil And N Atural Flavoring), Parsley Flakes,
Annatto (added for color)), Batter (Water, Modified Food Starch,
Yellow Corn Flour, Bleached Wheat Flour, Salt, Guar Gum), Breading
(Bleached Wheat Flour, Dextrose, Salt, Partially Hydrogenated
Soybean Oil, Yeast, Yel Low Corn Flour, Garlic Powder, Onion
Powder, Spices, Oleoresins Paprika & Annatto (added for color)),
Romano Cheese (Skim Milk, Cheese Cultures, Salt, Enzymes)
Disodium Phosphate, Predust (Modified Corn Starch, Yellow Corn
Flour, Bleached Wheat Flour, Salt, Guar Gum), Breading browned in
Soybean Oil.

CONTAINS: Milk, Soy, and Wheat.

day is used for general nutrition advice.

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Chicken Thigh

Nutrition Variable servings per	
Serving size	3oz (85g)
	(3/
Amount per serving	400
Calories	190
	% Daily Value*
Total Fat 14g	18%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 85mg	28%
Sodium 70mg	3%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Su	gars 0%
Protein 14g	
Vitamin D 0mcg	0%
Calcium 6mg	0%
Iron 1mg	6%
Potassium 173mg	4%

INGREDIENTS: Chicken.



Chicken Wing

Variable servings per Serving size	container 3 oz (85g
Amount per serving Calories	160
	% Daily Value
Total Fat 11g	149
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 95mg	32%
Sodium 70mg	39
Total Carbohydrate 0g	0%
Dietary Fiber 0g	09
Total Sugars 0g	
Includes 0g Added Su	gars 0 %
Protein 15g	
Vitamin D 0mcg	0%
Calcium 9mg	09
Iron Omg	09
Potassium 159mg	49

INGREDIENTS: Chicken.



Citrus and Cilantro Chicken Wings

Variable servings per	container
Serving size	3oz (85g
Amount per serving	
Calories	220
	% Daily Value
Total Fat 17g	22%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 540mg	23%
Total Carbohydrate 2g	1%
Dietary Fiberg	%
Total Sugars 0g	
Includes g Added S	ugars%
Protein 14g	
Vitamin Dmcg	%
Calcium 20mg	2%
Iron 1mg	6%
Potassiummg	%
*The % Daily Value tells you how m serving of food contributes to a dail	

INGREDIENTS: Chicken (Chicken, Up To A 12% Solution of Water, Salt, and Sodium Phosphates), Seasoning (Sea Salt, Spices, Sugar, Smoked Paprika, Onion Powder, Lime Juice Powder (Corn Syrup Solids, Lime Juice Solids, Natural Flavors), Lime Peel Granules, Citric Acid, Clinantro, Red Bell Pepper Granules), Sodium Acetate, Salt, Sodium Citrate).



Citrus Honey Chicken Wings

Nutrition F Variable servings per co	
Serving size	3oz (85g)
Amount per serving	200
Calories	220
%	Daily Value
Total Fat 17g	22%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 440mg	19%
Total Carbohydrate 2g	1%
Dietary Fiberg	%
Total Sugars 1g	
Includes g Added Sugar	rs%
Protein 14g	
Vitamin Dmcg	%
Calcium 20mg	2%
Iron 1mg	6%
Potassiummg	%

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INGREDIENTS: Chicken (Chicken, Up To A 12% Solution of Water, Salt, and Sodium Phosphates), Seasoning (Sugar, Salt, Honey, Spices, Dehydrated Onion, Red Pepper Granules, Natural Smoke Flavor (Maltodextrin), Lime Juice Powder (Corn Syrup Solids, Natural Flavor), Sodium Acetate, Salt, Sodium Citrate).



Coconut Encrusted Chicken Breast

Variable servings p	er container
Serving size	4oz (113g)
Amount per serving	
Calories	400
	% Daily Value
Total Fat 12g	15%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodiummg	%
Total Carbohydrate 41g	15%
Dietary Fiberg	%
Total Sugars 0g	
Includes g Added \$	Sugars%
Protein 32g	
Vitamin Dmcg	%
Calcium 0mg	0%
Iron 0mg	0%
Potassiummg	%

INGREDIENTS: Chicken with up to 10% Marinade(Water, Salt, Sodium Phosphate, Maltodextrin, Chicken Broth, Autolyzed Yeast Extract, Natural Flavors), Breading (Wheat Flour, Coconut, Sugar, Salt, Onion Powder, Spice, Dextrose, Maltodextrin, Yeast, Dehydrated Chives, Sesame Oil, Canola oil with Extractives of Rosemary and Ascorbic Acid, Lime Juice Solids, Vinegar, Natural Flavors), Butter Oil (Canola Oil, Dijon Mustard (Water, Vinegar, Mustard Seed, Salt, White Wine, Fruit Pectin, Citric Acid, Tartaric Acid, Sugar Spice). Natural Butter Flavor (Whey Solids, Enzyme-Modified Butter, Maltodextrin, Salt, Dehydrated Butter, Guar Gum, Annatto and Turmeric (added for color)), Dijon Mustard Powder (Dehydrated Dijon Mustard (Distilled Vinegar, Mustard Seed, Salt, White Wine, Citric Acid, Tartaric Acid, Spices)), Maltodextrin, Modified Food Starch, Silicon Dioxide, Natural Flavor, Salt.

CONTAINS: Milk, Tree Nuts, and Wheat.



Cordon Bleu Stuffed Chicken Breast

Variable servings pe	
Serving size	4oz (113g
Amount per serving	040
Calories	210
	% Daily Value
Total Fat 10g	13%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 55mg	18%
Sodium 720mg	31%
Total Carbohydrate 8g	3%
Dietary Fiberg	%
Total Sugars 0g	
Includes g Added	Sugars%
Protein 21g	
Vitamin Dmcg	%
Calcium 125mg	10%
Iron 1mg	6%
Potassiummg	%
*The % Daily Value tells you how serving of food contributes to a di day is used for general nutrition a	aily diet. 2,000 calories a

INGREDIENTS: Chicken, Breading (Bleached Wheat Flour, Salt, Sugar, Spice, Yellow Corn Flour, Yeast, Paprika, Mustard, Dehydrated Parsley, Extractives of Paprika), Stuffing (Swiss Style Hi-Melt Cheese (Pasteurized Processed Swiss Cheese (Swiss Cheese (Cultured Milk, Salt, Enzymes), Water, Cream, Sodium Phosphate, Salt, Sorbic Acid (Preservative)), Cooked Ham (Water Added Cured with Water, Salt, Dextrose, Sodium Phosphates, Smoke Flavoring, Sodium Erythorbate, Sodium Nitrite)), Potassium Sorbate and Natamycin (Preservatives)), Butter Buds Oil, (Canola Oil, Dijon Mustard (Water, Vinegar, Mustard Seed, Salt, White Wine, Fruit Pectin, Citric Acid, Tartaric Acid, Sugar, Spice), Natural Butter Flavor (Whey Solids, Enzyme-Modified Butter, Maltodextrin, Salt, Dehydrated Butter, Guar Gum, Annatto and Turmeric (for color)), Dijon Mustard Powder (Dehydrated Dijon Mustard (Distilled Vinegar, Mustard Seed, Salt, White Wine, Citric Acid, Tartaric Acid, Spices), Maltodextrin, Modified Food Starch, Silicon Dioxide, Natural Flavor), Salt.

CONTAINS: Wheat and Milk.



Cornish Game Hen

Variable servings per	container
Serving size	3 oz (85g)
Amount per serving	470
Calories	170
	% Daily Value
Total Fat 12g	15%
Saturated Fat 3.5g	18%
Trans Fatg	
Cholesterol 85mg	28%
Sodium 50mg	2%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Su	gars 0%
Protein 15g	
Vitamin Dmcg	%
Calcium 9mg	0%
Iron 1mg	6%
Potassium 201mg	4%
*The % Daily Value tells you how m serving of food contributes to a daily	

INGREDIENTS: Chicken.



Dads BBQ Chicken Breast

Nutrition Facts

container 4 oz (113g) Variable servings per container Serving size

Amount per serving **Calories**

2%

6%

	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 490mg	21%
Total Carbohydrate 7g	3%
Dietary Fiberg	%
Total Sugars 6g	
Includesg Added Sug	ars%
Protein 23g	
Vitamin Dmcg	%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calcium 37mg

Potassium 31mg

Iron 1mg

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Chicken, BBQ Sauce (High Fructose Corn Syrup, Distilled Vinegar, Tomato Paste, Modified Food Starch, Contains less than 2% of Salt, Pineapple Juice Concentrate, Natural Smoke Flavor, Spices, Caramel Color, Sodium Benzoate (added as a preservative), Molasses, Corn Syrup, Dried Garlic, Sugar, Tamarind, Natural Flavor), Honey BBQ Seasoning (Honey, Sugar, Salt, Spices, Onion, Garlic, Flavoring, Natural Smoke Flavor, Less than 1% Calcium Silicate (added to prevent caking)).



Dads Buffalo Chicken Breast

Nutrition Variable servings p	
Serving size	4 oz (113g
Amount per serving	
Calories	110
	% Daily Value
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 450mg	20%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added	Sugars 0%
Protein 24g	
Vitamin D 0mcg	0%
Calcium 21mg	29
ron 1mg	6%
Potassium 19mg	0%

INGREDIENTS: Chicken, Marinade (Salt, Spices (including Turmeric), Sugar, Paprika, Onion and Garlic Powder, Dextrose, Spice Extractive, Butter (Cream, Salt).

CONTAINS: Milk.



Dads Cajun Chicken Breast

Variable servings	
Serving size	4 oz (113g
Amount per serving	440
Calories	110
	% Daily Value
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 55mg	18%
Sodium 530mg	23%
Total Carbohydrate 2	g 1 %
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Adde	d Sugars 0%
Protein 23g	
Vitamin D 0mcg	0%
Calcium 54mg	4%
Iron 1mg	6%
Potassium 31mg	0%

INGREDIENTS: Chicken, Marinade (Water, Spices (including Paprika), Spice Extractives, Salt, Dehydrated Onion and Garlic, Hydrolyzed Soy and Whey Protein, Sodium Phosphate, Sugar, Modified Cornstarch, Dextrose, Citric Acid, Crushed Red Pepper, Guar Gum, Tricalcium Phosphate (added as an anticaking agent), less than 2% Soybean Oil (added as a processing aid).

CONTAINS: Milk and Soy.



Dads Chicken Breast

Variable servings p	
Serving size	3 oz (85g)
Amount per serving	
Calories	90
	% Daily Value
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 55mg	2%
Total Carbohydrate 0g	0%
Dietary Fiberg	%
Total Sugars 0g	
Includesg Added	Sugars%
Protein 20g	
Vitamin Dmcg	%
Calcium 15mg	2%
Iron 1mg	6%
Potassiummg	%
Iron 1mg	w much a nutrient in a

INGREDIENTS: Chicken.



Dads Chili Lime Chicken Breast

Variable servings p	er container
Serving size	4 oz (113g)
Amount per serving	
Calories	110
	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 55mg	18%
Sodium 510mg	22%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added	Sugars 0%
Protein 23g	
Vitamin D 0mcg	0%
Calcium 24mg	2%
Iron 1mg	6%
Potassium 28mg	0%

INGREDIENTS: Chicken, Boneless, Skinless, Breast Meat, Chili Pepper and other Spices, Dehydrated Red and Green Peppers, Sugar, Soybean Oil, Salt, Corn Syrup Solids, Dehydrated Onion and Garlic Dehydrated Jalapeno Peppers, Autolyzed Yeast Extract, Sodium Phosphate (4.23%), Citric Acid, Lime Juice Solids, Natural Flavor, Disodium Isonate, Dissodium Guanylate. Msg Free.

CONTAINS: Soy.



Dads Chipotle Chicken Breast

Variable servings	per container
Serving size	4 oz (113g)
Amount per serving	
Calories	110
	% Daily Value
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 370mg	16%
Total Carbohydrate 1	g 0 %
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added	d Sugars 0%
Protein 24g	
Vitamin D 0mcg	0%
Calcium 22mg	2%
Iron 1mg	6%
Potassium 5mg	0%

INGREDIENTS: Chicken, Chipotle (Salt, Sugar, Chipotle, Chili Pepper, Spices, Sodium Phosphates, Dehydrated Garlic and Onoin, Modified Food Starch, Torula Yeast).



Dads Garlic Butter Chicken Breast

Nutrition Variable servings per of	
Serving size	4 oz (113g)
Amount per serving	400
Calories	120
	% Daily Value
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 460mg	20%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sug	jars 0 %
Protein 24g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 1mg	6%
Potassium 7mg	0%
"The % Daily Value tells you how mus serving of food contributes to a daily of day is used for general nutrition advice	diet. 2,000 calories a

INGREDIENTS: Chicken, Garlic Butter Marinade (Salt, Sugar, Butter Flavoring, Dehydrated Garlic, Sodium Phosphates, Dehydrated Onion, Spices, Modified Cornstarch, Dehydrated Bell Peppers), Parsley.

CONTAINS: Milk.



Dads Greek Delight Chicken Breast

Nutrition	
Variable servings pe Serving size	er container 4 oz (113g)
Amount per serving Calories	120
	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 410mg	18%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added 8	Sugars 0%
Protein 24g	
Vitamin D 0mcg	0%
Calcium 35mg	2%
Iron 1mg	6%
Potassium 18mg	0%
*The % Daily Value tells you how serving of food contributes to a di- day is used for general nutrition a	aily diet. 2,000 calories a idvice.

INGREDIENTS: Chicken, Marinade (Salt, Garlic Powder, Hydrolyzed Soy and Whey Protein, Sodium Phosphates, Spices, Onion, Maltodextrin, Lemon Juice Powder (Corn Syrup, Flavors), Spice Extractives, Contains less than 2% Tricalcium Phosphate (added as an anticaking agent)).

CONTAINS: Soy and Milk.



Dads Habanero Lime Chicken Breast

Variable servings p Serving size	per container 4 oz (113g)
Serving Size	4 02 (113g
Amount per serving	400
Calories	120
	% Daily Value
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 600mg	26%
Total Carbohydrate 19	9 0%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added	l Sugars 0%
Protein 24g	
Vitamin D 0mcg	0%
Calcium 22mg	2%
Iron 1mg	6%
Potassium 8mg	0%

INGREDIENTS: Chicken, Habenero Lime Marinade (Water, Salt, Fructose, Spices (including Habanero Pepper), Habanero Pepper Blend (Dried Chiles, Spices), Sugar, Citric Acid, Dillweed, Onion Powder, Whole Sesame Seed, Cilantro Flakes, Chives, Natural Spice Extractives (including Lime Oil)).



Dads Herb and Garlic Chicken Breast

Variable servings	oer container
Serving size	4 oz (113g)
Amount per serving	400
Calories	120
	% Daily Value
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 510mg	22%
Total Carbohydrate 2g	g 1 %
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added	d Sugars 0%
Protein 24g	
Vitamin D 0mcg	0%
Calcium 21mg	2%
Iron 1mg	6%
Potassium 14mg	0%
	ow much a nutrient in a

INGREDIENTS: Chicken, Water, Marinade (Salt, Sugar, Garlic, Sodium Phosphate, Dehydrated Onion, Spices, Modified Cornstarch, Dehydrated Bell Pepper, Dehydrated Parsley, Less than 2% Soybean Oil (added as a processing aid)).

CONTAINS: Soy.



Dads Honey Mustard Chicken Breast

Variable servings per c	ontainer
Serving size	4 oz (113g)
Amount per serving	
Calories	120
•	% Daily Value
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 55mg	18%
Sodium 440mg	19%
Total Carbohydrate 3g	1%
Dietary Fiber 0g	0%
Total Sugars 3g	
Includes 0g Added Suga	ars 0 %
Protein 23g	
Vitamin D 0mcg	0%
Calcium 59mg	4%
Iron 1mg	6%
Potassium 16mg	0%

INGREDIENTS: Chicken, Marinade(Sugar,Salt, Honey Granules (Refined Syrup, Honey), Maltodextrin, Sodium
Phosphates,Vinegar,Mustard,Modified Food Starch, Flavor (Partially

Phosphates, Vinegar, Mustard, Modified Food Starch, Flavor (Partially Hydrogenated Cottonseed and Soybean Oil), Carmel Color, Natural and Artifical Flavor, Oleoresin Turmeric, Corn Syrup Solids, Tumeric)

CONTAINS: Soy.



Dads Italian Romano Chicken Breast

Nutrition Variable servings per	
Serving size	4 oz (113g)
Amount per serving	400
Calories	120
	% Daily Value*
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 460mg	20%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added S	ugars 0%
Protein 23g	
Vitamin D 0mcg	0%
Calcium 36mg	2%
Iron 1mg	6%
Potassium 8mg	0%
"The % Daily Value tells you how in serving of food contributes to a dail day is used for general nutrition ad	ly diet. 2,000 calories a

INGREDIENTS: Chicken, Marinade (Salt, Onion & Garlic, Sugar, Modified Corn Starch, Whey Powder, Xanthan and Gums, Spice Extracts, Spices, Bell Peppers, Parsley, Polysorbate 80, FDC Yellow #5,#6 & Red #40, less than 2% Tricalcium Phosphate).

CONTAINS: Milk.



Dads Jerk Chicken Breast

Nutrition	Facts
Variable servings per Serving size	container 4 oz (113g)
Amount per serving Calories	120
	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 580mg	25%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added S	ugars 0%
Protein 24g	
Vitamin D 0mcg	0%
Calcium 23mg	2%
Iron 1mg	6%
Potassium 18mg	0%
*The % Daily Value tells you how in serving of food contributes to a dail day is used for general nutrition ad	ly diet. 2,000 calories a vice.

INGREDIENTS: Chicken, Marinade (Sugar, Salt, Soy Sauce Solids (Soy Sauce, Wheat, Soybeans, Salt) Maltodextrin, Carmel Color), Spices, Dehydrated Onion & Garlic, Sodium Phosphate, Calcium Chloride, Torula Yeast, Dehydrated Red Bell Pepper, Partially Hydrogenated Soybean Oil, Turmeric (added for color), Cocoa Powder, Natural Flavors, Dehydrated Parsley, Less Than 2% Silicon Dioxide (added as an anticaking)

CONTAINS: Soy and Wheat.



Dads Lemon Pepper Chicken Breast

Variable servings pe	er container
Serving size	4 oz (113g)
Amount per serving	440
Calories	110
	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 55mg	18%
Sodium 550mg	24%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added	Sugars 0%
Protein 23g	
Vitamin D 0mcg	0%
Calcium 42mg	4%
Iron 1mg	6%
Potassium 43mg	0%
Variable servings per Serving size Amount per serving Calories Total Fat 1g Saturated Fat 0g Trans Fat 0g Cholesterol 55mg Sodium 550mg Total Carbohydrate 0g Dietary Fiber 0g Total Sugars 1g Includes 0g Added 39 Protein 23g Vitamin D 0mcg Calcium 42mg Iron 1mg Potassium 43mg The % Daily Value tells you how serving of food contributes to a dday is used for general nutrition as Calories per gram: Fat 9 • Carbohydrate	much a nutrient in a laily diet. 2,000 calories a advice.
Calories per gram: Fat 9 • Carbohydrate	4 • Protein 4
,,,,,,,, , ,,,,,,,,,,,,,,,,,,,,,,,,,,,	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,

INGREDIENTS: Chicken, Marinade (Water, Sea Salt, Carrageenan, Sugar, Spice (including Pepper), Lemon Oil, Dextrose, Garlic, Dehydrated Bell Pepper, Ascorbic Acid, Turmeric).



Dads Mesquite Chicken Breast

Variable servings per o	container
Serving size	4 oz (113g)
Amount per serving	400
Calories	120
	% Daily Value
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 480mg	21%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sug	ars 0 %
Protein 24g	
Vitamin D 0mcg	0%
Calcium 21mg	2%
Iron 1mg	6%
Potassium 7mg	0%
*The % Daily Value tells you how muc serving of food contributes to a daily of	

INGREDIENTS: Chicken, Marinade (Salt, Dextrose, Sodium Phosphates, Spices, Sugar, Paprika, Ground Celery Seed, Mesquite Smoke Flavoring, Onion Powder, Garlic Powder, less than 2% Silicon Dioxide (added to prevent caking).



Dads Ranch Peppercorn Chicken Breast

Variable servings pe	
Serving size	4 oz (113g)
Amount per serving	
Calories	120
	% Daily Value
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 410mg	18%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added	Sugars 0%
Protein 24g	
Vitamin D 0mcg	0%
Calcium 44mg	4%
Iron 1mg	6%
Potassium 19mg	0%

INGREDIENTS: Chicken, Marinade (Water, Salt, Partially Hydrogenated Soybean Oil, Buttermilk, Spices, Monosodium Glutamate, Modified Corn Starch, Sodium Phosphate, Romano Cheese (Pasteurized Milk Cultures, Salt, Enzymes), Lactose, Natural and Artificial Flavors, Maltodextrin, Garlic, Onion, Sodium Diacetate, Corn Syrup Solids, Parsley, Titanium Dioxide, and Torula Yeast.

CONTAINS: Soy and Milk.



Dads Sundried Tomato Chicken Breast

Variable servings p	er container
Serving size	4 oz (113g)
Amount per serving	
Calories	120
	% Daily Value*
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 55mg	18%
Sodium 650mg	28%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added	Sugars 0%
Protein 23g	
Vitamin D 0mcg	0%
Calcium 45mg	4%
Iron 1mg	6%
Potassium 52mg	2%

INGREDIENTS: Chicken, Parmesan Cheese (Cultured Skim Milk, Salt, Enzymes), Marinade (Tomato, Basil, Oregano, Garlic, Salt, Hydrolyzed Soy and Whey Protein, Sodium Phosphate, Dextrose, Spices, Vinegar (Acetic Acid, Maltodextrin), Corn Starch).

CONTAINS: Soy and Milk.



Dads Teriyaki Chicken Breast

Nutrition Variable servings per	
Serving size	4 oz (113g)
Amount per serving	400
Calories	120
	% Daily Value
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 440mg	19%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 0g Added S	ugars 0%
Protein 24g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 1mg	6%
Potassium 1mg	0%
*The % Daily Value tells you how n serving of food contributes to a dai day is used for general nutrition ad	ly diet. 2,000 calories a

INGREDIENTS: Chicken, Marinade (Sugar, Salt, Hydrolyzed Protein from Soy and Milk, Soy Sauce Powder (Soy Beans, Wheat, Salt), Sodium Phosphates, Onion and Garlic Powder, Caramel Poweder, Spices, Flavorings, Orange and Sherry Wine, Autolyzed Yeast, Spice Extractives, 2% Tircalcium Phosphate (added as an anticaking agent)

CONTAINS: Wheat, Milk, and Soy.



Festival's Favorite Flat Chicken

Variable servings pe	
Serving size	4 oz (113g
Amount per serving	
Calories	240
	% Daily Value
Total Fat 17g	22%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 85mg	28%
Sodium 310mg	13%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added	Sugars 0%
Protein 21g	
Vitamin D 0mcg	0%
Calcium 15mg	2%
Iron 1mg	6%
Potassium 211mg	4%

INGREDIENTS: Chicken, Seasoning (Salt, Sugar, Spices, including Paprika and Turmeric, Dehydrated Garlic, Corn Starch, Dehydrated Onion, Extractives of Paprika (added for color), Contains less than 2% of Silicon Dioxide (added as an anti-caking agent), and Soybean Oil (used as a processing aid)).

CONTAINS: Soy.



Fiesta Cheddar Chicken Brat

Serving size	er container 4oz (113g)
Amount per serving	
Calories	160
	% Daily Value*
Total Fat 6g	8%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 85mg	28%
Sodium 550mg	24%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added 5	Sugars 0%
Protein 25g	
Vitamin D 0mcg	0%
Calcium 76mg	6%
Iron 0mg	0%
Potassium 340mg	8%
*The % Daily Value tells you how serving of food contributes to a da day is used for general nutrition a	ally diet. 2,000 calories a

INGREDIENTS: Chicken Thigh Meat (Ground), Seasoning (Salt, Bell Peppers, Spices, Dextrose, Paprika, Onion, Modified Food Starch, Garlic), Hi Melt Cheddar Cheese (Pasteurized Process Cheddar Cheese (Cheddar Cheese, Cultured Milk, Salt, Enzymes), Water, Cream, Sodium Phosphates, Salt, Beta Carotene (added for color), Powdered Cellulose (added to prevent caking), and Natamycin (added as a preservative).

CONTAINS: Milk.



Flat Chicken

Variable servings per	container
Serving size	3 oz (85g)
Amount per serving	400
Calories	180
	% Daily Value*
Total Fat 13g	17%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 65mg	22%
Sodium 60mg	3%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sug	gars 0 %
Protein 16g	
Vitamin D 0mcg	0%
Calcium 9mg	0%
Iron 1mg	6%
Potassium 161mg	4%

INGREDIENTS: Chicken.



Game Day Wings

Variable servings p	
Serving size	3 oz (85g)
Amount per serving	400
Calories	160
	% Daily Value
Total Fat 11g	14%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 95mg	32%
Sodium 70mg	3%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added	Sugars 0%
Protein 15g	
Vitamin D 0mcg	0%
Calcium 9mg	0%
Iron 0mg	0%
Potassium 159mg	4%

INGREDIENTS: Chicken.



Ground Chicken Breast

Variable servings per	
Serving size	3 oz (85g)
Amount per serving	
Calories	100
	% Daily Value
Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 40mg	2%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sug	gars 0 %
Protein 19g	
Vitamin D 0mcg	0%
Calcium 4mg	0%
Iron 0mg	0%
Potassium 284mg	6%

INGREDIENTS: Chicken.



Habanero Grill Chicken Wings

Variable servings per	r container
Serving size	3oz (85g)
Amount per serving	
Calories	220
	% Daily Value
Total Fat 17g	22%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 570mg	25%
Total Carbohydrate 2g	1%
Dietary Fiberg	%
Total Sugars 1g	
Includesg Added S	ugars%
Protein 14g	
Vitamin Dmcg	%
Calcium 20mg	2%
Iron 1mg	6%
Potassiummg	%

INGREDIENTS: Chicken (Chicken, Up To A 12% Solution of Water, Salt, and Sodium Phosphates), Seasoning (Salt, Sugar, Maltodextrin, Spices, Paprika, Dehydrated Onion, Dehydrated Garlic, Citric Acid, Tabasco Powder (Red Pepper, Vinegar, Salt), Corn Starch, Habenero Pepper Powder (Habenero, Spice, Dehydrated Green Onions, Sodium Acetate, Salt, Sodium Citrate)).



Hickory Smoked Chicken Wings

Variable servings pe	r container
Serving size	3oz (85g)
Amount per serving	
Calories	220
	% Daily Value*
Total Fat 17g	22%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 730mg	32%
Total Carbohydrate 1g	0%
Dietary Fiberg	%
Total Sugars 0g	
Includesg Added S	ugars%
Protein 14g	
Vitamin Dmcg	%
Calcium 20mg	2%
Iron 1mg	6%
Potassiummg	%

INGREDIENTS: Chicken (Chicken, Up To A 12% Solution of Water, Salt, and Sodium Phosphates), Seasoning (Salt, Pepper, Sugar, Dehydrated Onion, Dehydrated Garlic, Natural Hickory Smoke Flavor, Lemon Juice Powder (Corn Syrup Solids, Natural Flavors), Citric Acid), Salt, Sodium Acetate, Sodium Citrate.



Honey BBQ Game Day Wings

Variable servings per	
Serving size	3 oz (85g
Amount per serving	4=0
Calories	170
	% Daily Value
Total Fat 10g	13%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 90mg	30%
Sodium 380mg	17%
Total Carbohydrate 3g	19
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 1g Added Su	ıgars 2%
Protein 14g	
Vitamin D 0mcg	0%
Calcium 25mg	29
Iron 1mg	6%
Potassium 160mg	4%
"The % Daily Value tells you how m serving of food contributes to a daily	

INGREDIENTS: Chicken, Honey BBQ Seasoning (Honey, Sugar, Salt, Spices, Onion, Garlic, Flavoring, Natural Smoke Flavor, Less than 1% of Calcium Silicate (added to prevent caking)).



Hot Game Day Wings

Variable servings per co Serving size	ontainer 3 oz (85g)
Amount per serving Calories	170
	6 Daily Value
Total Fat 11g Saturated Fat 3g	14% 15%
Trans Fat 0g Cholesterol 90mg	30%
Sodium 340mg	15%
Total Carbohydrate 2g	1%
Dietary Fiber 0g Total Sugars 2g	0%
Includes 0g Added Suga Protein 14g	irs 0 %
Vitamin D 0mcg	0%
Calcium 73mg	6%
Iron 0mg	0%
Potassium 164mg	4%

INGREDIENTS: Chicken, Hot Wing Sauce (Salt, Sugar, Brown Sugar, Dextrose, Tomato Powder, Vinegar, Modified Fodo Starch, Spice, Sodium Phopshate, Dehydrated Onion, Dehydrated Garlic).



Mesquite BBQ Flat Chicken

Variable servings per	container
Serving size	4 oz (113g)
Amount per serving	- 40
Calories	240
	% Daily Value
Total Fat 17g	22%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 85mg	28%
Sodium 220mg	10%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added St	ugars 0 %
Protein 21g	
Vitamin D 0mcg	0%
Calcium 18mg	2%
Iron 1mg	6%
Potassium 211mg	4%
*The % Daily Value tells you how m serving of food contributes to a dail day is used for general nutrition ad	y diet. 2,000 calories a

INGREDIENTS: Chicken, BBQ Seasoning (Sugar, Salt, Spices, Garlic, Onion, Vinegar, Mesquite Flavor, Hickory Smoke Flavor, Citric Acid, Torula Yeast, Caramel Color, Flavorings).



Festy Blended Burger

Nutrition servings per container	acts
Serving size	5oz (156g)
Amount per serving	0.40
Calories	240
	% Daily Value
Total Fat 15g	19%
Saturated Fat 6g	30%
Trans Fat 1g	
Cholesterol 80mg	27%
Sodium 75mg	3%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sug	ars 0%
Protein 23g	
Vitamin D 0mcg	0%
Calcium 16mg	2%
Iron 5mg	30%
Potassium 360mg	8%

......

INGREDIENTS: Blend of Round and Sirloin (87% Lean, 13% Fat), Mushrooms (Mushrooms, Water, Cane Sugar, Salt, Bisulfate of Soda, Ascorbic Acid, Sodium Benzoate, Potassium Sorbate).



Panko Crusted Santa Fe Chicken Fillet

Variable servings Serving size	per container 4 oz (113g)
Amount per serving	140
Calonies	% Daily Value
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 250mg	11%
Total Carbohydrate 6	ig 2 %
Dietary Fiberg	%
Total Sugars 1g	
Includesg Adde	ed Sugars%
Protein 25g	
Vitamin Dmcg	%
Calcium 25mg	2%
Iron 1mg	6%
Potassiummg	%

INGREDIENTS: Mechanically Tenderized Chicken (Contains 12% Solution of Water, Potassium Lactate, Dextrose, Sodium Phosphates, Salt), Seasoning (Bread Crumbs (Bleached Wheat Flour, Dextrose, Yeast, Salt), Dextrose, Beet Powder, Soybean Oil Dehydrated Bel Dehydrated Tomato, Autolyzed Yeast Extract, Chipotle Pepper, Dehydrated Garlic, Oleoresin, Paprika And Turmeric, Disodium Inosinate, Disodium Guanylate).

CONTAINS: Wheat.



Panko Crusted Sicilian Chicken Fillet

Variable servings	per container
Serving size	4 oz (113g
Amount per serving	
Calories	140
	% Daily Value
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 230mg	10%
Total Carbohydrate 6	ig 2 %
Dietary Fiberg	9
Total Sugars 2g	
Includes g Adde	ed Sugars%
Protein 25g	
Vitamin Dmcg	9
Calcium 29mg	29
Iron 1mg	69
Potassiummg	9

INGREDIENTS: Mechanically Tenderized Chicken Breast, Seasoning (Bread Crumbs (Bleached Wheat Flour, Dextrose, Yeast, Salt), Dehydrated Tomato, Dextrose, Beet Powder, Soybean Oil, Parmesan Cheese (Pasteurized Cow's Milk, Cheese Culture, Salt Enzymes), Salt, Spices, Sugar, Dehydrated Onion And Garlic, Autolyzed Yeast Extract, Oleoresin Paprika And Turmeric (Color), Disodium Inosinate, Disodium Guanylate)

CONTAINS: Wheat and Milk.



Panko Crusted Spicy Thai Chicken Fillet

Nutritio	
Variable servings Serving size	4 oz (113g
Amount per serving Calories	140
	% Daily Value
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 350mg	15%
Total Carbohydrate 6	g 2 %
Dietary Fiberg	9
Total Sugars 1g	
Includesg Adde	d Sugars9
Protein 25g	
Vitamin Dmcg	9
Calcium 22mg	29
Iron 1mg	69
Potassiummg	9
"The % Daily Value tells you h serving of food contributes to a day is used for general nutritio	a daily diet. 2,000 calories

INGREDIENTS: Mechanically Tenderized Chicken Breast, Seasoning (Bread Crumbs (Bleached Wheat Flour, Dextrose, Yeast, Salt), Soy Sauce Solids (Wheat, Soybeans, Salt), Spices, Sugar, Brown Sugar, Salt, Garlic, Onion, Maltodextrin, Dehydrated Bell Peppers, Yeast Extract, Corn Syrup Solids, Lime Juice Solids, Citric Acid, Turmeric, Cilantro, Natural Flavor, Disodium Inosinate, Disodium Guanylate).



Parmesan Encrusted Chicken Breast

Variable servings p	er container
Serving size	4oz (113g)
Amount per serving	400
Calories	190
	% Daily Value*
Total Fat 8g	10%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 490mg	21%
Total Carbohydrate 5g	2%
Dietary Fiberg	%
Total Sugars 0g	
Includesg Added	Sugars%
Protein 22g	
Vitamin Dmcg	%
Calcium 50mg	4%
Iron 1mg	6%
Potassiummg	%
*The % Daily Value tells you how serving of food contributes to a d day is used for general nutrition:	faily diet. 2,000 calories a

INGREDIENTS: Chicken with up to 10% Marinade(Water, Salt, Sodium Phosphate, Maltodextrin, Chicken Broth, Autolyzed Yeast Extract, Natural Flavors), Parmesan Breading (Bleached Wheat Flour, Parmesan Cheese [Milk, Cheese Culture, Salt, Enzyme], Salt, Sugar, Dried Parsley, Dextrose, Yeast), Butter Buds Oil (Canola Oil, Dijon Mustard [Water, Vinegar, Mustard Seed, Salt, White Wine, Fruit Pectin, Citric Acid, Tartaric Acid, Sugar, Spice], Natural Butter Flavor [Whey Solids, Enzyme-Modified Butter, Maltodextrin, Salt, Dehydrated Butter, Guar Gum, Annatto & Tumeric (added for color)], Dijon Mustard Powder [Dehydrated Dijon Mustard (Distilled Vinegar, Mustard Seed, Salt, White Wine, Citric Acid, Tartaric Acid, Spices), Maltodextrin, Modified Food Starch, Silicon Dioxide, Natural Flavor], Salt).

CONTAINS: Milk and Wheat.



Pecan Encrusted Chicken Breast

Nutrition Variable servings p	
Serving size	4oz (113g)
Amount per serving	222
Calories	200
	% Daily Value*
Total Fat 11g	14%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 480mg	21%
Total Carbohydrate 5g	2%
Dietary Fiberg	%
Total Sugars 5g	
Includes g Added	Sugars%
Protein 21g	
Vitamin Dmcg	%
Calcium 20mg	2%
Iron 1mg	6%
	%
Potassiummg	70
*The % Daily Value tells you ho serving of food contributes to a day is used for general nutrition	daily diet. 2,000 calories a

INGREDIENTS: Chicken with up to 10% Marinade(Water, Salt, Sodium Phosphate, Maltodextrin, Chicken Broth, Autolyzed Yeast Extract, Natural Flavors), Pecan Breading(Unbleached Wheat Flour, Pecans, Salt, Spices, Sugar, Paprika, Yeast), Butter Buds Oil(Canola Oil, Dijon Mustard [Water, Vinegar, Mustard Seed, Salt, White Wine, Fruit Pectin, Citric Acid, Tartaric Acid, Sugar, Spice], Natural Butter Flavor [Whey Solids, Enzyme-Modified Butter, Maltodextrin, Salt, Dehydrated Butter, Guar Gum, Annatto & Tumeric (added for color)], Dijon Mustard Powder [Dehydrated Dijon Mustard (Distilled Vinegar, Mustard Seed, Salt, White Wine, Citric Acid, Tartaric Acid, Spices), Maltodextrin, Modified Food Starch, Silicon Dioxide, Natural Flavor], Salt).

CONTAINS: Milk, Tree Nuts, and Wheat.



Philly Cheese Steak Chicken Brat

	4oz (113g)
Amount per serving Calories	160
	% Daily Value
Total Fat 6g	8%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 80mg	27%
Sodium 660mg	29%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added 3	Sugars 0%
Protein 25g	
Vitamin D 0mcg	0%
Calcium 76mg	6%
Iron 0mg	0%
Potassium 346mg	8%
*The % Daily Value tells you how serving of food contributes to a d day is used for general nutrition a	aily diet. 2,000 calories a
Calories per gram: Fat 9 • Carbohydrate	4 • Protein 4

INGREDIENTS: Chicken Thigh Meat (Ground), Philly Cheese Steak Seasoning (Salt, Green Bell Peppers, Corn Syrup Solids, Onion, Hydrolyzed Soy Protein, Mushroom, Spices (Maltodextrin, Worcestershire Sauce (Vinegar, Molasses, Corn Syrup, Salt, Garlic Powder, Caramel Color, Sugar, Spices, Tamarind, Natural Flavor, and Sulfiting Agent)), Mozzarella Cheese (Pasteurized Processed Mozzarella Cheese (Low Moisture Part Skim Mozzarella Cheese) [Part- Skim Milk, Cultures, Salt Enzymes] Water, Cream, Sodium Phosphates, Salt, Lactic Acid, Sorbic Acid (preservative), Powdered Cellulose (added to prevent caking), Potassium Sorbate and/or Natamycin (added as a preservative).

CONTAINS: Milk and Soy.



Smokey BBQ Chicken Wings

Nutrition	
Variable servings per Serving size	container 3oz (85g)
Amount per serving Calories	230
	% Daily Value
Total Fat 16g	21%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 55mg	18%
Sodium 400mg	17%
Total Carbohydrate 7g	3%
Dietary Fiberg	%
Total Sugars 5g	
Includesg Added Su	ıgars%
Protein 14g	
Vitamin Dmcg	%
Calcium 20mg	2%
Iron 1mg	6%
Potassiummg	%
*The % Daily Value tells you how m serving of food contributes to a daily day is used for general nutrition adv	diet. 2,000 calories a

INGREDIENTS: Chicken (Chicken, Up To A 12% Solution of Water, Salt, and Sodium Phosphates), Sweet & Spicy BBQ Sauce (High Fructose Corn Syrup, Tomato Paste, Distilled Vinegar, Water, Food Starch-Modified, Salt, Contains less than 2% of Pineapple Juice Concentrate, Caramel Color, Molasses, Corn Syrup, Spices, Natural Flavors, Sodium Benzoate (a preservative), Dehydrated Garlic, Sugar, Dextrose, Celery, Tamarind), Mild BBQ Sauce (Tomato Puree (Water, Tomato Paste), High Fructose Corn Syrup, Vinegar, Corn Syrup, Salt, Modified Food Starch, Contains Less Than 2% of Soybean Oil, Hydrolyzed Soy Protein, Mustard Flour, Dried Onions, Potassium Sorbate (to preserve freshness), Dried Garlic, Natural Flavor (Contains Celery Seed), Red 40, Blue 1, Extractives of Paprika).

CONTAINS: Soy.



Stuffed Chicken Breast

Variable servings p	
Serving size	4 oz (113g
Amount per serving	
Calories	120
	% Daily Value
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 45mg	15%
Sodium 310mg	13%
Total Carbohydrate 8g	3%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added	Sugars 0%
Protein 19g	
Vitamin D 0mcg	0%
Calcium 14mg	29
Iron 1mg	6%
Potassium 0mg	0%

INGREDIENTS: Chicken, Stuffing (Unbleached Enriched Wheat Flour, (Flour, Malted Barley Flour, Reduced Iron, Niacin, Thiamin Mononitrate (Vitamin B1), Riboflavin (Vitamin B2) Folic Acid), Cracked Wheat, High Fructose Corn Syrup, Salt, Onion Powder, Partially Hydrogenated Soybean Oil, Yeast, Sage, Vinegar, Black Pepper) with Vegetable Medley.



Stuffed Cornish Game Hen

Variable servings p	er container
Serving size	4 oz (113g)
Amount per serving	
Calories	190
	% Daily Value*
Total Fat 11g	14%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 75mg	25%
Sodium 320mg	14%
Total Carbohydrate 8g	3%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added	Sugars 0%
Protein 14g	
Vitamin D 0mcg	0%
Calcium 9mg	0%
Iron 1mg	6%
Potassium 173mg	4%

INGREDIENTS: Chicken, Stuffing(Water,Stuffing Mix(Enriched Flour(Wheat Flour,Malted Barley Flour,Niacin,Iron,Thiamine Mononitrate,Riboflavin,Folic Acid),Whole Wheat Flour, High Fructose Corn Syrup,Salt,Partially Hydrogenated Vegetable Oil(Soybean and/or Cottonseed),Dehydrated Onion.Contains 2% or less of:Yeast,Wheat Gluten, Spices,Distilled Vinegar,Soy Lecithin,Cornstarch,Soy Flour),Chicken Base(Roasted Chicken,Salt,Monosodium Glutamate,Sugar,Autolyzed Yeast Extract,Chicken Fat,Onion Powder,Turmeric and Extractives of Paprika,Spice Extractives), Parsley.



Stuffed Whole Chicken

Variable servings	per container
Serving size	4 oz (113g
Amount per serving	
Calories	210
	% Daily Value
Total Fat 13g	17%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 600mg	26%
Total Carbohydrate 7	g 3 %
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Adde	d Sugars 0%
Protein 15g	
Vitamin D 0mcg	0%
Calcium 9mg	0%
Iron 1mg	6%
Potassium 158mg	4%

INGREDIENTS: Chicken, Stuffing (Water, Stuffing Mix (Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Whole Wheat Flour, High Fructose Corn Syrup, Salt, Partially Hydrogenated Vegetable Oil (Soybean and/or Cottonseed), Dehydrated Onion. Contains 2% Or Less Of: Yeast, Wheat Gluten, Spices, Distilled Vinegar, Soy Lecithin, Cornstarch, Soy Flour), Chicken Base (Roasted Chicken, Salt, Monosodium Glutamate, Sugar, Autolyzed Yeast Extract, Chicken Fat, Onion Powder, Turmeric And Extractive Of Paprika, Spice Extractives)), Seasoning Salt (Salt, Sugar, Spices (Including Paprika and Turmeric), Onion, Cornstarch, Garlic, Tricalcium Phosphate, Paprika Oleoresin, Natural Flavor).



Sweet Italian Mozzarella Chicken Brat

variable servings per cont Serving size 4o:	z (113g
	_ (1.09
Amount per serving	450
Calories	150
% Da	ily Value
Total Fat 5g	69
Saturated Fat 1.5g	89
Trans Fat 0g	
Cholesterol 90mg	30%
Sodium 550mg	24%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 24g	
Vitamin D 0mcg	0%
Calcium 51mg	49
Iron 1mg	69
Potassium 317mg	69

INGREDIENTS: Ground Chicken (Chicken Thigh Meat), Sweet Italian Seasoning (Salt, Spices, including: Fennel and Black Pepper, Torula Yeast, Paprika), Mozzarella Cheese (Pasteurized Processed Mozzarella Cheese (Part Skim Milk, Cultures, Salt Enzymes), Water, Cream, Sodium Phosphates, Salt, Lactic Acid, Sorbic Acid (added as a preservative), Powdered Cellulose (added to prevent caking), Potassium Sorbate and/or Natamycin (added as a preservative).

CONTAINS: Milk.



Tortilla Encrusted Chicken Breast with Pepper Cheese

	4oz (113g)
Amount per serving Calories	230
	% Daily Value*
Total Fat 14g	18%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 680mg	30%
Total Carbohydrate 7g	3%
Dietary Fiberg	%
Total Sugars 0g	
Includes g Added	Sugars%
Protein 18g	
Vitamin Dmcg	%
Calcium 89mg	6%
Iron 1mg	6%
Potassiummg	%
*The % Daily Value tells you how serving of food contributes to a d day is used for general nutrition:	faily diet. 2,000 calories a

INGREDIENTS: Tortilla Breading(Bleached Wheat Flour, Tortilla Pieces[White Corn, Vegetable Oil Corn, Soybean and/or Sunflower Oil)], Pepper Cheese (Cultured Milk, Water, Cream, Jalpeno Peppers, Sodium Phosphates, Sorbic Acid (added as a preservative), Salt, Enzymes), Southwest Seasoning[Salt,Maltodextrin,Sugar, Spices,Tomato Powder, Autolyzed Yeast Extract, Brown Sugar, Hydrolyzed Corn Protein, Onion Powder, Paprika, Garlic Powder, Natural Flavors, Spice Extracts(Contain Soy), Citric Acid, Whey, Modified Butter Oil, Corn Syrup Solids, Paprika Extract (added for color), Dehydrated Butter, Turmeric Extract(added for color), Annatto Extract(added for color), and less than 2% Silicon Dioxide(added to prevent caking)], Salt, Spice, Dried Yeast, Dextrose, Sugar, and Paprika Extract[Color]), Butter Buds Oil(Canola Oil, Dijon Mustard[Water, Vinegar Mustard Seed, Salt, White Wine, Fruit Pectin, Citric Acid, Tartaric Acid, Sugar, Spice], Natural Butter Flavor[Whey Solids, Enzyme-Modified Butter, Maltodextrin, Salt, Dehydrated Butter, Guar Gum, Annatto & Tumeric (For Color)], Dijon Mustard Powder[Dehydrated Dijon Mustard(Distilled Vinegar, Mustard Seed, Salt, White Wine, Citric Acid, Tartaric Acid, Spices), Maltodextrin, Modified Food Starch, Silicon Dioxide, Natural Flavor], Salt).

CONTAINS: Milk, Wheat, and Soy.



Tortilla Encrusted Chicken Breast

Variable servings p Serving size	4oz (113g)
Amount per serving Calories	190
	% Daily Value*
Total Fat 8g	10%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 520mg	23%
Total Carbohydrate 8g	3%
Dietary Fiberg	%
Total Sugars 0g	
Includesg Added	l Sugars%
Protein 26g	
Vitamin Dmcg	%
Calcium 20mg	2%
Iron 1mg	6%
Potassiummg	%
*The % Daily Value tells you ho serving of food contributes to a day is used for general nutrition	daily diet. 2,000 calories a

INGREDIENTS: Tortilla Breading(Bleached Wheat Flour, Tortilla Pieces[White Corn, Vegetable Oil Corn, Soybean and/or Sunflower Oil)], Southwest Seasoning[Salt, Maltodextrin, Sugar, Spices, Tomato Powder, Autolyzed Yeast Extract, Brown Sugar, Hydrolyzed Corn Protein, Onion Powder, Paprika, Garlic Powder, Natural Flavors, Spice Extracts(Contain Soy), Citric Acid, Whey, Modified Butter Oil, Corn Syrup Solids, Paprika Extract (added for color), Dehydrated Butter, Turmeric Extract(added for color), Annatto Extract(added for color), and less than 2% Silicon Dioxide(added to prevent caking)], Salt, Spice, Dried Yeast, Dextrose, Sugar, and Paprika Extract[Color]),Butter Buds Oil(Canola Oil,Dijon Mustard[Water, Vinegar Mustard Seed, Salt, White Wine, Fruit Pectin, Citric Acid, Tartaric Acid, Sugar, Spice], Natural Butter Flavor[Whey Solids, Enzyme-Modified Butter, Maltodextrin, Salt, Dehydrated Butter, Guar Gum, Annatto & Tumeric (For Color)], Dijon Mustard Powder[Dehydrated Dijon Mustard(Distilled Vinegar, Mustard Seed, Salt, White Wine, Citric Acid, Tartaric Acid, Spices), Maltodextrin, Modified Food Starch, Silicon Dioxide, Natural Flavor], Salt).

CONTAINS: Milk, Wheat, and Soy.