SANDWICHES & WRAPS



Albacore Tuna Wrap

Variable servings per Serving size	5oz (142g
Amount per serving Calories	340
	% Daily Value
Total Fat 22g	28%
Saturated Fat 3.5g	189
Trans Fat 0g	
Cholesterol 45mg	15%
Sodium 600mg	26%
Total Carbohydrate 15g	5%
Dietary Fiber 0g	09
Total Sugars 2g	
Includes 0g Added Su	gars 0%
Protein 22g	
Vitamin D 0mcg	0%
Calcium 9mg	09
Iron 1mg	6%
Potassium 46mg	09

INGREDIENTS: Albacore Tuna Spread(Albacore Tuna(Solid White Tuna, Spring Water, Salt, Vegetable Broth, Pyrophosphate), Mayonnaise(Soybean Oil, Whole Egg, Water, Egg Yolks, Distilled Vinegar, Contains Less Than 2% Of Salt, Sugar, Lemon Juice Concentrate, Calcium Disodium EDTA Added To Protect Flavor, Natural Flavors), Celery, Onion, Dill), Harvest Wheat Flatbread (Stone Ground Whole Wheat Flour, Water, Vital Wheat Gluten, Liquid Brown Sugar, Oat Fiber, Soy Flour, Contains Less Than 2% Of Each Of The Following: Soybean Oil, Prune Juice Concentrate, Sodium Acid Pyrophosphate, Baking Soda, Oats, Sunflower Seeds, Yeast, Potassium Sorbate & Sodium Propionate (Preservatives), Caramel Color, Cellulose Gum, Millet, Fumaric Acid, Flax Seed, Salt, Guar Gum, Sea Salt, Cracked Wheat, Xanthan Gum, Lactic Acid, Carrageenan, Calcium Sulfate, Culture Wheat Starch, Annatto Color, Enzymes, L-Cysteine), Lettuce.

CONTAINS: Eggs, Fish, Soy, and Wheat.



Avocado BLT Wrap

Nutrition F Variable servings per of	
Serving size	5oz (142g)
Amount per serving	
Calories	400
9/	6 Daily Value*
Total Fat 27g	35%
Saturated Fat 10g	50%
Trans Fat 0g	
Cholesterol 55mg	18%
Sodium 900mg	39%
Total Carbohydrate 26g	9%
Dietary Fiberg	%
Total Sugars 3g	
Includesg Added Suga	ars%
Protein 17g	
Vitamin D 0mcg	0%
Calcium 195mg	15%
Iron 2mg	10%
Potassium 94mg	2%

INGREDIENTS: Herb and Garlic Tortilla (Enriched Bleached Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid, Water, Vegetable Shortening (Interesterified Soybean Oil, Fully Hydrogenated Soybean Oil), Contains 2% or less of the following: Sugar, Salt, Dextrose, Onion Garlic, Spices, Dehydrated Bell Peppers, Parsley, Extractives of Spices including Garlic and Onion, Leavening (Sodium Bicarbonate, Corn Starch, Sodium Aluminum Sulfate, Calcium Sulfate, Monocalcium Phosphate, Monoglycerides, Potassium Sorbate, Calcium Propionate, and/or Sodium Meatabisulfite, Corn Starch, Microcystalline Cellulose, Dicalcium Phosphate)), Bacon (cured with Water, Salt, Sugar, Smoke Flavoring, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite), Guacamole (Hass Avocado, Distilled Vinegar, Contains 2% or less of Water, Jalapeno Peppers, Salt, Dehydrated Onion, Granulated Garlic), Carrots, Cucumbers, Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Ranch Dressing (Soybean Oil, Water, Cultured Buttermilk, Distilled Vinegar, Salt, Egg Yolk, Sugar, Whey Protein Concentrate, Dehydrated Onion, Xanthan Gum, Spice, Polysorbate 60, Natural Flavors, Sodium Benzoate (added as a preservative), Lactic Acid, Garlic Extract), Cream Cheese (Pasteurized Milk and Cream, Cheese Cultures, Salt, Stabilizers (Carob Bean and/or Xanthan and/or Guar Gums), Spinach, Lettuce.

CONTAINS: Wheat, Eggs, Milk, and Soy.

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Bacon and Chicken Club Pretzel Melt

Variable servings	per container
Serving size	5oz (142g
Amount per serving	
Calories	420
	% Daily Value
Total Fat 18g	23%
Saturated Fat 8g	40%
Trans Fat 0g	
Cholesterol 55mg	18%
Sodium 920mg	40%
Total Carbohydrate 4	5g 16 %
Dietary Fiberg	9
Total Sugars 5g	
Includesg Adde	d Sugars9
Protein 18g	
Vitamin Dmcq	9
Calcium 200mg	15%
Iron 3mg	15%
Potassiummg	9

INGREDIENTS: Pretzel Bread (Enriched Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Unsalted Butter (Pasteurized Cream), Nonfat Dry Milk, Sugar, Yeast (Yeast, Sorbitan Monostearate, Ascrobic Acid), Salt, Wheat Flour, Malted Barley Flour, Ascorbic Acid, Soybean Oil, Enzymes, Oven Cooked Mesquite Smoked Chicken Breast (Chicken Breast, Water, vinegar, Salt, Modified Food Starch, Sodium Phosphate, Natural Flavors, Mesquite Smoke Flavoring), Cheddar Cheese (Pasteurized Cultured Milk, Salt, Enzymes, Water, Cream, Sodium Phosphates, Salt, Vegetable Color (Annatto and Paprika Extract Blend), Enzymes), Buttermilk Ranch Dressing (Soybean Oil, Water, Cultured Buttermilk, Vinegar, High Fructose Corn Syrup, Buttermilk, Salt, Contains 2% or less of: Dehydrated Onion, Egg Yolk, Garlic Powder, Lactic Acid, Monosodium Glutamate, Onion Powder, Phosphoric Acid, Polysorbate 60, Potassium Sorbate (added as a preservative), Propylene Glycol Alginate, Spice, Xanthan Gum), Topping (Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Unsalted Butter (Pastuerized Cream), Parmesan Cheese (Pasteurized Skim Milk, Salt, Cheese Cultures, Enzymes), Salt, Fully Cooked Bacon (cured with (Water, Sugar, Salt, Smoke Flavoring, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite)).

CONTAINS: Wheat, Soy, Eggs, and Milk.



BLT on White

Variable servings per o	container
Serving size	5oz (142g
Amount per serving	
Calories	270
0	% Daily Value
Total Fat 8g	10%
Saturated Fat 1.5g	8%
Trans Fat 1g	
Cholesterol 0mg	0%
Sodium 350mg	15%
Total Carbohydrate 40g	15%
Dietary Fiber 1g	4%
Total Sugars 1g	
Includes 0g Added Suga	ars 0 %
Protein 7g	
Vitamin D 0mcg	0%
Calcium 9mg	0%
Iron 2mg	10%
Potassium 140mg	2%
"The % Daily Value tells you how much serving of food contributes to a daily di day is used for general nutrition advice	iet. 2,000 calories a

INGREDIENTS: Country Buttermilk White Bread(Unbleached Enriched Wheat Flour(Flour, Malted Barley Flour, Reduced Iron, Niacin, Thiamin Mononitrate (Vitamin B1), Riboflavin(Vitamin B2), FOlic Acid), Buttermilk, Sugar, Yeast Soybean Oil, Salt, Water, Wheat Gluten, Calcium Propionate(preservative), Monoglycerides, Calcium Sulfate, Citric Acid, Soy Lecithin, Calcium Carbonate, Datem), Tomatoes, Bacon, Lettuce.



BLT on Wheat

Variable servings pe	r container
Serving size	5oz (142g)
Amount per serving Calories	250
	% Daily Value
Total Fat 7g	9%
Saturated Fat 1.5g	8%
Trans Fat 1g	
Cholesterol 0mg	0%
Sodium 320mg	14%
Total Carbohydrate 36g	13%
Dietary Fiber 1g	4%
Total Sugars 8g	
Includes 0g Added Su	ugars 0 %
Protein 9g	
Vitamin D 0mcg	0%
Calcium 43mg	4%
Iron 2mg	10%
Potassium 140mg	2%
"The % Daily Value tells you how m serving of food contributes to a dail day is used for general nutrition adv	y diet. 2,000 calories a

INGREDIENTS: Whole Wheat Bread (Whole Wheat Flour, Water, Sugar, Wheat Gluten, Yeast, Raisin Juice Concentrate, Wheat Bran, Molasses, Soybean Oil, Salt, Monoglycerides, Calcium Propionate, Calcium Sulfate, Datem, Grain Vinegar, Citric Acid, Soy Lecithin, Whey, Nonfat Milk), Bacon (Cured with: Water, Salt, Sugar, Natural Smoked Flavor, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite), Tomatoes, Lettuce.



Bologna and Colby Cheese on White

	per container
Serving size	5oz (142g
Amount per serving	
Calories	410
	% Daily Value
Total Fat 24g	31%
Saturated Fat 9g	45%
Trans Fat 0.5g	
Cholesterol 45mg	15%
Sodium 1010mg	44%
Total Carbohydrate	30g 11 %
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 0g Adde	ed Sugars 0%
Protein 14g	
Vitamin D 0mcg	0%
Calcium 5mg	0%
Iron 2mg	10%
Potassium 29mg	0%

INGREDIENTS: Country Buttermilk White Bread (Unbleached Enriched Wheat Flour(Flour, Malted Barley Flour, Reduced Iron, Niacin, Thiamin Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid), Buttermilk, Sugar, Yeast Soybean Oil, Salt, Water, Wheat Gluten, Calcium Propionate (added as a preservative), Monoglycerides, Calcium Sulfate, Citric Acid, Soy Lecithin, Calcium Carbonate, Datem), Kretschmar Regular Bologna (Pork, Water, Beef, Corn Syrup, contains 2% or less of:Salt, Flavoring, Potassium Lactate, Sodium Lactate, Sodium Phosphates, Dextrose, Sodium Diacetate, Sodium Erythorbate, sodium nitrite, extract of Paprika), Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto (Vegetable Color)), Lettuce.



Bologna and Colby Cheese on Wheat

Variable servings	per container
Serving size	5oz (142g)
Amount per serving	
Calories	420
	% Daily Value*
Total Fat 25g	32%
Saturated Fat 10g	50%
Trans Fat 0.5g	
Cholesterol 50mg	17%
Sodium 1050mg	46%
Total Carbohydrate 2	9g 11 %
Dietary Fiber 0g	0%
Total Sugars 7g	
Includes 0g Adde	d Sugars 0%
Protein 16g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 2mg	10%
Potassium 16mg	0%

INGREDIENTS: Whole Wheat Bread(Whole Wheat Flour, Water, Sugar, Wheat Gluten, Yeast, Raisin Juice Concentrate, Wheat Bran, Molasses, Soybean Oil, Salt, Monoglycerides, Calcium Propionate, Calcium Sulfate, Datem, Grain Vinegar, Citric Acid, Soy Lecithin, Whey, Soy Flour, Nonfat Milk), Kretschmar Regular Bologna (Pork, Water, Beef, Corn Syrup, contains 2% or less of:Salt, Flavoring, Potassium Lactate, Sodium Lactate, Sodium Phosphates, Dextrose, Sodium Diacetate, Sodium Erythorbate, sodium nitrite, extract of Paprika), Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto (Vegetable Color)), Lettuce.



Bologna Spread on White

Variable servings pe Serving size	5oz (142g
	(· ·-g
Amount per serving Calories	490
	% Daily Value
Total Fat 33g	42%
Saturated Fat 7g	35%
Trans Fat 0.5g	
Cholesterol 40mg	13%
Sodium 840mg	37%
Total Carbohydrate 35g	13%
Dietary Fiber 0g	0%
Total Sugars 3g	
Includes 0g Added S	ugars 0 %
Protein 10g	
Vitamin D 0mcg	0%
Calcium 3mg	0%
Iron 2mg	10%
Potassium 17mg	0%

INGREDIENTS: Country Buttermilk White Bread (Unbleached Enriched Wheat Flour(Flour, Malted Barley Flour, Reduced Iron, Niacin, Thiamin Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid), Buttermilk, Sugar, Yeast Soybean Oil, Salt, Water, Wheat Gluten, Calcium Propionate (added as a preservative), Monoglycerides, Calcium Sulfate, Citric Acid, Soy Lecithin, Calcium Carbonate, Datem), Bologna Spread(Kretschmar Regular Bologna (Pork, Water, Beef, Corn Syrup, contains 2% or less of:Salt, Flavoring, Potassium Lactate, Sodium Lactate, Sodium Phosphates, Dextrose, Sodium Diacetate, Sodium Erythorbate, sodium nitrite, extract of paprika), Mayonnaise (Soybean Oil, Whole Egg, Water, Egg Yolks, Distilled Vinegar, Contains Less Than 2% Of Salt, Sugar, Lemon Juice Concentrate, Calcium Disodium Edta Added To Protect Flavor, Natural Flavors), Sweet Pickle Relish(Cucumbers, High Fructose Corn Syrup, Corn Syrup, Vinegar, Salt, Dehydrated Red Pepper, Spices, Xanthan Gum, Calcium Chloride, Potassium Sorbate(Preservative), Alum, Turmeric (Color), Natural Flavors, Polysorbate 80)), Lettuce.



Bologna Spread on Wheat

Variable servings per Serving size	container 5oz (142g)
Amount per serving Calories	480
	% Daily Value
Total Fat 32g	41%
Saturated Fat 7g	35%
Trans Fat 0.5g	
Cholesterol 40mg	13%
Sodium 810mg	35%
Total Carbohydrate 32g	12%
Dietary Fiber 0g	0%
Total Sugars 9g	
Includes 0g Added Su	gars 0%
Protein 12g	
Vitamin D 0mcg	0%
Calcium 33mg	2%
Iron 2mg	10%
Potassium 17mg	0%

INGREDIENTS: Whole Wheat Bread(Whole Wheat Flour, Water, Sugar, Wheat Gluten, Yeast, Raisin Juice Concentrate, Wheat Bran, Molasses, Soybean Oil, Salt, Monoglycerides, Calcium Propionate, Calcium Sulfate, Datem, Grain Vinegar, Citric Acid, Soy Lecithin, Whey, Soy Flour, Nonfat Milk), Bologna Spread(Kretschmar Regular Bologna (Pork, Water, Beef, Corn Syrup, contains 2% or less of:Salt, Flavoring, Potassium Lactate, Sodium Lactate, Sodium Phosphates, Dextrose, Sodium Diacetate, Sodium Erythorbate, sodium nitrite, extract of paprika), Mayonnaise (Soybean Oil, Whole Egg, Water, Egg Yolks, Distilled Vinegar, Contains Less Than 2% Of Salt, Sugar, Lemon Juice Concentrate, Calcium Disodium Edta Added To Protect Flavor, Natural Flavors), Sweet Pickle Relish(Cucumbers, High Fructose Corn Syrup, Corn Syrup, Vinegar, Salt, Dehydrated Red Pepper, Spices, Xanthan Gum, Calcium Chloride, Potassium Sorbate(Preservative), Alum, Turmeric (Color), Natural Flavors, Polysorbate 80)), Lettuce.



Buffalo Chicken Wrap

Variable servings p	
Serving size	5oz (142g)
Amount per serving	
Calories	270
	% Daily Value
Total Fat 15g	19%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 1130mg	49%
Total Carbohydrate 15	g 5 %
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 0g Added	Sugars 0%
Protein 19g	
Vitamin D 0mcg	0%
Calcium 176mg	15%
Iron 0mg	0%
Potassium 26mg	0%

INGREDIENTS: Light Original Flatouts (Water, Whole Wheat Flour, Oat Fiber, Wheat Gluten, Soybean Oil, Contains 2% or less of each of the following: Maltitol, Wheat Protein Isolate, Sodium Acid Pyrophosphate, Baking Soda, Yeast, Potassium Sorbate and Sodium Propionate (added as preservatives), Fumaric Acid, Wheat Flour, Cellulose Gum, Guar Gum, Xanthan Gum, Salt, Annatto Color, Calcium Peroxide, Enzymes) Buffalo Chicken Breast (Chicken Breast Meat, Salt, Modified Food Starch, Dextrose, Sodium Phosphate, browned in Vegetable Oil), Munester Cheese (Cultured Pasteurized Milk, Cheese Cultures, Enzymes, Salt, Annatto Dye), Lettuce, Ranch Dressing (Soybean Oil, Water, Distilled Vinegar, Buttermilk Solids, Egg Yolks, Contains less than 2% of Salt, Sugar, Monosodium Glutamate, Natural Flavor, Dehydrated Garlic, Lactic Acid, Dehydrated Onion, Phosphoric Acid, Spices, Sodium Benzoate, Xanthan Gum, Calcium Disodium EDTA (added to protect flavor).

CONTAINS: Wheat, Eggs, Soy, and Milk.



Chicken Caesar Wrap

Variable servings per con Serving size 5	ntainer oz (142g
Serving size 5	02 (142 <u>9</u>
Amount per serving	
Calories	260
% [Daily Value
Total Fat 12g	15%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 55mg	18%
Sodium 1070mg	47%
Total Carbohydrate 17g	6%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 23g	
Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 1mg	6%
Potassium 23mg	0%

INGREDIENTS: Water, Whole Wheat Flour, Oat Fiber, Wheat Gluten, Soybean Oil, Contains less than 2% of each of the following: Maltitol, Wheat Protein Isolate, Sodium Acid Pyrophosphate, Baking Soda, Yeast, Fumaric Acid, Potassium Sorbate, Sodium Propionate (added as preservatives) Garlic, Oregano, Wheat Flour, Basil, Cellulose Gum, Guar Gum, Black Pepper, Parsley, Xanthan Gum, Annatto Color, Calcium Peroxide Enzymes, Chicken, Lettuce, Caesar Dressing (Water, Soybean Oil, Vinegar, Parmesan and Romano Cheese (made crom Cows Milk, Salt), Less than 2% of Egg Yolks, Garlic Juice, Modified Food Starch, Sugar, Xanthan Gum, Lactic Acid, Hydrolyzed Soy Protein, Corn Syrup, Sorbic Acid, Calcium Disodium, EDTA, Spice, Phosphoric Acid, Polysorbate 60, Anchovies, Green Onions, Caramel Color, Parsley, Artificial Color, Garlic, Defatted Soybean Oil, Natural Flavor, Wheat, Tamarind, Soybeans, Yellow 5), Parmesan Cheese (Cultured Milk, Enzymes, Cellulose, Natamycin)).

CONTAINS: Wheat, Milk, Soy, Eggs, and Fish.



Chicken Fajita Wrap

Variable servings p	
Serving size	5oz (142g)
Amount per serving	200
Calories	260
	% Daily Value
Total Fat 13g	17%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 550mg	24%
Total Carbohydrate 16	g 6 %
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 0g Added	Sugars 0%
Protein 21g	
Vitamin D 0mcg	0%
Calcium 21mg	2%
Iron 1mg	6%
Potassium 64mg	2%

INGREDIENTS: Jalapeno Cheese (Pasteurized Milk, Lactic Culture, Salt, Enzymes, Jalapeno Peppers, Vinegar, Calcium Chloride, Potassium Sorbate), Salsa (Diced Tomatoes, Water, Jalapeno Peppers, Tomato Paste, Onions, Dehydrated Onions, Distilled Vinegar, Salt, Dehydrated Garlic, Natural Flavor), Sour Cream (Cultured Sour Cream, Non-Fat Milk, Cream, Grade A Whey, Corn Starch-Modified, Sodium Phosphate, Guar Gum, Carrageenan, Sodium Citrate, Locust Bean Gum), Potatssium Sorbate (added as a preservative)), Chicken Breast (Boneless, Skinless Chicken Breast Meat With Rib Meat, Water, Seasoning (Maltodextrin, Salt, Sugar, Chicken Stock, Vegetable Stock (Carrot, Onion, Celery), Flavors, Carrot Powder and Garlic Powder), Modified Food Starch, Sodium Phosphates, Soy Protein Concentrate, Sea Salt), Green Peppers, Red Onions, Flatout Flatbread (Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Soy Flour, Soybean Oil, Vital Wheat Gluten, Granulated Cane Juice, Salt Sugar Beet Fiber, Prune Solids, Baking Soda, Sodium Aluminum Phosphate, Dough Conditioners (DATEM, Cellulose Gum, Maltodextrin, Carrageenan, Guar Gum, Xanthan Gum, L-Cysteine Hydrochloride), Adipic Acid, Potatssium Sorbate, and Enzymes (all added to maintain freshness)).

CONTAINS: Wheat, Soy, and Milk.



Chicken Salad Croissant

Variable servings pe	r container
Serving size	2oz (57g)
Amount per serving	
Calories	170
	% Daily Value
Total Fat 11g	14%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 210mg	9%
Total Carbohydrate 10g	4%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 1g Added Su	ugars 2%
Protein 7g	
Vitamin D 0mcg	0%
Calcium 13mg	2%
Iron 1mg	6%
Potassium 15mg	0%

INGREDIENTS: Chicken Salad(Diced Chicken, Premium Salad Dressing (Soybean Oil, Water, Sugar, Distilled Vinegar, Corn Vinegar, Egg Yolks, Food Starch-Modified, Contains less than 2% of Salt, Spices, Natural Flavors, Paprika), Mayonnaise (Soybean Oil, Whole Egg, Water, Egg Yolks, Distilled Vinegar, Contains less than 2% of Salt, Sugar, Lemon Juice Concentrate, Calcium Disodium EDTA (added to protect flavor), Natural Flavors), Celery, Sugar, Chicken Base (Roasted Chicken, Salt, Maltodextrin, Hydrolyzed Corn Protein, Chicken Fat, Whey, Autolyzed Yeast Extract, Onion Powder, Disodium Inosinate, Disodium Guanylate, Spice Extractives, Turmeric, Extractive of Turmeric, Caramel Color), Salt, Onion, Pepper), Butter Croissant (Enriched Wheat Flour(Flour, Niacin, Thiamine Mononitrate, Iron, Riboflavin, Folic Acid), Water, Butter, Glucose-Fructose, Sugar, Yeast, Salt, Skim Milk Powder, Whole Dried Egg, Soy Flour, Calcium Sulfate, Diacetyl Tartaric Acid Esters of Mono and Diglycerides, Sodium Stearoyl Lactylate, Sunflower Oil, Enzymes, Wheat Starch, Natural Flavor), Lettuce.



Chicken Salad on White

Variable servings p	er container
Serving size	5oz (142g)
Amount per serving	
Calories	400
	% Daily Value*
Total Fat 22g	28%
Saturated Fat 3.5g	18%
Trans Fat 0.5g	
Cholesterol 50mg	17%
Sodium 560mg	24%
Total Carbohydrate 34g	g 12 %
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 2g Added	Sugars 4%
Protein 17g	
Vitamin D 0mcg	0%
Calcium 7mg	0%
Iron 2mg	10%
Potassium 38mg	0%
"The % Daily Value tells you how serving of food contributes to a o	

INGREDIENTS: Country Buttermilk White Bread(Unbleached Enriched Wheat Flour(Flour, Malted Barley Flour, Reduced Iron, Niacin, Thiamin Mononitrate(Vitamin B1), Riboflavin (Vitamin B2), Folic Acid), Buttermilk, Sugar, Yeast Soybean Oil, Salt, Water, Wheat Gluten, Calcium Propionate(preservative), Monoglycerides, Calcium Sulfate, Citric Acid, Soy Lecithin, Calcium Carbonate, Datem), Deli-Chicken Salad Spread (Diced Chicken, Premium Salad Dressing(Soybean Oil, Water, Sugar, Distilled Vinegar, Corn Vinegar, Egg Yolks, Food Starch-Modified, Contains Less Than 2% Of Salt, Spices, Natural Flavors, Paprika), Mayonnaise (Soybean Oil, Whole Egg, Water, Egg Yolks, Distilled Vinegar, Contains Less Than 2% Of Salt, Sugar, Lemon Juice Concentrate, Calcium Disodium EDTA Added To Protect Flavor, Natural Flavors.), Celery, Sugar, Chicken Base(Roasted Chicken, Salt, Maltodextrin, Hydrolyzed Corn Protein, Chicken Fat, Whey, Autolyzed Yeast Extract, Onion Powder, Disodium Inosinate, Disodium Guanylate, Spice Extractives, Turmeric, Extractive of Turmeric, Caramel Color), Salt, Onion, Pepper), Lettuce.



Chicken Salad on Wheat

Variable servings per cor	ntainer
	oz (142g
Amount per serving	
Calories	390
% [Daily Value
Total Fat 21g	27%
Saturated Fat 3.5g	18%
Trans Fat 0.5g	
Cholesterol 50mg	17%
Sodium 530mg	239
Total Carbohydrate 31g	11%
Dietary Fiber 0g	0%
Total Sugars 8g	
Includes 2g Added Sugars	49
Protein 18g	
Vitamin D 0mcg	0%
Calcium 35mg	29
Iron 2mg	109
Potassium 38mg	0%

INGREDIENTS: 100% Whole Wheat Bread(Whole Wheat Flour, Water, Sugar, Wheat Gluten, Yeast, Raisin Juice Concentrate, Wheat Bran, Molasses, Soybean Oil, Salt, Monoglycerides, Calcium Propionate, Calcium Sulfate, Datem, Grain Vinegar, Citric Acid, Soy Lecithin, Whey, Soy Flour, Nonfat Milk), Deli-Chicken Salad Spread (Diced Chicken, Premium Salad Dressing(Soybean Oil, Water, Sugar, Distilled Vinegar, Corn Vinegar, Egg Yolks, Food Starch-Modified, Contains Less Than 2% Of Salt, Spices, Natural Flavors, Paprika), Mayonnaise (Soybean Oil, Whole Egg, Water, Egg Yolks, Distilled Vinegar, Contains Less Than 2% Of Salt, Sugar, Lemon Juice Concentrate, Calcium Disodium EDTA Added To Protect Flavor, Natural Flavors.), Celery, Sugar, Chicken Base(Roasted Chicken, Salt, Maltodextrin, Hydrolyzed Corn Protein, Chicken Fat, Whey, Autolyzed Yeast Extract, Onion Powder, Disodium Inosinate, Disodium Guanylate, Spice Extractives, Turmeric, Extractive of Turmeric, Caramel Color), Salt, Onion, Pepper), Lettuce.

CONTAINS: Wheat, Milk, Soy, and Egg.

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Chicken Salad Wrap

Variable servings per Serving size	5oz (142g)
Amount per serving Calories	380
	% Daily Value
Total Fat 25g	32%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 75mg	25%
Sodium 610mg	27%
Total Carbohydrate 21g	8%
Dietary Fiber 0g	0%
Total Sugars 5g	
Includes 2g Added Su	gars 4%
Protein 22g	
Vitamin D 0mcg	0%
Calcium 7mg	0%
Iron 1mg	6%
Potassium 39mg	0%

INGREDIENTS: Chicken Salad Spread(Diced Chicken, Premium Salad Dressing(Soybean Oil, Water, Sugar, Distilled Vinegar, Corn Vinegar, Egg Yolks, Food Starch-Modified, Contains less than 2% of Salt, Spices, Natural Flavors, Paprika), Mayonnaise(Soybean Oil, Whole Egg, Water, Egg Yolks, Distilled Vinegar, Contains less than 2% of Salt, Sugar, Lemon Juice Concentrate, Calcium Disodium EDTA (added to protect flavor), Natural Flavors), Celery, Sugar, Chicken Base(Roastedchicken, Salt, Maltodextrin, Hydrolyzed Corn Protein, Chicken Fat, Whey, Autolyzed Yeast Extract, Onion Powder, Disodium Inosinate, Disodium Guanylate, Spice Extractives, Turmeric, Extractive Of Turmeric, Caramel Color), Salt, Onion, Pepper), Light Original Flatouts (Water, Whole Wheat Flour, Oat Fiber, Wheat Gluten, Soybean Oil, Contains 2% or less of each of the following: Maltitol, Wheat Protein Isolate, Sodium Acid Pyrophosphate, Baking Soda, Yeast, Potassium Sorbate, Sodium Propionate (added as preservatives), Fumaric Acid, Propionate), Fumaric Acid, Wheat Flour, Cellulose Gum, Guar Gum, Xanthan Gum, Salt, Annatto Color, Calcium Peroxide, Enzymes)Lettuce.



Club Kaiser

Variable servings pe	
Serving size	5oz (142g)
Amount per serving	
Calories	250
	% Daily Value*
Total Fat 8g	10%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 980mg	43%
Total Carbohydrate 26g	9%
Dietary Fiber 1g	4%
Total Sugars 3g	
Includes 0g Added S	Sugars 0%
Protein 18g	
Vitamin D 0mcg	0%
Calcium 51mg	4%
Iron 2mg	10%
Potassium 139mg	2%

INGREDIENTS: Oven Browned Turkey Breast (Turkey Breast, Turkey Broth, Salt, Dextrose, Sodium Phosphates, Browned In Soybean Oil), Bacon, Lettuce, Whipped Butter (Liquid and Partially Hydrogenated Soybean Oil, Water, Butter (Cream, Salt), Whey Solids, Salt, Vegetable Mono and Diglycerides, Potassium Sorbate and Sodium Benzoate (added as preservatives), Soy Lecithin, Buttermilk Solids, Citric Acid, Natural and Artificial Flavor, Beta Carotene (color), Vitamin A Palmitate added), Enriched Flour (Bleached Wheat Flour Enriched (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Malted Barley Flour, Potassium Bromate).

CONTAINS: Milk, Soy, and Wheat.



Club on White

Variable servings	
Serving size	5oz (142g
Amount per serving	
Calories	240
	% Daily Value
Total Fat 7g	99
Saturated Fat 1.5g	89
Trans Fat 0.5g	
Cholesterol 25mg	89
Sodium 670mg	29°
Total Carbohydrate 2	28g 10 9
Dietary Fiber 0g	09
Total Sugars 2g	
Includes 0g Adde	ed Sugars 09
Protein 13g	
Vitamin D 0mcg	0%
Calcium 6mg	0%
Iron 2mg	109
Potassium 93mg	29

INGREDIENTS: Country Buttermilk White Bread(Unbleached Enriched Wheat Flour(Flour, Malted Barley Flour, Reduced Iron, Niacin, Thiamin Mononitrate(Vitamin B1), Riboflavin(Vitamin B2), Folic Acid), Buttermilk, Sugar, Yeast Soybean Oil, Salt, Water, Wheat Gluten, Calcium Propionate (added as a preservative), Monoglycerides, Calcium Sulfate, Citric Acid, Soy Lecithin, Calcium Carbonate, DATEM), Tomatoes, Virginia Ham(Pork cured with Water, Salt, Dextrose, Contains 1.5% or less of: Potassium Lactate, Sodium Lactate, Sodium Phosphates, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrate), Oven Browned Turkey Breast(Turkey Breast, Turkey Broth, Salt, Dextrose, Sodium Phosphates, browned in Soybean Oil), Bacon, Lettuce.



Club on Wheat

Variable servings per cor Serving size 56	namer oz (142g)
Amount per serving Calories	220
	aily Value
Total Fat 6g	8%
Saturated Fat 1.5g	8%
Trans Fat 0.5g	
Cholesterol 25mg	8%
Sodium 650mg	28%
Total Carbohydrate 25g	9%
Dietary Fiber 0g	0%
Total Sugars 6g	
Includes 0g Added Sugars	0%
Protein 15g	
Vitamin D 0mcg	0%
Calcium 28mg	2%
Iron 2mg	10%
Potassium 93mg	2%

INGREDIENTS: Whole Wheat Bread(Whole Wheat Flour, Water, Sugar, Wheat Gluten, Yeast, Raisin Juice Concentrate, Wheat Bran, Molasses, Soybean Oil, Salt, Monoglycerides, Calcium Propionate, Calcium Sulfate, DATEM, Grain Vinegar, Citric Acid, Soy Lecithin, Whey, Nonfat Milk), Tomatoes, Virginia Ham(Pork cured with Water, Salt, Dextrose, Contains 1.5% or less of: Potassium Lactate, Sodium Lactate, Sodium Phosphates, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrate), Oven Browned Turkey Breast(Turkey Breast, Turkey Broth, Salt, Dextrose, Sodium Phosphates, browned in Soybean Oil), Bacon, Lettuce.



Club Sub

Nutrition F Variable servings per co	
	5oz (142g)
Amount per serving Calories	280
%	Daily Value
Total Fat 7g	9%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 930mg	40%
Total Carbohydrate 37g	13%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 0g Added Sugar	s 0 %
Protein 16g	
Vitamin D 0mcg	0%
Calcium 18mg	2%
Iron 3mg	15%
Potassium 55mg	2%
"The % Daily Value tells you how much a serving of food contributes to a daily diet day is used for general nutrition advice.	

INGREDIENTS: Sub Roll (Unbleached Untreated Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sea Salt, Yeast, Malted Barley Flour), Virginia Ham (Pork cured with Water, Salt, Dextrose, Contains 1.5% or less of: Potassium Lactate, Sodium Lactate, Sodium Phosphates, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrate), Turkey Off the Bone (Turkey Breast, Water, Salt, Sugar, Seasoning (Yeast Extract, Salt, Dextrose, Turkey Broth, Maltodextrin, Natural Flavor), Sodium Phosphate, browned in Vegetable Oil), Co-Jack Cheese (Pasteurized Milk, Lactic Culture, Salt, Annatto Color, Enzymes), Tomatoes, Bacon (Pork cured with Water, Salt, Sugar, Natural Smoke Flavor, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite), Lettuce.



Cucumber, Tomato, and Cream Cheese Sandwich

Variable servings p	
Serving size	5oz (142g
Amount per serving	
Calories	230
	% Daily Value
Total Fat 11g	14%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 270mg	129
Total Carbohydrate 25g	99
Dietary Fiber 1g	49
Total Sugars 7g	
Includes 0g Added	Sugars 09
Protein 7g	
Vitamin D 0mcg	0%
Calcium 56mg	4%
Iron 2mg	10%
Potassium 114mg	29

INGREDIENTS: Enriched Wheat Flour(Wheat Flour, Barley Malt, Niacin, Iron, Thiamine, Mononitrate, Riboflavin, Folic Acid) Water, High Fructose Corn Syrup, Cracked Wheat, Rolled Oats, Contains 2% or less of Soybean Oil, Yeast, Salt, Molasses, Wheat Gluten, Wheat Germ, Honey, Yeast Nutrients, Dough Conditioners, (Vinegar, Butter), Cream Cheese (Pasteurized Milk & Cream, Cheese Culture, Salt, Stabilizers, (Carob Bean and/or Xanthan and/or Guar Gum)), Butter Blend (Partially Hydrogenated Soybean Oil, Pasteurized Sweet Cream, and Sweet Cream Buttermilk, Salt, Mono-Diglycerides, Vitamin A, Beta Carotene), Cucumber, Tomato, Salt & Pepper.

CONTAINS: Wheat, Milk, and Soy.



Dave's Deluxe Sandwich

Variable servings per con	
Serving size 50	z (142g)
Amount per serving	
Calories	270
% D	aily Value
Total Fat 12g	15%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 45mg	15%
Sodium 810mg	35%
Total Carbohydrate 21g	8%
Dietary Fiber 0g	0%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 18g	
Vitamin D 0mcg	0%
Calcium 157mg	10%
Iron 2mg	10%
Potassium 77mg	2%

INGREDIENTS: Upper Crust Old Country Marble Rye Bread (Water, Half N Half Rye Bread Base(Wheat Flour, Rye Flour, Soy Oil, Salt, Contains 2% or less of each of the following:Sugar, Calcium Stearoyl Lactylate(CSL), Acetic Acid, Lactic Acid, Spices), Bleach, Enriched Flour, Bakers Yeast, All Purpose Shortening(Partially Hydrogenated Soybean and Cottonseed Oils), Caramel Coloring), Virginia Ham(Pork cured with Water, Salt, Dextrose, Contains 1.5% or less of:Potassium Lactate, Sodium Lactate, Sodium Phosphates, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrate), Turkey Off The Bone (Turkey Breast, Water, Salt, Sugar, Seasoning(Yeast Extract, Salt, Dextrose, Turkey Broth, Maltodextrin, Natural Flavor), Sodium Phosphate, browned in Vegetable Oil), Baby Swiss Cheese(Cultured Pasteurized Milk, Enzymes, Salt, and Calcium Chloride), Tomatoes, Lettuce, Sauce, and Horseradish.



Egg Salad Croissant

Variable servings pe	
Serving size	2oz (57g
Amount per serving	
Calories	160
	% Daily Value
Total Fat 11g	14%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 100mg	33%
Sodium 160mg	7%
Total Carbohydrate 10g	4%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 0g Added 5	Sugars 0%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 24mg	2%
Iron 1mg	6%
Potassium 38mg	0%

INGREDIENTS: Egg Salad (Eggs, Salad Dressing (Soybean Oil, Water, Sugar, Distilled Vinegar, Corn Vinegar, Egg Yolks, Food Starch-Modified, contains less than 2% of Salt, Spices, Natural Flavors, Paprika), Mayonnaise (Soybean Oil, Whole Egg, Water, Egg Yolks, Distilled Vinegar, Contains less than 2% of Salt, Sugar, Lemon Juice Concentrate, Calcium Disodium EDTA (added to protect flavor), Natural Flavors), Celery, Sugar, Onion, Seasoning Salt (Salt, Sugar, Spices (Paprika and Turmeric), Onion, Cornstarch, Garlic, Tricalcium Phosphate, Paprika Oleoresin, Natural Flavor)), Croissant (Enriched Wheat Flour (Flour, Niacin, Thiamine Mononitrate, Iron, Riboflavin, Folic Acid), Water, Butter, Glucose-Fructose, Sugar, Yeast, Salt, Skim Milk Powder, Whole Dried Egg, Soy Flour, Calcium Sulfate, Diacetyl Tartaric Acid Esters of Mono and Diglycerides, Sodium Stearoyl Lactylate, Sunflower Oil, Enzymes, Wheat Starch, Natural Flavor), Lettuce.



Egg Salad on Wheat

Variable servings per of Serving size	ontainer 5oz (142g)
Amount per serving Calories	360
	6 Daily Value
Total Fat 20g	26%
Saturated Fat 4g	20%
Trans Fat 0.5g	
Cholesterol 165mg	55%
Sodium 420mg	18%
Total Carbohydrate 31g	11%
Dietary Fiber 0g	0%
Total Sugars 8g	
Includes 1g Added Suga	rs 2 %
Protein 12g	
Vitamin D 1mcg	6%
Calcium 55mg	4%
Iron 2mg	10%
Potassium 91mg	2%

INGREDIENTS: 100% Whole Wheat Bread (Whole Wheat Flour, Water, Sugar, Wheat Gluten, Raisin Juice Concentrate, Wheat Bran, Salt, Molasses, Soybean Oil, Cultured Dextrose and Maltodextrin, Mono- and Diglycerides, Calcium Sulfate, Citric Acid, Datem, Grain Vinegar, Soy Lecithin, Ethoxylated Mono- and Diglycerides, Whey, Nonfat Milk), Egg Salad (Eggs, Premium Salad Dressing (Soybean Oil, Water, Sugar, Distilled Vinegar, Corn Vinegar, Egg Yolks, Food Starch-Modified, Contains Less Than 2% Of Salt, Spices, Natural Flavors, Paprika), Mayonnaise (Soybean Oil, Whole Egg, Water, Egg Yolks, Distilled Vinegar, Contains Less Than 2% Of Salt, Sugar, Lemon Juice Concentrate, Calcium Disodium Edta Added To Protect Flavor, Natural Flavors), Celery, Sugar, Onion, Seasoning Salt), Lettuce.



Egg Salad on White

Variable servings per cor	ntainer
	oz (142g)
Amount per serving	
Calories	370
% [Daily Value*
Total Fat 20g	26%
Saturated Fat 4g	20%
Trans Fat 0.5g	
Cholesterol 165mg	55%
Sodium 440mg	19%
Total Carbohydrate 34g	12%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 1g Added Sugars	2%
Protein 11g	
Vitamin D 1mcg	6%
Calcium 28mg	2%
Iron 2mg	10%
Potassium 91mg	2%

INGREDIENTS: Country Buttermilk White Bread (Unbleached Enriched Wheat Flour(Flour, Malted Barley Flour, Reduced Iron, Niacin, Thiamin Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid), Buttermilk, Sugar, Yeast Soybean Oil, Salt, Cultured Cultured Dextrose and Maltodextrin, Mono- and Diglycerides, Calcium Sulfate, Citric Acid, Grain Vinegar, Soy Lecithin, Datem, Wheat Gluten), Egg Salad (Eggs, Premium Salad Dressing (Soybean Oil, Water, Sugar, Distilled Vinegar, Corn Vinegar, Egg Yolks, Food Starch-Modified, Contains Less Than 2% Of Salt, Spices, Natural Flavors, Paprika), Mayonnaise (Soybean Oil, Whole Egg, Water, Egg Yolks, Distilled Vinegar, Contains Less Than 2% Of Salt, Sugar, Lemon Juice Concentrate, Calcium Disodium EDTA Added To Protect Flavor, Natural Flavors), Celery, Sugar, Onion, Seasoning Salt (Salt, Sugar, Spices (Including Paprika and Turmeric), Onion, Cornstarch, Garlic, Tricalcium Phosphate, Paprika Oleoresin, Natural Flavor)), Lettuce, Butter (Cream, Salt).

CONTAINS: Wheat, Milk, Soy, and Egg.

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Greek Turkey Wrap

Variable servings per conf	tainer
Serving size 50	z (142g
Amount per serving	
Calories	140
% Da	aily Value
Total Fat 5g	6%
Saturated Fat 2.5g	139
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 590mg	269
Total Carbohydrate 15g	5%
Dietary Fiber 1g	49
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 13g	
Vitamin D 0mcg	09
Calcium 21mg	29
Iron 2mg	109
Potassium 146mg	49

INGREDIENTS: Harvest Wheat 100% Whole Wheat Wrap(Stone Ground Whole Wheat Flour, Water, Vital Wheat Gluten, Liquid Brown Sugar, Oat Fiber, Soy Flour, Contains less than 2% of each of the following: Soybean Oil, Prune Juice Concentrate, Sodium Acid Pyrophosphate, Baking Soda, Oats, Sunflower Seeds, Yeast, Potassium Sorbate & Sodium Propionate(added as preservatives), Caramel Color, Cellulose Gum, Millet, Fumaric Acid, Flax Seed, Salt, Guar Gum, Sea Salt, Cracked Wheat, Xanthan Gum, Lactic Acid, Carrageenan, Calcium Sulfate, Culture Wheat Starch, Annatto Color, Enzymes, L-Cysteine), Turkey Breast(Turkey Breast, Turkey Broth, Salt, Dextrose, Sodium Phosphates, Vegetable Oil), Tzatziki Sauce(Sauce Base [Water, Partially Hydrogenated Palm Kernel Oil, Buttermilk Powder, Corn Syrup, Sour Cream Stabilizer (Modified Food Starch, Sodium Phosphate, Sodium Citrate, Guar Gum, Carrageenan and Locust Bean Gum), Sodium Caseinate, Soy Mono- and Di-Glycerides, Salt, Potassium Sorbate, Sodium Citrate, Natural Flavor and Culture], Cucumber, Seasoning Mix [Salt, Dehydrated Garlic, Xanthan Gum, Stabilizer (Sugar, Corn Starch, Agar, Cream of Tartar, and Salt), Potassium Sorbate (added as a preservative)], Water, Vinegar, Soybean Oil, Garlic Powder, Lemon Juice Concentrate), Tomatoes, Spinach, Cucumber, Onion.

CONTAINS: Wheat, Milk, and Soy.



Grilled Panini Spinach

Variable servings p	er container
Serving size	5oz (142g)
Amount per serving	
Calories	430
	% Daily Value
Total Fat 9g	12%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 960mg	42%
Total Carbohydrate 74g	27%
Dietary Fiberg	%
Total Sugars 3g	
Includesg Added	Sugars%
Protein 14g	
Vitamin Dmcg	%
Calcium 153mg	10%
Iron 6mg	35%
Potassium 344mg	8%

INGREDIENTS: Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Canola Oil, Contains 2% or less of each of the following: Salt, Dextrose, Spinach Powder, Spinach Flakes, Natural Flavor, Preservatives (Calcium Propionate, Potassium Sorbate), Sodium Bicarbonate, Monoglycerides, Fumaric Acid, Sodium Aluminum Phosphate, Sodium Acid Pyrophosphate, Sodium Aluminum Sulfate, Carboxymethylcellulose, Soybean Oil, Enzymes, L-Cysteine Hydrocholoride, Yeast.



Grilled Panini Sun Dried Tomato

Nutrition Variable servings po	
Serving size	5oz (142g)
Amount per serving	400
Calories	420
	% Daily Value
Total Fat 9g	12%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 1390mg	60%
Total Carbohydrate 74g	27%
Dietary Fiberg	%
Total Sugars 3g	
Includes g Added S	Sugars%
Protein 13g	
Vitamin D 0mcg	0%
Calcium 132mg	10%
Iron 6mg	35%
Potassium 192mg	4%
"The % Daily Value tells you how serving of food contributes to a da day is used for general nutrition a	aily diet. 2,000 calories a

INGREDIENTS: Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Canola Oil, COntains 2% or less of each of the following: Salt, Dextrose, Spices, Wheat Flour, Sugar, Extractives of Paprika (added for color), Extractives of Annatto (added for color), Bell Pepper, Cornstarch, Tomato Powder, Dehydrated Garlic, Dehydrated Onion, Yeast, Sodium Bicarbonate, Fumaric Acid, SOdium Aluminum Phosphate, Preservatives (Calcium Propionate, Potassium Sorbate), Sodium Acid Pyrophosphate, Monoglycerides, Sodium Aluminum Sulfate, Carboxymethylcellulose, SOybean Oil, Enzymes, L-Cysteine Hydrocholoride.



Grilled Panini White

Variable servings per	container
Serving size	5oz (142g)
Amount per serving	
Calories	430
	% Daily Value*
Total Fat 10g	13%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 970mg	42%
Total Carbohydrate 74g	27%
Dietary Fiberg	%
Total Sugars 3g	
Includesg Added Su	gars%
Protein 13g	
Vitamin D 0mcg	0%
Calcium 127mg	10%
Iron 6mg	35%
Potassium 182mg	4%

INGREDIENTS: Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Canola Oil, Contains 2% or less of each of the following: Salt, Yeast, Dextrose, Sodium Bicarbonate, Fumaric Acid, Sodium Aluminum Phosphate, Preservatives (Calcium Propionate, Potassium Sorbate), Sodium Acid Pyrophosphate, Monoglycerides, Sodium Aluminum Sulfate, Carboxymethylcellulose, Soybean Oil, Enzymes, L-Cysteine Hydrocholoride.



Grilled Panini Whole Grain

Nutrition Variable servings per	
Serving size	5oz (142g)
Amount per serving	400
Calories	430
	% Daily Value*
Total Fat 10g	13%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 960mg	42%
Total Carbohydrate 76g	28%
Dietary Fiberg	%
Total Sugars 6g	
Includesg Added Su	gars%
Protein 14g	
Vitamin D 0mcg	0%
Calcium 136mg	10%
Iron 4mg	20%
Potassium 462mg	10%

INGREDIENTS: Whole Wheat Flour, Water, Canola Oil,
Contains 2% or less of each of the following: Dextrose, Salt,
Cracked Wheat, Whole Grain, Barley, Sugar, Whole Rye
Kernels, Oat Flakes, Millet, Whole Grain Brown Rice, Whole
Grain Yellow Corn Flour, Lactic Acid, Natural Flavors (contains
Wheat), Wheat Gluten, Honey, Preservatives (Calcium
Propionate, Potassium Sorbate), Sodium Bicarbonate,
Monoglycerides, Fumaric Acid, Sodium Aluminum Phosphate,
Sodium Acid Pyrophosphate, Enriched Wheat Flour (Wheat
Flour, Niacin, Reduced Iron, Thiamine Mononitrate,
Riboflavin, Folic Acid), Sodium Aluminum Sulfate,
Carboxymethylcellulose, Soybean Oil, Enzymes, L-Cysteine
Hydrocholoride.



Ham and Cheddar Pretzel Melt

Variable servings	per container
Serving size	5oz (142g)
Amount per serving	
Calories	390
	% Daily Value
Total Fat 15g	19%
Saturated Fat 8g	40%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 610mg	27%
Total Carbohydrate 44	ig 16 %
Dietary Fiberg	%
Total Sugars 4g	
Includes g Added	d Sugars%
Protein 20g	
Vitamin Dmcg	%
Calcium 250mg	20%
Iron 3mg	15%
Potassiummg	%

INGREDIENTS: Pretzel Bread (Enriched Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Unsalted Butter (Pasteurized Cream), Nonfat Dry Milk, Sugar, Yeast (Yeast, Sorbitan Monostearate, Ascorbic Acid), Salt, Wheat Flour, Malted Barley Flour, Ascorbic Acid, Soybean Oil, Enzymes, Black Forest Ham (Caramel colored Casing, cured with (Water, Honey, Salt, less than 2% of: Modified Food Starch, Dextrose, Vinegar, Sodium Phosphates, Sodium Nitrate, Sodium Erythorbate)), Cheddar Cheese (Pasteurized Cultured Milk, Salt, Enzymes), Water, Cream, Sodium Phosphates, Salt, Vegetable Color (Annatto and Paprika Extract Blend)), Poppy Seed Crumble (Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Unsalted Butter (Pasteurized Cream), Parmesan Cheese (Pasteurized Part-Skim Milk, Salt, Cheese Cultures, Enzymes), Poppy Seeds).

CONTAINS: Wheat, Soy, and Milk.



Ham and Cheese Croissant

Nutrition Variable servings per	
Serving size	2oz (57g)
	(3/
Amount per serving	420
Calories	120
	% Daily Value*
Total Fat 7g	9%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 380mg	17%
Total Carbohydrate 10g	4%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 0g Added Sug	gars 0%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 55mg	4%
Iron 1mg	6%
Potassium 13mg	0%

INGREDIENTS: Honey Ham (Pork cured with Water, Honey, Salt, Contains 2% or less of: Sugar, Potassium Lactate, Sodium Lactate, Sodium Phosphates, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite), Butter Croissant (Enriched Wheat Flour (Flour, Niacin, Thiamine Mononitrate, Iron, Riboflavin, Folic Acid), Water, Butter, Glucose-Fructose, Sugar, Yeast, Salt, Skim Milk Powder, Whole Dried Egg, Soy Flour, Calcium Sulfate, Diacetyl Tartaric Acid Esters of Mono and Diglycerides, Sodium Stearoyl Lactylate, Sunflower Oil, Enzymes, Wheat Starch, Natural Flavor), Co-Jack Cheese (Pasteurized Milk, Lactic Culture, Salt, Annatto Color, Enzymes), Lettuce.

CONTAINS: Wheat, Milk, Egg, and Soy.



Ham and Cheese Kaiser Roll

Variable servings per cont Serving size 2	ainer l oz (57g)
	02 (01g)
Amount per serving	440
Calories	110
% D	aily Value*
Total Fat 4g	5%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 410mg	18%
Total Carbohydrate 11g	4%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 7g	
Vitamin D 0mcg	0%
Calcium 54mg	4%
ron 1mg	6%
Potassium 32mg	0%

INGREDIENTS: Virginia Ham(Pork cured with Water, Salt, Dextrose, Contains 1.5% or less of Potassium Lactate, Sodium Lactate, Sodium Phosphates, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite), Enriched Flour(Bleached Wheat Flour Enriched(Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Malted Barley Flour, Potassium Bromate), Water, Lettuce, Co-Jack Cheese(Pasteurized Milk, Lactic Culture, Salt, Annatto Color, Enzymes), Bread Base(Dextrose, Soybean Oil, Sugar, Salt, Mono and Diglycerides, Corn Starch, Soy Flour, Contains 2% or less of: Calcium Stearoyl Lactylate, Monocalcium Phosphate, Ascorbic Acid, Enzymes), Baker's Yeast).

CONTAINS: Wheat, Milk, and Soy.



Ham and Cheese Sub

Variable servings per co Serving size	ontainer 5 oz (142g)
Amount per serving Calories	240
	Daily Value
Total Fat 8g	10%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 910mg	40%
Total Carbohydrate 27g	10%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 0g Added Sugar	s 0%
Protein 15g	
Vitamin D 0mcg	0%
Calcium 119mg	10%
Iron 2mg	10%
Potassium 70mg	2%

INGREDIENTS: Sub Roll (Unbleached Untreated Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sea Salt, Yeast, Malted Barley Flour), Virginia Ham (Pork cured with Water, Salt, Dextrose, Contains 1.5% or less of: Potassium Lactate, Sodium Lactate, Sodium Phosphates, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrate), Co-Jack Cheese (Pasteurized Milk, Lactic Culture, Salt, Annatto Color, Enzymes), Tomato, Lettuce.

CONTAINS: Wheat and Milk.



Ham and Co-Jack on Wheat Sandwich

Variable servings per	r container
Serving size	5oz (142g)
Amount per serving	
Calories	300
	% Daily Value
Total Fat 12g	15%
Saturated Fat 5g	25%
Trans Fat 0.5g	
Cholesterol 35mg	12%
Sodium 930mg	40%
Total Carbohydrate 28g	10%
Dietary Fiber 0g	0%
Total Sugars 6g	
Includes 0g Added Su	igars 0%
Protein 18g	
Vitamin D 0mcg	0%
Calcium 126mg	10%
Iron 2mg	10%
Potassium 29mg	0%

INGREDIENTS: 100% Whole Wheat Bread(Whole Wheat Flour, Water, Sugar, Wheat Gluten, Yeast, Raisin Juice Concentrate, Wheat Bran, Molasses, Soybean Oil, Salt, Monoglycerides, Calcium Propionate, Calcium Sulfate, DATEM, Grain Vinegar, Citric Acid, Soy Lecithin, Whey, Soy Flour, Nonfat Milk), Virginia Ham(Pork cured with Water, Salt, Dextrose, Contains 1.5% or less of: Potassium Lactate, Sodium Lactate, Sodium Phosphates, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrate), Lettuce, Co-Jack Cheese(Pasteurized Milk, Lactic Culture, Salt, Annatto Color, Enzymes).

CONTAINS: Wheat, Milk, and Soy.

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Ham and Co-Jack on White Sandwich

Variable servings p	
Serving size	5oz (142g)
Amount per serving	
Calories	340
	% Daily Value
Total Fat 15g	19%
Saturated Fat 6g	30%
Trans Fat 0.5g	
Cholesterol 40mg	13%
Sodium 1020mg	44%
Total Carbohydrate 32g	12%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added	Sugars 0%
Protein 18g	
Vitamin D 0mcg	0%
Calcium 142mg	10%
Iron 2mg	10%
Potassium 16mg	0%

INGREDIENTS: Country Buttermilk White Bread(Unbleached Enriched Wheat Flour(Flour, Malted Barley Flour, Reduced Iron, Niacin, Thiamin Mononitrate(Vitamin B1), Riboflavin (Vitamin B2), Folic Acid), Buttermilk, Sugar, Yeast Soybean Oil, Salt, Water, Wheat Gluten, Calcium Propionate(preservative), Monoglycerides, Calcium Sulfate, Citric Acid, Soy Lecithin, Calcium Carbonate, DATEM), Virginia Ham(Pork cured with Water, Salt, Dextrose, Contains 1.5% or less of:Potassium Lactate, Sodium Lactate, Sodium Phosphates, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrate), Co-Jack Cheese(Pasteurized Milk, Lactic Culture, Salt, Annatto Color, Enzymes), Lettuce.

CONTAINS: Wheat, Milk, and Soy.



Ham and Turkey Wrap

Variable servings p	er container
Serving size	5oz (142g
Amount per serving	
Calories	320
	% Daily Value
Total Fat 20g	26%
Saturated Fat 9g	45%
Trans Fat 0g	
Cholesterol 70mg	23%
Sodium 1130mg	49%
Total Carbohydrate 16g	6%
Dietary Fiber 0g	0%
Total Sugars 4g	
Includes 0g Added 8	Sugars 0%
Protein 19g	
Vitamin D 0mcg	0%
Calcium 187mg	159
Iron 2mg	10%
Potassium 40mg	0%

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INGREDIENTS: Multi Grain Wrap(Water,Oat Fiber,Whole Wheat Flour, Vital Wheat Gluten, Soy Flour High Fructose Corn Syrup, Oats, Sunflower Seeds, Millet, Cracked Flax Seeds Extra Virgin Olive Oil, Contains less than 2% of each of the following: Brown Rice Flour, Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch Monocalcium Phosphate), Guar Gum, Citric Acid, L-Cysteine, Sea Salt, Cracked Wheat, Lactic Acid, Cultured Wheat Starch, Sorbic Acid, Calcium Propionate (added to maintain freshness), Dill Dip(Sour Cream, Cultured Sour Cream, Skim Milk, Cream, Grade A Whey, Food Starch Modified Guar Gum, Sodium Phosphate, Carrageenan, Sodium Citrate, Potassium Sorbate, Locust Bean Gum Enzymes), Mayonnaise(Soybean Oil, Whole Eggs And Egg Yolks, Water, Vinegar, Salt, Sugar, Lemon Juice, Natural Flavors, Calcium Disodium EDTA, Dill Weed), Ranch Dressing(Salt, Maltodextrin, Onion, Garlic, Spices, Dextrose, Disodium Insonate, Disodium Guanylate, Xanthan Gum, Autolyzed Yeast Extract, Buttermilk, Turmeric(color)), Oven Browned Turkey (Turkey Breast, Turkey Broth, Salt, Dextrose, Sodium Phosphates, browned in Soybean Oil), Honey Ham(Pork cured with Water, Honey, Salt, Contains 2% or less of: Sugar, Potassium Lactate, Sodium Lactate, Sodium Phosphates, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite), Co-Jack Cheese(Pasteurized Milk, Cheese Culture, Salt, Enzymes, and Annato Color (Vegetable Color)), Lettuce.

CONTAINS: Wheat, Milk, and Soy.



Ham Spread Croissant

Variable servings pe	r container
Serving size	2oz (57g)
Amount per serving Calories	160
	% Daily Value
Total Fat 12g	15%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 390mg	17%
Total Carbohydrate 10g	4%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 0g Added S	ugars 0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 1mg	6%
Potassium 3mg	0%

INGREDIENTS: Croissant (Enriched Wheat Flour (Flour, Niacin, Thiamine Mononitrate, Iron, Riboflavin, Folic Acid), Water, Butter, Glucose-Fructose, Sugar, Yeast, Salt, Skim Milk Powder, Whole Dried Egg, Soy Flour, Calcium Sulfate, Diacetyl Tartaric Acid Esters of Mono and Diglycerides, Sodium Stearoyl Lactylate, Sunflower Oil, Enzymes, Wheat Starch, Natural Flavor), Hormel Cooked Ham (cured with Water, Salt, Sugar, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrate), Premium Salad Dressing (Soybean Oil, Water, Sugar, Distilled Vinegar, Corn Vinegar, Egg Yolks, Food Starch-Modified, Contains Less Than 2% of Salt, Spices, Natural Flavors, Paprika), Mayonnaise (Soybean Oil, Whole Egg, Water, Egg Yolks, Distilled Vinegar, Contains less than 2% of Salt, Sugar, Lemon Juice Concentrate, Calcium Disodium EDTA (added to protect flavor), Natural Flavors), Sweet Pickle Relish (Cucumbers, High Fructose Corn Syrup, Corn Syrup, Vinegar, Salt, Dehydrated Red Pepper, Spices, Xanthan Gum, Calcium Chloride, Potassium Sorbate (added as a preservative), Alum, Turmeric (added for color), Natural Flavors, Polysorbate 80), Celery, Sugar, Onion, Lettuce.

CONTAINS: Wheat, Milk, Egg, and Soy.



Ham Spread on Wheat

Nutrition	
Variable servings per	
Serving size	5oz (142g
Amount per serving	0.50
Calories	350
	% Daily Value
Total Fat 19g	24%
Saturated Fat 3.5g	18%
Trans Fat 0.5g	
Cholesterol 30mg	10%
Sodium 760mg	33%
Total Carbohydrate 31g	11%
Dietary Fiber 0g	0%
Total Sugars 8g	
Includes 1g Added Sug	gars 2 %
Protein 13g	
Vitamin D 0mcg	0%
Calcium 35mg	2%
Iron 2mg	10%
Potassium 37mg	0%

INGREDIENTS: Whole Wheat Bread(Whole Wheat Flour, Water, Sugar, Wheat Gluten, Yeast, Raisin Juice Concentrate, Wheat Bran, Molasses, Soybean Oil, Salt, Monoglycerides, Calcium Propionate, Calcium Sulfate, Datem, Grain Vinegar, Citric Acid, Soy Lecithin, Whey, Soy Flour, Nonfat Milk), Hormel Cooked Ham (cured With Water, Salt, Sugar, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite), Premium Salad Dressing (Soybean Oil, Water, Sugar, Distilled Vinegar, Corn Vinegar, Egg Yolks, Food Starch-Modified, Contains Less Than 2% Of Salt, Spices, Natural Flavors, Paprika), Mayonnaise (Soybean Oil, Whole Egg, Water, Egg Yolks, Distilled Vinegar, Contains Less Than 2% Of Salt, Sugar, Lemon Juice Concentrate, Calcium Disodium EDTA (added to protect flavor), Natural Flavors), Sweet Pickle Relish (Cucumbers, High Fructose Corn Syrup, Corn Syrup, Vinegar, Salt, Dehydrated Red Pepper, Spices, Xanthan Gum, Calcium Chloride, Potassium Sorbate (added as a preservative), Alum, Turmeric(added for color), Natural Flavors, Polysorbate 80), Celery, Sugar, Dehydrated Onion, may contain Maraschino Cherries (Cherries, Water, High Fructose Corn Syrup, Corn Syrup, and/or Sugar, Citric Acid, Natural and Artificial Flavor, Sodium Benzoate and Potassium Sorbate (added as preservatives), FD&C Red 40, Sulfur Dioxide).

CONTAINS: Wheat, Milk, Egg, and Soy.

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Ham Spread on White

Nutrition Variable servings per	
Serving size	5oz (142g)
Amount per serving	
Calories	360
	% Daily Value*
Total Fat 20g	26%
Saturated Fat 3.5g	18%
Trans Fat 0.5g	
Cholesterol 30mg	10%
Sodium 790mg	34%
Total Carbohydrate 34g	12%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 1g Added Sug	gars 2%
Protein 11g	
Vitamin D 0mcg	0%
Calcium 7mg	0%
Iron 2mg	10%
Potassium 37mg	0%

INGREDIENTS: Country Buttermilk White Bread (Unbleached Enriched Wheat Flour (Flour, Malted Barley Flour, Reduced Iron, Niacin, Thiamin Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid), Buttermilk, Sugar, Yeast Soybean Oil, Salt, Water, Wheat Gluten, Calcium Propionate (added as a preservative), Monoglycerides, Calcium Sulfate, Citric Acid, Soy Lecithin, Calcium Carbonate, DATEM), Hormel Cooked Ham (cured With Water, Salt, Sugar, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite), Premium Salad Dressing (Soybean Oil, Water, Sugar, Distilled Vinegar, Corn Vinegar, Egg Yolks, Food Starch-Modified, Contains Less Than 2% Of Salt, Spices, Natural Flavors, Paprika), Mayonnaise (Soybean Oil, Whole Egg, Water, Egg Yolks, Distilled Vinegar, Contains Less Than 2% Of Salt, Sugar, Lemon Juice Concentrate, Calcium Disodium EDTA (added to protect flavor), Natural Flavors), Sweet Pickle Relish (Cucumbers, High Fructose Corn Syrup, Corn Syrup, Vinegar, Salt, Dehydrated Red Pepper, Spices, Xanthan Gum, Calcium Chloride, Potassium Sorbate (added as a preservative), Alum, Turmeric(added for color), Natural Flavors, Polysorbate 80), Celery, Sugar, Dehydrated Onion, may contain Maraschino Cherries (Cherries, Water, High Fructose Corn Syrup, Corn Syrup, and/or Sugar, Citric Acid, Natural and Artificial Flavor, Sodium Benzoate and Potassium Sorbate (added as preservatives), FD&C Red 40, Sulfur Dioxide).

CONTAINS: Wheat, Milk, Egg, and Soy.

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Ham Wrap

Variable servings per cont	ainer
	z (142g
Amount per serving	
Calories	340
% Da	ily Value
Total Fat 22g	289
Saturated Fat 10g	509
Trans Fat 0g	
Cholesterol 70mg	239
Sodium 1160mg	509
Total Carbohydrate 17g	69
Dietary Fiber 0g	09
Total Sugars 5g	
Includes 0g Added Sugars	09
Protein 19g	
Vitamin D 0mcg	09
Calcium 187mg	159
Iron 1mg	69
Potassium 40mg	00

INGREDIENTS: Honey Ham(Pork cured with Water, Honey, Salt, Contains 2% or less of: Sugar, Potassium Lactate, Sodium Lactate, Sodium Phosphates, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite), Flat-out Original Flatbread (Enriched Unbleached and Unbromated Flour(Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vital Wheat Gluten, Liquid Brown Sugar, Oat Fiber, Soy Flour, Contains less than 2% of each of the following: Soybean Oil, Prune Juice Concentrate, Sodium Acid Pyrophosphate, Baking Soda, Wheat Protein Isolate, Yeast, Potassium Sorbate and Sodium Propionate (added as preservatives), Cellulose Gum, Fumaric Acid, Salt, Guar Gum, Calcium Sulfate, Carrageenan, Xanthan Gum, Annatto Color, Enzymes, L-Cysteine.), Thick Dill Spread, Deli(Cream Cheese(Pasteurized Milk and Cream, Cheese Cultures, Salt, Stabilizers[Carob Bean and/or Xanthan and/or Guar Gums]), Sour Cream (Cultured Sour Cream, [Non-Fat Milk], Cream, Grade A Whey, Corn-Starch Modified, Sodium Phosphate, Guar Gum, Carrageenan, Sodium Citrate, Locust Bean Gum], Potassium Sorbate[added as a preservative]), Mayonnaise(Soybean Oil, Whole Egg, Water, Egg Yolks, Distilled Vinegar, Contains less than 2% of Salt, Sugar, Lemon Juice Concentrate, Calcium Disodium EDTA (added to protect flavor), Natural Flavors), Dry Ranch Dressing Mix(Salt, Maltodextrin, Onion, Garlic, Spices, Dextrose, Disodium Inosinate, Disodium Guanylate, Xanthan Gum, Autolyzed Yeast Extract, Buttermilk, Turmeric (color)), Dill), Co-Jack Cheese(Pasteurized Milk, Lactic Culture, Salt, Annatto Color, Enzymes), Lettuce.

CONTAINS: Wheat, Milk, Egg, and Soy.

day is used for general nutrition advice.



Italian Sub

Variable servings per co	
Serving size 5	ioz (142g
Amount per serving	
Calories	310
%	Daily Value
Total Fat 16g	21%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 970mg	429
Total Carbohydrate 25g	9%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 0g Added Sugars	s 0 %
Protein 18g	
Vitamin D 0mcg	0%
Calcium 151mg	10%
Iron 2mg	10%
Potassium 151mg	49

INGREDIENTS: Sub Roll (Unbleached Untreated Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sea Salt, Yeast, Malted Barley Flour), Virginia Ham (Pork cured with Water, Salt, Dextrose, Contains 1.5% or less of: Potassium Lactate, Sodium Lactate, Sodium Phosphates, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrate), Provolone Cheese(Cultured Pasteurized Milk, Enzymes, Salt), Sliced Hard Salami(Pork, Beef, Salt, Dextrose, Spices, Lactic Acid Starter Culture, Sodium Ascorbate, Natural Smoke Flavor, Flavoring, Sodium Nitrite, BHA, BHT, Citric Acid), Sliced Pepperoni(Pork and Beef, Salt, Spices, Dextrose, Lactic Acid Starter Culture, Oleoresin of Paprika, Flavorings, Sodium Ascorbate, Sodium Nitrite, BHA, BHT, Citric Acid), Lettuce, Ham (cured with Water, Salt, Sugar, Sodium Lactate, Sodium Phosphate, Sodium Diacetate, Sodium Erythorbate, Sodium Lactate, Sodium Diacetate, Sodium Nitrite, coated with Dextrose, Flavoring and Oleoresin of Paprika).

CONTAINS: Wheat and Milk.



King Krab Salad on Wheat

Variable servings per co	ntainer
Serving size 5	oz (142g
Amount per serving	
Calories	330
% (Daily Value
Total Fat 16g	21%
Saturated Fat 4g	20%
Trans Fat 0.5g	
Cholesterol 20mg	7%
Sodium 590mg	26%
Total Carbohydrate 34g	12%
Dietary Fiber 0g	0%
Total Sugars 7g	
Includes 0g Added Sugars	0%
Protein 10g	
Vitamin D 0mcg	0%
Calcium 59mg	4%
Iron 2mg	10%
Potassium 60mg	29

INGREDIENTS: Whole Wheat Bread (Whole Wheat Flour, Water, Sugar, Wheat Gluten, Yeast, Raisin Juice Concentrate, Wheat Bran, Molasses, Soybean Oil, Salt, Monoglycerides, Calcium Propionate, Calcium Sulfate, Datem, Grain Vinegar, Citric Acid, Soy Lecithin, Whey, Soy Flour, Nonfat Milk), King Krab Salad (Imitation Crab (Pollock, Water, Snow Crabmeat, Sugar, Sorbitol, Wheat Starch, Potato Starch, Corn Starch, Mirin Wine (Sake, Sugar, Salt, Water, Yeast Extract), Contains 2% or less of the following: Natural and Artificial Crab Flavor, Egg Whites, Salt, Calcium Carbonate, Modified Food Starch, Soy Protein Isolate, Soybean Oil, Sodium Tripolyphosphate, Tetrasodium Pyrophosphate, Maltodextrin, Hydrolyzed Corn and Soy Protein, Dosidum Guanylate, Disodium Inosinate, Sodium Succinate, Paprika Oleoresin, Carmine, Soy Lecithin, Color added), Sour Cream (Cultured Sour Cream, [Non-Fat Milk], Cream, Grade A Whey, Corn-Starch-Modified, Sodium Phosphate, Guar Gum, Carrageenan, Sodium Citrate, Locust Bean Gum], Potassium Sorbate [preservative]), Mayonnaise (Soybean Oil, Whole Egg, Water, Egg Yolks, Distilled Vinegar, contains less than 2% of Salt, Sugar, Lemon Juice Concentrate, Calcium Disodium EDTA (added to protect flavor), Natural Flavors), Celery, Onion), Lettuce.

CONTAINS: Wheat, Milk, Eggs, Soy, Fish, and Shellfish.



King Krab Salad on White

Variable servings	oer container
Serving size	5oz (142g
Amount per serving	
Calories	340
	% Daily Value
Total Fat 17g	229
Saturated Fat 4g	20%
Trans Fat 0.5g	
Cholesterol 20mg	7%
Sodium 620mg	279
Total Carbohydrate 37	g 13 %
Dietary Fiber 0g	09
Total Sugars 2g	
Includes 0g Added	Sugars 09
Protein 8g	
Vitamin D 0mcg	09
Calcium 31mg	2%
Iron 2mg	109
Potassium 60mg	2%

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INGREDIENTS: Country Buttermilk White Bread (Unbleached Enriched Wheat Flour(Flour, Malted Barley Flour, Reduced Iron, Niacin, Thiamin Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid), Buttermilk, Sugar, Yeast Soybean Oil, Salt, Water, Wheat Gluten, Calcium Propionate (preservative), Monoglycerides, Calcium Sulfate, Citric Acid, Soy Lecithin, Calcium Carbonate, Datem), King Krab Salad (Imitation Crab (Pollock, Water, Snow Crabmeat, Sugar, Sorbitol, Wheat Starch, Potato Starch, Corn Starch, Mirin Wine (Sake, Sugar, Salt, Water, Yeast Extract), Contains 2% or less of the following: Natural and Artificial Crab Flavor, Egg Whites, Salt, Calcium Carbonate, Modified Food Starch, Soy Protein Isolate, Soybean Oil, Sodium Tripolyphosphate, Tetrasodium Pyrophosphate, Maltodextrin, Hydrolyzed Corn and Soy Protein, Dosidum Guanylate, Disodium Inosinate, Sodium Succinate, Paprika Oleoresin, Carmine, Soy Lecithin, Color added), Sour Cream (Cultured Sour Cream, [Non-Fat Milk], Cream, Grade A Whey, Corn-Starch-Modified, Sodium Phosphate, Guar Gum, Carrageenan, Sodium Citrate, Locust Bean Gum], Potassium Sorbate [preservative]), Mayonnaise (Soybean Oil, Whole Egg, Water, Egg Yolks, Distilled Vinegar, contains less than 2% of Salt, Sugar, Lemon Juice Concentrate, Calcium Disodium EDTA (added to protect flavor), Natural Flavors), Celery, Onion), Lettuce.

CONTAINS: Wheat, Milk, Eggs, Soy, Fish, and Shellfish.



Meatloaf on Wheat

Variable servings p Serving size	er container 5oz (142g)
Amount per serving	002 (1429)
Calories	380
	% Daily Value
Total Fat 19g	24%
Saturated Fat 6g	30%
Trans Fat 1g	
Cholesterol 65mg	22%
Sodium 740mg	32%
Total Carbohydrate 29g	11%
Dietary Fiber 0g	0%
Total Sugars 6g	
Includes 0g Added 8	Sugars 0%
Protein 21g	
Vitamin D 0mcg	0%
Calcium 60mg	4%
Iron 3mg	15%
Potassium 274mg	6%

INGREDIENTS: Moms Meatloaf(Beef, Pork, Milk, Eggs, Crackers (Enriched Flour(Niacin, Reduced Iron, Thiaminie Mononitrate, Riboflavin, Folic Acid), Vegetable Oil(Soybean, Canola, and/or Palm), Citric Acid & TBHQ, Salt, Sodium Bicarbonate, Enzymes, Malted Barley Flour, Sodium Sulfite), Onion, Seasoning (Salt, Spices, Sugar), Ketchup(Tomato Concentrate, High Fructose Corn Syrup, Vinegar, Corn Syrup, Salt, Onion Powder, Spice, Natural Flavors)), 100% Whole Wheat Bread (Whole Wheat Flour, Water, Sugar, Wheat Gluten, Yeast, Raisin Juice Concentrate, Wheat Bran, Molasses, Soybean Oil, Salt, Monoglycerides, Calcium Propionate, Calcium Sulfate, Datem, Grain Vinegar, Citric Acid, Soy Lecithin, Whey, Soy Flour, Nonfat Milk), Lettuce.

CONTAINS: Wheat, Milk, Eggs, and Soy.



Meatloaf on White

Nutrition F	
Variable servings per of Serving size	ontainer 5oz (142g)
Amount per serving Calories	390
9	6 Daily Value
Total Fat 19g	24%
Saturated Fat 6g	30%
Trans Fat 1g	
Cholesterol 65mg	22%
Sodium 770mg	33%
Total Carbohydrate 32g	12%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Suga	ars 0%
Protein 20g	
Vitamin D 0mcg	0%
Calcium 35mg	2%
Iron 3mg	15%
Potassium 274mg	6%
*The % Daily Value tells you how much serving of food contributes to a daily did day is used for general nutrition advice	a nutrient in a et. 2,000 calories a

INGREDIENTS: Moms Meatloaf(Beef, Pork, Milk, Eggs, Crackers (Enriched Flour(Niacin, Reduced Iron, Thiaminie Mononitrate, Riboflavin, Folic Acid), Vegetable Oil(Soybean, Canola, and/or Palm), Citric Acid & TBHQ, Salt, Sodium Bicarbonate, Enzymes, Malted Barley Flour, Sodium Sulfite), Onion, Seasoning (Salt, Spices, Sugar), Ketchup(Tomato Concentrate, High Fructose Corn Syrup, Vinegar, Corn Syrup, Salt, Onion Powder, Spice, Natural Flavors)), Country Buttermilk White Bread (Unbleached Enriched Wheat Flour(Flour, Malted Barley Flour, Reduced Iron, Niacin, Thiamin Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid), Buttermilk, Sugar, Yeast Soybean Oil, Salt, Water, Wheat Gluten, Calcium Propionate (added as a preservative), Monoglycerides, Calcium Sulfate, Citric Acid, Soy Lecithin, Calcium Carbonate, Datem), Lettuce.

CONTAINS: Wheat, Milk, Eggs, and Soy.



Mediterranean Wrap

Variable servings per cor	ntainer
	oz (142g)
Amount per serving	
Calories	340
% [Daily Value
Total Fat 21g	27%
Saturated Fat 8g	40%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 910mg	40%
Total Carbohydrate 27g	10%
Dietary Fiberg	%
Total Sugars 4g	
Includes g Added Sugars	%
Protein 8g	
Vitamin D 0mcg	0%
Calcium 163mg	15%
Iron 2mg	10%
Potassium 141mg	4%

Gluconate), Basil.

Natural Flavor, Canola Oil, Yellow 6, Silicon Dioxide (anti-caking agent)), Salt, Mono and Diglycerides, Dextrose, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate, Sodium Aluminum Sulfate), Fumaric Acid, Yeast, Preservatives (Clacium Propionate, and Potassium Sorbate), Corn Starch, Carboxymethyl Cellulose Gum, Xanthan Gum, Enzymes (Wheat Starch, Microcrystalline Cellulose), Dough Conditioner (Sodium Metabisulfite)), Black Olives (California Olives, Water, Salt, Ferrous Gluconate (iron derivative)), Roasted REd Tomatoes (Tomatoes, expeller pressed non-GMO Canola Oil, Extra Virgin Olive Oil, Garlic, Organic Vinegar, Salt, Spices), Feta Cheese Crumble (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Powdered Cellulose (added to prevent caking), Natamyacin (added to protect flavor)), Spinach, Guacamole (Hass Avocado, Distilled Vinegar, Contains 25 or less of Water, Jalapeno Peppers, Salt, Dehydrated Onion, Granulated Garlic), Cream Cheese (Pasturized Milk and Cream, Cheese Culture, Salt, Satbilizers (Carob Bean and/or Xanthan and/or Guar Gums)), Greek Vinaigrette (Soybean Oil, Extra Virgin Olive Oil, Water, Feta Cheese Milk, Cheese Cultures, Enzymes, Salt, Distilled Vinegar, Contains 2% or less of each of the following: Salt, Black Olives, Onion Powder, Garlic Powder, High Fructose Corn Syrup, Potassium Chloride, Spice, Hydrolyzed Soy Protein, Lemon Juice Concentrate, Xanthan Gum, Potassium Sorbate, Calcium Disodium EDTA, and Sodium Benzoate (used to protect quality), Propylene Glycol Alginate, Natural Flavor, Ferrous

INGREDIENTS: Tomato Basil Flour Tortilla (Enriched Bleached Wheat Flour (Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Shortening (Interesterified Soybean Oil, Fully Hydrogenated Soybean Oil), Contains 2% or less of the following: Tomato Basil Seasoning (Tomato Powder, Dehydrated Tomato Basil, Sugar, Onion Powder,

Maltodextrin, Yeast Extract, Garlic Powder, Citric Acid, Modified Food Starch,

CONTAINS: Wheat, Milk, and Soy.



Mexican Style Wrap

Variable servings p	
Serving size	5oz (142g)
Amount per serving	
Calories	310
	% Daily Value*
Total Fat 15g	19%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 55mg	18%
Sodiummg	%
Total Carbohydrate 28g	g 10%
Dietary Fiberg	%
Total Sugars 3g	
Includes -g Added	Sugars%
Protein 18g	
Vitamin D 0mcg	0%
Calcium 228mg	20%
Iron 2mg	10%
Potassium 0mg	0%

INGREDIENTS: Tortilla (Enriched Bleached Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Shortening (Interesterified and Hydrogenated Soybean Oils), COntains 2% or less of: Salt, Baking Soda, Sodium Acid Pyrophosphate, Distilled Monoglycerides, Enzymes, Vital Wheat Gluten, Cellulose Gum, Fumaric Acid, Calcium Propionate, Sorbic Acid (added to maintain freshness)), Pulled Chicken Breast (Chicken Breast with Rib Meat (without antibiotics), Water, Contains 2% or less of Salt, Vinegar, Sugar, Yeast Extract, Citrus Extract), Black Bean Salsa (Diced Tomatoes, Red Onion, Cilantro, Jalapeno, Lime Juice, Roasted Garlic (Garlic, Water, Phosphoric Acid), Salt (Salt, Calcium Silicate, Dextrose, Potassium Iodine)), Fiesta Taco Dip (Mayonnaise (Soybean Oil, Whole Eggs, Egg Yolks, Vinegar, Water, Salt, Sugar, Lemon Juice (from concentrate), Natural Flavors), Sour Cream (Cultured Cream, Skim Milk, Modified Corn Starch, Lactic and Citric Acid, Gelatin, Mono and Diglycerides, Potassium Sorbate (added as a preservative), Disodium Phosphate, Natural Flavor, Locust Bean Gum), Water, Tomato Paste, Modified Corn Starch, Dehydrated Onion, Salt, Black Pepper, Cayenne Pepper, Citric Acid, Cumin, Garlic Powder, Onion Powder, Sodium Benzoate (added as a preservative), Xanthan Gum, Guar Gums), Cheddar Cheese (Pasturized Milk, Cheese Cultures, Salt, Enzymes, Color added, Potato Starch, Powdered Cellulose (added to prevent caking), Natamycin (natural mold inhibitor)), Lettuce.

CONTAINS: Eggs, Milk, Wheat, and Soy.



Pastrami and Swiss on Rye

Nutrition Variable servings per	
Serving size	5oz (142g)
Amount per serving	
Calories	320
	% Daily Value*
Total Fat 13g	17%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 910mg	40%
Total Carbohydrate 23g	8%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sug	gars 0%
Protein 24g	
Vitamin D 0mcg	0%
Calcium 195mg	15%
Iron 2mg	10%
Potassium 29mg	0%

INGREDIENTS: Beef Pastrami (coated with (Spices, Caramel Color, Dextrose, and Garlic Powder), cured with Water), Seasonings (Salt, Sugar, Garlic Powder), Potassium Lactate, Sodium Lactate, Sodium Phosphates, Salt, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite), Swiss Cheese (Cultured Pasteurized Milk, Enzymes, Salt, and Calcium Chloride), Water, Rye Bread Base (Wheat Flour, Rye Flour, Soy Oil, Salt, Contains 2% or less of each of the following: Sugar, Calcium Stearoyl Lactylate (CSL), Acetic Acid, Lactic Acid, Spices), Flour, (Bleached, Enriched), Baker's Yeast, All Purpose Shortening (Partially Hydrogenated Soybean and Cottonseed Oils).

CONTAINS: Wheat, Soy, and Milk.



Peanut Butter and Jelly on Wheat

Variable servings	
Serving size	5oz (142g
Amount per serving	
Calories	470
	% Daily Value
Total Fat 19g	24%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 450mg	20%
Total Carbohydrate 57	g 21 %
Dietary Fiberg	%
Total Sugars 18g	
Includes g Added	Sugars%
Protein 17g	
Vitamin Dmcg	%
Calcium 52mg	4%
Iron 3mg	15%
Potassiummg	%

INGREDIENTS: Whole Wheat Bread (Whole Wheat Flour, Water, Sugar, Wheat Gluten, Yeast, Raisin Juice Concentrate, Wheat Bran, Salt, Molasses, Soybean Oil, Monoglycerides, Calcium Propionate, Calcium Sulfate, Ethoxlyated Mono and Diglycerides, Grain Vinegar, Citric Acid, Soy Lecithin, Datem, Whey, Nonfat Milk), Creamy Peanut Butter (Roasted Peanuts, Sugar, 2 Percent Or Less Of Molasses, Partially Hydrogenated Vegetable Oil,(Soybean) Fully Hydrogenated Vegetable Oils(Rapeseed And Soybean) Mono-And Digycerides And Salt), Grape Jelly(Concord Grapes, Corn Syrup, High Fructose Corn Syrup, Fruit Pectin, Citric Acid, Sodium Citrate).

CONTAINS: Wheat, Soy, and Peanuts.



Peanut Butter and Jelly on White

Variable servings per c	
Serving size	5oz (142g
Amount per serving	
Calories	480
%	6 Daily Value
Total Fat 20g	26%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 500mg	22%
Total Carbohydrate 60g	22%
Dietary Fiber 2g	79
Total Sugars 9g	
Includes g Added Suga	ars9
Protein 16g	
Vitamin D 0mcg	0%
Calcium 16mg	29
Iron 3mg	15%
Potassium 187mg	49

INGREDIENTS: Buttermilk White Bread (Unbleached Enriched Wheat Flour (Flour, Malted Barley Flour, Reduced Iron, Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid), Buttermilk, Sugar, Soybean Oil, Yeast, Salt, Monoglycerides, Calcium Propionate, Calcium Sulfate, Grain Vinegar, Citric Acid, Soy Lecithin, Datem, Wheat Gluten), Creamy Peanut Butter (Roasted Peanuts, Sugar, 2 Percent Or Less Of Molasses, Partially Hydrogenated Vegetable Oil,(Soybean) Fully Hydrogenated Vegetable Oils(Rapeseed And Soybean) Mono-And Digycerides And Salt), Grape Jelly(Concord Grapes, Corn Syrup, High Fructose Corn Syrup, Fruit Pectin, Citric Acid, Sodium Citrate).

CONTAINS: Wheat, Soy, and Peanuts.



Pepperoni and Cheese Pretzel Melt

Variable servings	per container
Serving size	5oz (142g
Amount per serving	
Calories	420
	% Daily Value
Total Fat 20g	269
Saturated Fat 10g	509
Trans Fat 0g	
Cholesterol 50mg	179
Sodium 920mg	409
Total Carbohydrate 4	8g 17 9
Dietary Fiberg	9
Total Sugars 5g	
Includesg Adde	d Sugars
Protein 15g	
Vitamin Dmcg	9
Calcium 300mg	259
Iron 3mg	159
Potassiummg	9

INGREDIENTS: Pretzel Bread (Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitarte, Riboflavin, Folic Acid)), Water, Unsalted Butter (Pasteurized Cream), Nonfat Dry Milk, Sugar, Yeast (Yeast, Sorbitan Monostearate, Ascorbic Acid), Natural Garlic Butter Flavor (Sunflower Oil, Natural Flavor, Natural Tocopherols), Salt, Mozzarella Cheese (Pasteurized Part Skim Milk, Cultures, Salt, Enzymes), Water, Cream, Sodium Phosphates, Salt, Lactic Acid, Sorbic Acid (added as a preservative), Pizza Sauce Filling (Tomatoes, Salt, Basil, Tomato Sauce (Tomatoes, Salt, Dehydrated Onions, Dehydrated Garlic, Spices, Natural Flavorings, Sweet Bell Pepper, Citric Acid), Sugar, Oregano, Corn Starch, Parsley, Onion Powder, Basil), Pepperoni (Pork, Beef, Salt, Dextrose, Spices, Lactic Acid Starter Culture, Oleoresin of Paprika, Dehydrated Garlic, Sodium Nitrate, BHA, BHT with Citric Acid (added to help protect flavor)), Topping (Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Unsalted Butter (Pasteurized Cream), Parmesan Cheese (Pasteurized Part Skim Milk, Salt, Cheese Cultures, Enzymes), Salt, Parsley, Basil, Oregano).

CONTAINS: Wheat, Soy, and Milk.



Roast Beef and Cheddar Cheese Croissant

Nutrition F	
Variable servings per co Serving size	2oz (57g)
Amount per serving Calories	120
	Daily Value
Total Fat 6g	8%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 370mg	16%
Total Carbohydrate 9g	3%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 0g Added Sugars	s 0 %
Protein 7g	
Vitamin D 0mcg	0%
Calcium 55mg	4%
Iron 1mg	6%
Potassium 13mg	0%
"The % Daily Value tells you how much a serving of food contributes to a daily diet. day is used for general nutrition advice.	

INGREDIENTS: Roast Beef (Beef, Contains no more than 12% of a solution of Water, Salt, Potassium Lactate, Sodium Lactate, Sugar, Sodium Phosphates, Sodium Diacetate, Natural Flavors), Coated with (Salt, Sugar, Dextrose, Caramel Color, Onion and Garlic Powder, Spices), Croissant (Enriched Wheat Flour (Flour, Niacin, Thiamine Mononitrate, Iron, Riboflavin, Folic Acid), Water, Butter, Glucose-Fructose, Sugar, Yeast, Salt, Skim Milk Powder, Whole Dried Egg, Soy Flour, Calcium Sulfate, Diacetyl Tartaric Acid Esters of Mono and Diglycerides, Sodium Stearoyl Lactylate, Sunflower Oil, Enzymes, Wheat Starch, Natural Flavor), Co-Jack Cheese (Pasteurized Milk, Lactic Culture, Salt, Annatto Color, Enzymes), Lettuce.

CONTAINS: Milk, Wheat, Egg and Soy.



Roast Beef and Cheddar Cheese Kaiser Roll

Variable servings per	container
Serving size	2oz (57g)
Amount per serving	
Calories	100
	% Daily Value*
Total Fat 3g	4%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 390mg	17%
Total Carbohydrate 10g	4%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 0g Added Su	gars 0%
Protein 7g	
Vitamin D 0mcq	0%
Calcium 54mg	4%
Iron 1mg	6%
Potassium 32mg	0%
Potassium 32mg	070

INGREDIENTS: Roast Beef(Beef, Contains no more than 12% of a solution of Water, Salt, Potassium Lactate, Sodium Lactate, Sugar, Sodium Phosphates, Sodium Diacetate, Natural Flavors), Coated with (Salt, Sugar, Dextrose, Caramel Color, Onion and Garlic Powder, Spices), Enriched Flour(Bleached Wheat Flour Enriched(Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Malted Barley Flour, Potassium Bromate), Water, Lettuce, Co-Jack Cheese(Pasteurized Milk, Lactic Culture, Salt, Annatto Color, Enzymes), Bread Base(Dextrose, Soybean Oil, Sugar, Salt, Mono-Diglycerides, Corn Starch, Soy Flour, Contains 2% or less of: Calcium Stearoyl Lactylate, Monocalcium Phosphate, Ascorbic Acid, Azodicarbonamide, Enzymes), Baker's Yeast.

CONTAINS: Milk, Wheat, and Soy.



Roast Beef and Cheddar Cheese on White

Variable servings pe Serving size	er container 5oz (142g)
Amount per serving Calories	300
	% Daily Value
Total Fat 11g	14%
Saturated Fat 4.5g	23%
Trans Fat 0.5g	
Cholesterol 35mg	12%
Sodium 930mg	40%
Total Carbohydrate 29g	11%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added S	Sugars 0%
Protein 18g	
Vitamin D 0mcg	0%
Calcium 101mg	8%
Iron 3mg	15%
Potassium 29mg	0%

INGREDIENTS: Country Buttermilk White Bread(Unbleached Enriched Wheat Flour(Flour, Malted Barley Flour, Reduced Iron, Niacin, Thiamin Mononitrate (Vitamin B1), Riboflavin(Vitamin B2), Folic Acid), Buttermilk, Sugar, Yeast Soybean Oil, Salt, Water, Wheat Gluten, Calcium Propionate(added as a preservative), Monoglycerides, Calcium Sulfate, Citric Acid, Soy Lecithin, Calcium Carbonate, DATEM), Roast Beef(Beef, Contains no more than 12% of a solution of Water, Salt, Potassium Lactate, Sodium Lactate, Sugar, Sodium Phosphates, Sodium Diacetate, Natural Flavors), Coated with (Salt, Sugar, Dextrose, Caramel Color, Onion and Garlic Powder, Spices), Mild Cheddar Cheese (Pasteurized Milk, Lactic Culture, Salt, Annatto Color, Enzymes), Lettuce, Whipped Butter(Liquid and Partially Hydrogenated Soybean Oil, Water, Butter (Cream, Salt), Whey Solids, Salt, Vegetable Mono & Diglycerides, Potassium Sorbate and Sodium Benzoate (added as preservatives), Soy Lecithin, Buttermilk Solids, Citric Acid, Natural and Artificial Flavor, Beta Carotene (Color), Vitamin A Palmitate added).

CONTAINS: Milk, Wheat and Soy.



Roast Beef and Cheese Sub

Nutrition Variable servings per	
Serving size	5oz (142g)
Amount per serving Calories	230
	% Daily Value
Total Fat 6g	8%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 880mg	38%
Total Carbohydrate 26g	9%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 0g Added S	Sugars 0%
Protein 16g	
Vitamin D 0mcg	0%
Calcium 119mg	10%
Iron 3mg	15%
Potassium 70mg	2%
"The % Daily Value tells you how serving of food contributes to a da day is used for general nutrition a	rily diet. 2,000 calories a

INGREDIENTS: Sub Roll (Unbleached Untreated Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sea Salt, Yeast, Malted Barley Flour), Roast Beef (Beef, Contains no more than 12% of a solution of Water, Salt, Potassium Lactate, Sodium Lactate, Sugar, Sodium Phosphates, Sodium Diacetate, Natural Flavors, coated with: Salt, Sugar, Dextrose, Caramel Color, Onion, Garlic Powder, Spices), Co-Jack Cheese (Pasteurized Milk, Lactic Culture, Salt, Annatto Color, Enzymes), Tomato, Lettuce.

CONTAINS: Milk and Wheat.



Roast Beef and Muenster Cheese on Wheat

Nutrition F	acis
Variable servings per of Serving size	ontainer 5oz (142g)
Amount per serving Calories	280
%	6 Daily Value
Total Fat 10g	13%
Saturated Fat 4g	20%
Trans Fat 0.5g	
Cholesterol 35mg	12%
Sodium 800mg	35%
Total Carbohydrate 27g	10%
Dietary Fiber 0g	0%
Total Sugars 6g	
Includes 0g Added Suga	rs 0 %
Protein 19g	
Vitamin D 0mcg	0%
Calcium 126mg	10%
Iron 3mg	15%
Potassium 29mg	0%

INGREDIENTS: Whole Wheat Bread(Whole Wheat Flour, Water, Sugar, Wheat Gluten, Yeast, Raisin Juice Concentrate, Wheat Bran, Molasses, Soybean Oil, Salt, Monoglycerides, Calcium Propionate, Calcium Sulfate, DATEM, Grain Vinegar, Citric Acid, Soy Lecithin, Whey, Soy Flour, Nonfat Milk), Roast Beef(Beef, Contains no more than 12% of a solution Of Water, Salt, Potassium Lactate, Sodium Lactate, Sugar, Sodium Phosphates, Sodium Diacetate, Natural Flavors), Coated with (Salt, Sugar, Dextrose, Caramel Color, Onion And Garlic Powder, Spices), Muenster Cheese(Pasteurized Milk, Culture, Salt, Enzymes, Annatto Color), Whipped Butter (Liquid And Partially Hydrogenated Soybean Oil, Water, Butter(Cream, Salt), Whey Solids, Salt, Vegetable Mono & Diglycerides, Potassium Sorbate and Sodium Benzoate(added as preservatives), Soy Lecithin, Buttermilk Solids, Citric Acid, Natural and Artificial Flavor, Beta Carotene(Color), Vitamin A Palmitate added), Lettuce.

CONTAINS: Milk, Soy, and Wheat.



Roast Beef and Swiss on Wheat

Variable servings pe	r container
Serving size	5oz (142g)
Amount per serving	
Calories	320
	% Daily Value
Total Fat 15g	19%
Saturated Fat 9g	45%
Trans Fat 0g	
Cholesterol 70mg	23%
Sodium 860mg	37%
Total Carbohydrate 21g	8%
Dietary Fiberg	%
Total Sugars 5g	
Includesg Added St	ugars%
Protein 27g	
Vitamia D. man	%
Vitamin Dmcg	30%
Calcium 416mg	
Iron 2mg	10%
Potassiummg	%

INGREDIENTS: Wheat Bread(Whole Wheat Flour, Water, Sugar, Yeast, Wheat Gluten, Raisin Juice from Concentrate, Salt, Molasses, Soybean Oil, Barley, Wheat, Monoglycerides, Calcium Propionate (added as a preservative), Calcium Sulfate, DATAM, Soy Flour, Mono- and Diglcyeridees, Soy Lecithin, Whey, Non-Fat Milk), Roast Beef (Beef, Contains no more than 12% of solution of Water, Salt, Potassium Lactate, Sodium Lactate, Sodium Phosphates, Sugar, Sodium Diacetate, and Flavoring), Coated with (Salt, Sugar, Dextrose, Caramel Color, Garlic and Spices), Finlandia Swiss(Cultured Pasteurized Part Skim Milk, Salt, Enzymes, Vitamin A Palmitate), Lettuce), Butter Blend(Partially Hydrogenated and Liquid Soybean Oil, Water, Butter(Cream, Salt), Salt, Non-Fat Dry Milk Solids, Soy Lecithin, Sodium Benzoate (added as a preservative), Artificial Flavor, Vitamin A Palmitate Added, Beta Carotene (added for color).

CONTAINS: Milk, Soy, and Wheat.



Roast Beef on Onion Roll

Nutrition	
Variable servings pe	
Serving size	2oz (57g)
Amount per serving	
Calories	80
	% Daily Value
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 310mg	13%
Total Carbohydrate 10g	4%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 0g Added S	ugars 0%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 9mg	0%
Iron 1mg	6%
Potassium 15mg	0%
Potassium 15mg 'The % Daily Value tells you how in serving of food contributes to a dail day is used for general nutrition ad	nuch a nutrient in a ly diet. 2,000 calories

INGREDIENTS: Roast Beef (Beef, Contains no more than 12% of a solution of Water, Salt, Potassium Lactate, Sodium Lactate, Sugar, Sodium Phosphates, Sodium Diacetate, Natural Flavors), Coating (Salt, Sugar, Dextrose, Caramel Color, Onion and Garlic Powder, Spices), Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, and Artificial Color), Onion Roll (Wheat Flour (Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Onions, Sugar, Yeast, Soybean Oil, Eggs, Poppy Seeds, Salt, Ascorbic Acid, Turmeric), Lettuce.

CONTAINS: Milk, Soy, Egg, and Wheat.



Roast Beef Wrap

Nutrition Variable servings per	
Serving size	5oz (142g)
Amount per serving	
Calories	280
	% Daily Value*
Total Fat 15g	19%
Saturated Fat 9g	45%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 1110mg	48%
Total Carbohydrate 16g	6%
Dietary Fiber 0g	0%
Total Sugars 4g	
Includes 0g Added Sug	ars 0%
Protein 19g	
Vitamin D 0mcg	0%
Calcium 184mg	15%
Iron 1mg	6%
Potassium 30mg	0%

INGREDIENTS: Roast Beef(Beef, Contains no more than 12% of a solution of Water, Salt, Potassium Lactate, Sodium Lactate, Sugar, Sodium Phosphates, Sodium Diacetate, Natural Flavors), Coated with (Salt, Sugar, Dextrose, Caramel Color, Onion And Garlic Powder, Spices), Flatout Original Flatbread(Enriched Unbleached and Unbromated Flour(Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vital Wheat Gluten, Liquid Brown Sugar, Oat Fiber, Soy Flour, Contains less than 2% of each of the following: Soybean Oil, Prune Juice Concentrate, Sodium Acid Pyrophosphate, Baking Soda, Wheat Protein Isolate, Yeast, Potassium Sorbate & Sodium Propionate (added as preservatives), Cellulose Gum, Fumaric Acid, Salt, Guar Gum, Calcium Sulfate, Carrageenan, Xanthan Gum, Annatto Color, Enzymes, L-Cysteine), Co-Jack Cheese(Pasteurized Milk, Lactic Culture, Salt, Annatto Color, Enzymes), Cream Cheese(Pasteurized Milk and Cream, Cheese Cultures, Salt, Stabilizers [Carob Bean and/or Xanthan and/or Guar Gums]), Lettuce, Salsa(Diced Tomatoes, Water, Fresh Jalapeno Peppers, Tomato Paste, Fresh Onions, Distilled Vinegar, Dehydrated Onions, Salt, Dehydrated Garlic, Natural Flavor), Sour Cream(Cultured Sour Cream, [Non-Fat Milk], Cream, Grade A Whey, Corn-Starch-Modified, Sodium Phosphate, Guar Gum, Carrageenan, Sodium Citrate, Locust Bean Gum], Potassium Sorbate [added as a preservative]), Taco Seasoning Mix(Dehydrated Onion, Chili Pepper and other Spices, Salt, Paprika (added for color), Dehydrated Garlic, Wheat Flour, Citric Acid, Red Pepper, Cocoa(processed with Alkali)).

CONTAINS: Milk, Soy, and Wheat.

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Roasted Pork with Muenster Cheese

Variable servings po Serving size	5oz (142g)
Amount per serving Calories	250
	% Daily Value
Total Fat 9g	12%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 45mg	15%
Sodium 940mg	41%
Total Carbohydrate 21g	8%
Dietary Fiber 0g	0%
Total Sugars 5g	
Includes 0g Added S	Sugars 0%
Protein 20g	
Vitamin D 0mcg	0%
Calcium 162mg	10%
Iron 1mg	6%
Potassium 54mg	2%
"The % Daily Value tells you how serving of food contributes to a da day is used for general nutrition a	ally diet. 2,000 calories a

INGREDIENTS: Whole Wheat Bread(Whole Wheat Flour, Water, Sugar, Wheat Gluten, Yeast, Raisin Juice Concentrate, Wheat Bran, Molasses, Soybean Oil, Salt, Monoglycerides, Calcium Propionate, Calcium Sulfate, Datem, Grain Vinegar, Citric Acid, Soy Lecithin, Whey, Soy Flour, Nonfat Milk), Hormel Pork Roast(Pork Roast injected with up to 20% of a solution of Water, Salt, Sugar, Lemon Phosphate(Sodium Phosphate, Lemon Juice Solids), Flavoring. Rubbed With Sugar, Salt, Autolyzed Yeast, Caramel Color, Flavor(Contains Autolyzed Yeast Extract, Salt and Partially Hydrogenated Soybean Oil), Flavoring, Spices, Dextrose), Muenster Cheese (Pasteurized Milk, Culture, Salt, Enzymes, Annatto Color), Lettuce.

CONTAINS: Milk, Wheat, Soy, and Tree Nuts.



Rueben Sandwich

Variable servings	
Serving size	5oz (142g)
Amount per serving	
Calories	270
	% Daily Value
Total Fat 11g	14%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 980mg	43%
Total Carbohydrate 2	0g 7 %
Dietary Fiber 1g	4%
Total Sugars 1g	
Includes 0g Adde	d Sugars 0%
Protein 19g	
Vitamin D 0mcg	0%
Calcium 170mg	15%
Iron 2mg	10%
Potassium 64mg	2%

INGREDIENTS: Corned Beef (cured with Water, Salt, Potassium Lactate, Sodium Lactate, Sodium Phosphate, Sugar, Garlic Powder, Sodium Diacetate, Sodium Erythorbate, and Sodium Nitrite), Marble Rye Bread (Water, Rye Bread Base (Wheat Flour, Rye Flour, Soy Oil, Salt, Contains 2% or less of each of the following: Sugar, Calcium Stearoyl Lactylate, Acetic Acid, Lactic Acid, Spices), Flour (Bleached, Enriched), Baker's Yeast, All Purpose Shortening (Partially Hydrogenated Soybean and/or Cottonseed Oil), Caramel Color), Sauerkraut, Swiss Cheese (Cultured Pasteurized Milk, Enzymes, Salt, Calcium Chloride).

CONTAINS: Wheat, Milk, and Soy.



Salami and Co Jack Cheese on Wheat

Variable servings p Serving size	er container 5oz (142g)
Amount per serving	
Calories	470
	% Daily Value*
Total Fat 28g	36%
Saturated Fat 11g	55%
Trans Fat 0.5g	
Cholesterol 65mg	22%
Sodium 1350mg	59%
Total Carbohydrate 29g	11%
Dietary Fiber 0g	0%
Total Sugars 7g	
Includes 0g Added	Sugars 0%
Protein 23g	
Vitamin D 0mcg	0%
Calcium 170mg	15%
Iron 2mg	10%
Potassium 16mg	0%

INGREDIENTS: Wheat Bread (Whole Wheat Flour, Water, Sugar, Yeast, Wheat Gluten, Raisin Juice from Concentrate, Salt, Molasses, Soybean Oil, Barley, Wheat, Monoglycerides, Calcium Propionate (added as a preservative), Calcium Sulfate, DATAM, Soy Flour, Mono- and Diglcyeridees, Soy Lecithin, Whey, Non-Fat Milk), Wilson Sliced Hard Salami (Pork, Beef, Salt, Dextrose, Spices, Lactic Acid Starter Culture, Sodium Ascorbate, Natural Smoke Flavor, Flavoring, Sodium Nitrite, BHA, BHT, Citric Acid), Co-Jack Cheese (Pasteurized Milk, Lactic Culture, Salt, Annatto Color, Enzymes), Lettuce.

CONTAINS: Milk, Soy, and Wheat.



Salami and Co Jack Cheese on White

Variable servings p Serving size	5oz (142g)
Amount per serving	
Calories	460
	% Daily Value
Total Fat 28g	36%
Saturated Fat 10g	50%
Trans Fat 0.5g	
Cholesterol 65mg	22%
Sodium 1350mg	59%
Total Carbohydrate 30	g 11%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 0g Added	Sugars 0%
Protein 21g	
Vitamin D 0mcg	0%
Calcium 101mg	8%
Iron 2mg	10%
Potassium 29mg	0%

INGREDIENTS: Country Buttermilk White Bread (Unbleached Enriched Wheat Flour (Flour, Malted Barley Flour, Reduced Iron, Niacin, Thiamin Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid), Buttermilk, Sugar, Yeast Soybean Oil, Salt, Water, Wheat Gluten, Calcium Propionate (added as a preservative), Monoglycerides, Calcium Sulfate, Citric Acid, Soy Lecithin, Calcium Carbonate, Datem), Wilson Sliced Hard Salami (Pork, Beef, Salt, Dextrose, Spices, Lactic Acid Starter Culture, Sodium Ascorbate, Natural Smoke Flavor, Flavoring, Sodium Nitrite, BHA, BHT, Citric Acid), Co-Jack Cheese (Pasteurized Milk, Lactic Culture, Salt, Annatto Color, Enzymes), Lettuce.

CONTAINS: Milk, Soy, and Wheat.



Seafood Croissant

Variable servings per	container
Serving size	2oz (57g)
Amount per serving	
Calories	140
	% Daily Value*
Total Fat 9g	12%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 240mg	10%
Total Carbohydrate 12g	4%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 0g Added Su	gars 0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 26mg	2%
Iron 1mg	6%
Potassium 26mg	0%

INGREDIENTS: King Krab Salad (Imitation Crab (Pollock, Water, Snow Crabmeat, Sugar, Sorbitol, Wheat Starch, Potato Starch, Corn Starch, Mirin Wine (Sake, Sugar, Salt, Water, Yeast Extract), Contains 2% or less of the following: Natural and Artificial Crab Flavor, Egg Whites, Salt, Calcium Carbonate, Modified Food Starch, Soy Protein Isolate, Soybean Oil, Sodium Tripolyphosphate, Tetrasodium Pyrophosphate, Maltodextrin, Hydrolyzed Corn and Soy Protein, Dosidum Guanylate, Disodium Inosinate, Sodium Succinate, Paprika Oleoresin, Carmine, Soy Lecithin, Color Added), Sour Cream (Cultured Sour Cream, [Non-Fat Milk], Cream, Grade A Whey, Corn-Starch-Modified, Sodium Phosphate, Guar Gum, Carrageenan, Sodium Citrate, Locust Bean Gum], Potassium Sorbate [added as a preservative]), Mayonnaise (Soybean Oil, Whole Egg, Water, Egg Yolks, Distilled Vinegar, Contains Less than 2% of Salt, Sugar, Lemon Juice Concentrate, Calcium Disodium EDTA (added to protect flavor), Natural Flavors), Celery, Onion), Croissant (Enriched Wheat Flour (Flour, Niacin, Thiamine Mononitrate, Iron, Riboflavin, Folic Acid), Water, Butter, Glucose-Fructose, Sugar, Yeast, Salt, Skim Milk Powder, Whole Dried Egg, Soy Flour, Calcium Sulfate, Diacetyl Tartaric Acid Esters of Mono and Diglycerides, Sodium Stearoyl Lactylate, Sunflower Oil, Enzymes, Wheat Starch, Natural Flavor), Lettuce.

CONTAINS: Wheat, Milk, Eggs, Soy, Fish, and Shellfish.

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Seafood Wrap

Nutrition I	
Variable servings per of Serving size	5ontainer 5oz (142g)
Amount per serving Calories	290
•	% Daily Value
Total Fat 17g	22%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 700mg	30%
Total Carbohydrate 25g	9%
Dietary Fiber 0g	0%
Total Sugars 4g	
Includes 0g Added Suga	ars 0 %
Protein 9g	
Vitamin D 0mcg	0%
Calcium 44mg	4%
Iron Omg	0%
Potassium 73mg	2%
"The % Daily Value tells you how much serving of food contributes to a daily di day is used for general nutrition advice	iet. 2,000 calories a

INGREDIENTS: King Krab Salad (Imitation Crab (Pollock, Water, Snow Crabmeat, Sugar, Sorbitol, Wheat Starch, Potato Starch, Corn Starch, Mirin Wine (Sake, Sugar, Salt, Water, Yeast Extract), Contains 2% or less of the following: Natural and Artificial Crab Flavor, Egg Whites, Salt, Calcium Carbonate, Modified Food Starch, Soy Protein Isolate, Soybean Oil, Sodium Tripolyphosphate, Tetrasodium Pyrophosphate, Maltodextrin, Hydrolyzed Corn and Soy Protein, Dosidum Guanylate, Disodium Inosinate, Sodium Succinate, Paprika Oleoresin, Carmine, Soy Lecithin, Color Added), Sour Cream(Cultured Sour Cream, [Non-Fat Milk], Cream, Grade A Whey, Corn-Starch-Modified, Sodium Phosphate, Guar Gum, Carrageenan, Sodium Citrate, Locust Bean Gum], Potassium Sorbate [added as a preservative]), Mayonnaise(Soybean Oil, Whole Egg, Water, Egg Yolks, Distilled Vinegar, Contains less than 2% of Salt, Sugar, Lemon Juice Concentrate, Calcium Disodium Edta Added To Protect Flavor, Natural Flavors.), Celery, Onion), Flatout Original Flatbread (Enriched Unbleached And Unbromated Flour(Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vital Wheat Gluten, Liquid Brown Sugar, Oat Fiber, Soy Flour, Contains less than 2% of each of the following: Soybean Oil, Prune Juice Concentrate, Sodium Acid Pyrophosphate, Baking Soda, Wheat Protein Isolate, Yeast, Potassium Sorbate & Sodium Propionate (added as preservatives), Cellulose Gum, Fumaric Acid, Salt, Guar Gum, Calcium Sulfate, Carrageenan, Xanthan Gum, Annatto Color, Enzymes, L-Cysteine), Lettuce.

CONTAINS: Wheat, Milk, Eggs, Soy, Fish, and Shellfish.



Southwestern Wrap

Nutrition Variable servings po	
Serving size	5oz (142g
Amount per serving	
Calories	330
	% Daily Value
Total Fat 21g	27%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 910mg	40%
Total Carbohydrate 15g	5%
Dietary Fiber 0g	0%
Total Sugars 3g	
Includes 0g Added 5	Sugars 0%
Protein 19g	
Vitamin D 0mcg	0%
Calcium 160mg	10%
Iron 1mg	6%
Potassium 43mg	0%

INGREDIENTS: Light Original Flatouts (Water, Whole Wheat Flour, Oat Fiber, Wheat Gluten, Soybean Oil, Contains 2% or less of each of the following: Maltitol, Wheat Protein Isolate, Sodium Acid Pyrophosphate, Baking Soda, Yeast, Potassium Sorbate and Sodium Propionate (added as preservatives), Fumaric Acid, Wheat Flour, Cellulose Gum, Guar Gum, Xanthan Gum, Salt, Annatto Color, Calcium Peroxide, Enzymes) Kretschmar Turkey off the Bone (Turkey Breast, Turkey Broth, Salt, Dextrose, Sodium Phosphate), Coated with (Yeast Extract, Salt, Caramel Color, Dextrose, Turkey Broth, Maltodextrin, Natural Flavor), Provolone (Cultured Pasteurized Milk, Enzymes, Salt), Southwestern Dip (Sour Cream (Cultured Cream Cheese (Skim Milk, Cream, Grade A Whey, Food Starch Modified Guar Gum, Sodium Phosphate, Carrageenan, Sodiumcitrate, Potassium Sorbate, Locust Bean Gum Enyzmes), Chili Peppers, Cheddar Cheese (Pasteurized Milk, Salt, Enzymes, Annatto Color), Ripe Olives, Ranch Dressing Mix (Salt, Maltodextrin, Onion, Garlic, Spices, Dextrose, Disodium Inosinate, Disodiumguanylate, Xanthan Gum, Autolyzed Yeast Extract, Buttermilk, Turmeric), Taco Seasoning (Taco Seasoning (Salt, Onion Powder, Paprika, Spices, Yellow Degermed Corn Meal, Corn Syrup Solids, Maltodextrin, Flour Cocoa, Citric Acid, Garlic Powder, Cornoil, Paprika Extract), Lettuce High Fructose Corn Syrup and Cider Vinegar.

CONTAINS: Soy and Milk



Summer Sausage and Colby Cheese on Wheat

Nutrition Fa	icts
1 servings per container Serving size 1 sandwicl	h (142g)
Amount per serving	400
Calories	420
% Da	ily Value
Total Fat 26g	33%
Saturated Fat 11g	55%
Trans Fat 0.5g	
Cholesterol 55mg	18%
Sodium 1120mg	49%
Total Carbohydrate 27g	10%
Dietary Fiber 0g	0%
Total Sugars 5g	
Includes 0g Added Sugars	0%
Protein 19g	
Vitamin D 0mcg	0%
Calcium 31mg	2%
Iron 3mg	15%
Potassium 29mg	0%
"The % Daily Value tells you how much a nul serving of food contributes to a daily diet. 2,0 day is used for general nutrition advice.	

INGREDIENTS: Wheat Bread (Whole Wheat Flour, Water, Sugar, Yeast, Wheat Gluten, Raisin Juice from Concentrate, Salt, Molasses, Soybean Oil, Barley, Wheat, Monoglycerides, Calcium Propionate (added as a preservative), Calcium Sulfate, DATEM, Soy Flour, Mono- and Diglcyeridees, Soy Lecithin, Whey, Non-Fat Milk), Klements Original Summer Sausage (Beef and Pork, Salt, Contains Less Than 2% of Corn Syrup, Dextrose, Flavorings, Lactic Acid Starter Culture, Sodium Erythorbate, Sodium Nitrite), Colby Cheese (Pasteurized Milk, Lactic Culture, Salt, Annatto Color, Enzymes), and Lettuce.

CONTAINS: Milk, Soy, and Wheat.



Summer Sausage and Colby Cheese on White

Variable servings	
Serving size	5oz (142g)
Amount per serving	
Calories	430
	% Daily Value
Total Fat 26g	33%
Saturated Fat 11g	55%
Trans Fat 0.5g	
Cholesterol 55mg	18%
Sodium 1150mg	50%
Total Carbohydrate 29	9g 11 %
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added	d Sugars 0%
Protein 18g	
Vitamin D 0mcg	0%
Calcium 5mg	0%
Iron 3mg	15%
Potassium 29mg	0%

INGREDIENTS: Country Buttermilk White Bread (Unbleached Enriched Wheat Flour (Flour, Malted Barley Flour, Reduced Iron, Niacin, Thiamin Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid), Buttermilk, Sugar, Yeast Soybean Oil, Salt, Water, Wheat Gluten, Calcium Propionate (added as a preservative), Monoglycerides, Calcium Sulfate, Citric Acid, Soy Lecithin, Calcium Carbonate, Datem), Klements Original Summer Sausage (Beef and Pork, Salt, Contains Less Than 2% of Corn Syrup, Dextrose, Flavorings, Lactic Acid Starter Culture, Sodium Erythorbate, Sodium Nitrite), Colby Cheese (Pasteurized Milk, Lactic Culture, Salt, Annatto Color, Enzymes), and Lettuce.

CONTAINS: Milk, Soy, and Wheat.



Taco Wrap

Variable servings p	
Serving size	5oz (142g
Amount per serving	
Calories	210
	% Daily Value
Total Fat 18g	23%
Saturated Fat 9g	45%
Trans Fat 0g	
Cholesterol 45mg	15%
Sodium 470mg	20%
Total Carbohydrate 5g	2%
Dietary Fiber 1g	49
Total Sugars 2g	
Includes 0g Added	Sugars 0%
Protein 7g	
Vitamin D 0mcg	0%
Calcium 198mg	15%
Iron 0mg	0%
Potassium 111mg	29

INGREDIENTS: Flatout Sundried Tomato Flatbread (Enriched Flour(Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vital Wheat Gluten, Wheat Flour, Liquid Brown Sugar, Oat Fiber, Contains less than 2% of each of the following: Soy Flour, Soybean Oil, Sundried Tomatoes(Contains Sulfiting Agents), Prune Juice Concentrate, Sodium Acid Pyrophosphate, Baking Soda, Paprika, Yeast, Potassium Sorbate & Sodium Propionate(Preservatives), Onion, Cellulose Gum, Fumaric Acid, Salt, Spices, Garlic, Yellow 6, Guar Gum, Calcium Sulfate, Carrageenan, Xanthan Gum, Red 40, Enzymes, L-Cysteine), Taco Spread(Cream Cheese(Pasteurized Milk and Cream, Cheese Cultures, Salt, Stabilizers[Carob Bean and/or Xanthan and/or Guar Gums]), Salsa(Diced), Sour Cream (cultured sour cream, [non-fat milk Tomatoes, Water, Fresh Jalapeno Peppers, Tomato Paste, Fresh Onions, Distilled Vinegar, Dehydrated Onions, Salt, Dehydrated Garlic, Natural Flavor], Cream, Grade A Whey, Corn-Starch-Modified, Sodium Phosphate, Guar Gum, Carrageenan, Sodium Citrate, Locust Bean Gum], Potassium Sorbate[added as a preservative]), Taco Seasoning Mix (Dehydrated Onion, Chili Pepper And Other Spices, Salt, Paprika (added for color), Dehydrated Garlic, Wheat Flour, Citric Acid, Red Pepper, Cocoa(processed with Alkali))), Lettuce, Cheddar Cheese, Tomatoes, Black Olives(California Ripe Olives, Water, Salt, Ferrous Gluconate.).

CONTAINS: Soy, Wheat, and Milk.



Tuna Salad Croissant

Variable servings per Serving size	
Serving size	2oz (57g
Amount per serving	400
Calories	160
	% Daily Value
Total Fat 11g	14%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 210mg	9%
Total Carbohydrate 9g	3%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sug	ars 0%
Protein 7g	
Vitamin D 0mcg	0%
Calcium 14mg	2%
Iron 1mg	6%
Potassium 18mg	0%

INGREDIENTS: Croissant (Enriched Wheat Flour (Flour, Niacin, Thiamine Mononitrate, Iron, Riboflavin, Folic Acid), Water, Butter, Glucose-Fructose, Sugar, Yeast, Salt, Skim Milk Powder, Whole Dried Egg, Soy Flour, Calcium Sulfate, Diacetyl Tartaric Acid Esters of Mono and Diglycerides, Sodium Stearoyl Lactylate, Sunflower Oil, Enzymes, Wheat Starch, Natural Flavor), Tuna Spread (Albacore Tuna (Solid White Tuna, Spring Water, Salt, Vegetable Broth, Pyrophosphate), Mayonnaise (Soybean Oil, Whole Egg, Water, Egg Yolks, Distilled Vinegar, Contains less than 2% of Salt, Sugar, Lemon Juice Concentrate, Calcium Disodium EDTA (added to protect flavor), Natural Flavors), Celery, Onion, Dill), Lettuce, Whipped Butter (Liquid and Partially Hydrogenated Soybean Oil, Water, Butter (Cream, Salt), Whey Solids, Salt, Vegetable Mono & Diglycerides, Potassium Sorbate and Sodium Benzoate (added as preservatives), Soy Lecithin, Buttermilk Solids, Citric Acid, Natural and Artificial Flavor, Beta Carotene (Color), Vitamin A Palmitate added).

CONTAINS: Wheat, Soy, Eggs, and Milk.



Tuna Salad on Wheat

Variable servings Serving size	per container 5oz (142g)
Amount per serving Calories	370
	% Daily Value
Total Fat 19g	24%
Saturated Fat 3g	15%
Trans Fat 0.5g	
Cholesterol 30mg	10%
Sodium 520mg	23%
Total Carbohydrate 28	8g 10 %
Dietary Fiber 0g	0%
Total Sugars 6g	
Includes 0g Added	d Sugars 0%
Protein 18g	
Vitamin D 0mcg	0%
Calcium 36mg	2%
Iron 2mg	10%
Potassium 43mg	0%

INGREDIENTS: Whole Wheat Bread(Whole Wheat Flour, Water, Sugar, Wheat Gluten, Yeast, Raisin Juice Concentrate, Wheat Bran, Molasses, Soybean Oil, Salt, Monoglycerides, Calcium Propionate, Calcium Sulfate, Datem, Grain Vinegar, Citric Acid, Soy Lecithin, Whey, Soy Flour, Nonfat Milk), Tuna Spread (Albacore Tuna (Solid White Tuna, Spring Water, Salt, Vegetable Broth, Pyrophosphate), Mayonnaise (Soybean Oil, Whole Egg, Water, Egg Yolks, Distilled Vinegar, Contains less than 2% of Salt, Sugar, Lemon Juice Concentrate, Calcium Disodium EDTA (added to protect flavor), Natural Flavors), Celery, Onion, Dill), Lettuce, Whipped Butter (Liquid and Partially Hydrogenated Soybean Oil, Water, Butter (Cream, Salt), Whey Solids, Salt, Vegetable Mono & Diglycerides, Potassium Sorbate and Sodium Benzoate (added as preservatives), Soy Lecithin, Buttermilk Solids, Citric Acid, Natural and Artificial Flavor, Beta Carotene (Color), Vitamin A Palmitate added).

CONTAINS: Wheat, Soy, Eggs, and Milk.



Tuna Salad on White

Variable servings pe	er container
Serving size	5oz (142g)
Amount per serving	
Calories	380
	% Daily Value*
Total Fat 20g	26%
Saturated Fat 3g	15%
Trans Fat 0.5g	
Cholesterol 30mg	10%
Sodium 550mg	24%
Total Carbohydrate 31g	11%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added S	Sugars 0%
Protein 17g	
Vitamin D 0mcg	0%
Calcium 8mg	0%
Iron 2mg	10%
Potassium 43mg	0%

INGREDIENTS: Country Buttermilk White Bread(Unbleached Enriched Wheat Flour(Flour, Malted Barley Flour, Reduced Iron, Niacin, Thiamin Mononitrate (Vitamin B1), Riboflavin(Vitamin B2), Folic Acid), Buttermilk, Sugar, Yeast Soybean Oil, Salt, Water, Wheat Gluten, Calcium Propionate(added as a preservative), Monoglycerides, Calcium Sulfate, Citric Acid, Soy Lecithin, Calcium Carbonate, DATEM), Tuna Spread (Albacore Tuna (Solid White Tuna, Spring Water, Salt, Vegetable Broth, Pyrophosphate), Mayonnaise (Soybean Oil, Whole Egg, Water, Egg Yolks, Distilled Vinegar, Contains less than 2% of Salt, Sugar, Lemon Juice Concentrate, Calcium Disodium EDTA (added to protect flavor), Natural Flavors), Celery, Onion, Dill), Lettuce, Whipped Butter (Liquid and Partially Hydrogenated Soybean Oil, Water, Butter (Cream, Salt), Whey Solids, Salt, Vegetable Mono & Diglycerides, Potassium Sorbate and Sodium Benzoate (added as preservatives), Soy Lecithin, Buttermilk Solids, Citric Acid, Natural and Artificial Flavor, Beta Carotene (Color), Vitamin A Palmitate added).

CONTAINS: Wheat, Soy, Eggs, and Milk.



Turkey and Bacon Sub

Variable servings pe	er container
Serving size	5oz (142g)
Amount per serving	
Calories	280
	% Daily Value*
Total Fat 10g	13%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 950mg	41%
Total Carbohydrate 27g	10%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 0g Added S	ugars 0%
Protein 20g	
Vitamin D 0mcg	0%
Calcium 125mg	10%
Iron 2mg	10%
Potassium 73mg	2%

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INGREDIENTS: Sub Roll (Unbleached Untreated Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sea Salt, Yeast, Malted Barley Flour), Lettuce Green Leaf, Tomato, Colby Jack Cheese (Pasteurized Milk, Lactic Culture, Salt, Annatto Color, Enzymes), Kretschmar Turkey Off the Bone (Turkey breast, water, salt, sugar, seasoning (yeast extract, salt, dextrose, turkey broth, maltodextrin, natural flavor), sodium phosphate. Browned in vegetable oil), Bacon (Cured with: Water, Salt, Sugar, Natural Smoke Flavor, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite).

CONTAINS: Wheat and Milk.



Turkey and Cheese Sub

Variable servings	
Serving size	5oz (142g)
Amount per serving	
Calories	230
	% Daily Value
Total Fat 6g	8%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 820mg	36%
Total Carbohydrate 26	6g 9 %
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 0g Added	d Sugars 0%
Protein 18g	
Vitamin D 0mcg	0%
Calcium 119mg	10%
Iron 2mg	10%
Potassium 70mg	2%

INGREDIENTS: Sub Roll (Unbleached Untreated Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sea Salt, Yeast, Malted Barley Flour), Turkey (Turkey Breast, Water, Honey, Sugar, Salt, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrate), Co-Jack Cheese (Pasteurized Milk, Lactic Culture, Salt, Annatto Color, Enzymes), Tomato, Lettuce.

CONTAINS: Wheat and Milk.



Turkey and Co Jack Cheese on White

Nutrition	Facts
Variable servings pe Serving size	r container 5oz (142g)
Amount per serving Calories	300
	% Daily Value*
Total Fat 11g	14%
Saturated Fat 4g	20%
Trans Fat 0.5g	
Cholesterol 40mg	13%
Sodium 850mg	37%
Total Carbohydrate 29g	11%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Su	ıgars 0 %
Protein 20g	
Vitamin D 0mcg	0%
Calcium 101mg	8%
Iron 2mg	10%
Potassium 29mg	0%
'The % Daily Value tells you how m serving of food contributes to a dail day is used for general nutrition adv	y diet. 2,000 calories a
Calories per gram: Fat 9 • Carbohydrate 4	Protein 4

INGREDIENTS: Buttermilk White Bread (Unbleached Enriched Wheat Flour (Flour, Malted Barley Flour, Reduced Iron, Niacin, Thiamin Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid), Buttermilk, Sugar, Yeast Soybean Oil, Salt, Water, Wheat Gluten, Calcium Propionate (added as a preservative), Monoglycerides, Calcium Sulfate, Citric Acid, Soy Lecithin, Calcium Carbonate, Datem), Kretschmar Turkey Off the Bone (Turkey Breast, Water, Salt, Sugar, Seasoning (Yeast Extract, Salt, Dextrose, Turkey Broth, Maltodextrin, Natural Flavor), Sodium Phosphate, browned in Vegetable Oil), Co-Jack Cheese (Pasteurized Milk, Lactic Culture, Salt, Annatto Color, Enzymes), Lettuce.

CONTAINS: Milk, Soy, and Wheat.



Turkey and Co Jack Cheese on Wheat

Variable servings pe	
Serving size	5oz (142g)
Amount per serving	
Calories	290
	% Daily Value*
Total Fat 10g	13%
Saturated Fat 4g	20%
Trans Fat 0.5g	
Cholesterol 40mg	13%
Sodium 820mg	36%
Total Carbohydrate 27g	10%
Dietary Fiber 0g	0%
Total Sugars 6g	
Includes 0g Added S	Sugars 0%
Protein 21g	
Vitamin D 0mcg	0%
Calcium 126mg	10%
Iron 2mg	10%
Potassium 29mg	0%
*The % Daily Value tells you how serving of food contributes to a da day is used for general nutrition as	rily diet. 2,000 calories a

INGREDIENTS: 100% Whole Wheat Bread (Whole Wheat Flour, Water, Sugar, Wheat Gluten, Yeast, Raisin Juice Concentrate, Wheat Bran, Molasses, Soybean Oil, Salt, Monoglycerides, Calcium Propionate, Calcium Sulfate, Datem, Grain Vinegar, Citric Acid, Soy Lecithin, Whey, Soy Flour, Nonfat Milk), Kretschmar Turkey Off the Bone (Turkey Breast, Water, Salt, Sugar, Seasoning (Yeast Extract, Salt, Dextrose, Turkey Broth, Maltodextrin, Natural Flavor), Sodium Phosphate, browned in Vegetable Oil), Co-Jack Cheese (Pasteurized Milk, Lactic Culture, Salt, Annatto Color, Enzymes), Lettuce.

CONTAINS: Milk, Soy, and Wheat.



Turkey and Provolone Pretzel Melt

Variable servings per co	ntainer
Serving size 5	oz (142g)
Amount per serving	
Calories	390
%	Daily Value
Total Fat 15g	19%
Saturated Fat 8g	40%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 600mg	26%
Total Carbohydrate 44g	16%
Dietary Fiberg	%
Total Sugars 4g	
Includes g Added Sugars	s%
Protein 21g	
Vitamin Dmcg	%
Calcium 250mg	20%
Iron 3mg	15%
Potassiummg	%

INGREDIENTS: Pretzel Bread (Enriched Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Unsalted Butter (Pasteurized Cream), Nonfat Dry Milk, Sugar, Yeast (Yeast, Sorbitan Monostearate, Ascorbic Acid), Salt, Wheat Flour, Malted Barley Flour, Ascorbic Acid, Soybean Oil, Enzymes, Oven Cooked Smoked Turkey Breast and White Turkey with Broth (Turkey Breast, White Turkey, Turkey Broth, Salt, Contains 2% or less of: Brown Sugar, Vinegar, Modified Food Starch, Sodium Phosphates), Provolone Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes), Water, Cream, Sodium Phosphate, Salt, Sorbic Acid (added as a preservative), Artificial Color, Topping (Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Unsalted Butter (Pastueurized Cream), Parmesan Cheese (Pasteurized Part Skim Milk, Salt, Cheese Cultures, Enzymes), Salt).

CONTAINS: Wheat, Soy, and Milk.



Turkey BLT Wrap

Variable servings	per container
Serving size	5oz (142g
Amount per serving	
Calories	280
	% Daily Value
Total Fat 13g	17%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 45mg	15%
Sodium 1150mg	50%
Total Carbohydrate 15	g 5 %
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 0g Added	Sugars 0%
Protein 24g	
Vitamin D 0mcg	0%
Calcium 16mg	29
Iron 1mg	6%
Potassium 58mg	29

INGREDIENTS: Light Original Flatouts (Water, Whole Wheat Flour, Oat Fiber, Wheat Gluten, Soybean Oil, Contains 2% or less of each of the following: Maltitol, Wheat Protein Isolate, Sodium Acid Pyrophosphate, Baking Soda, Yeast, Preservatives(Potassium Sorbate, Sodium Propionate), Fumaric Acid, Wheat Flour, Cellulose Gum, Guar Gum, Xanthan Gum, Salt, Annatto Color, Calcium Peroxide, Enzymes) Kretschmar Hickory Smoked Turkey Breast (Turkey Breast, Turkey Broth, Salt, Dextrose, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite), Bacon (Bacon cured with Water, Salt, Sugar, Natural Smoke Flavor, Sodium Phosphate, Sodium Erythobate, Sodium Nitrite), Lettuce, Tomato, Caesar Dressing (Water, Soybean Oil, Parmesan Cheese (Part Skim Cow's Milk, Cow's Milk, Cheese Cultures, Salt, Enzymes), Whole Eggs and Egg Yolks, Vinegar, Dijon Mustard (Water, Mustard Seed, Vinegar, Salt, White Wine, Citric Acid, Tartaric Acid, Spices), Corn Syrup, Salt, Dehydrated Garlic, Lemon Juice Concentrate, Dehydrated Onion, Anchovies, Modified Corn Starch, Cream, Xanthan Gum, Spices, Phosphoric Acid, Fumaric Acid, Sorbic Acid And Calcium Disodium Edta Used To Protect Quality, Propylene Glycol Alginate, Worcestershire Sauce (Vinegar, Molasses, Corn Syrup, Water, Salt, Caramel Color, Garlic Powder, Sugar, Spices, Tamarind, Natural Flavor), Soy Flour, Sugar, Natural Flavor, Disodium Inosinate, Disodium Guanylate), Parmesan Cheese (Pasteurized Part-Skim Milk, Cheese Cultures, Salt, Enzymes))

CONTAINS: Wheat, Milk, Fish, Eggs, and Soy.



Turkey Caesar Wrap

Variable servings per co	ontainer
	5oz (142g)
Amount per serving Calories	250
%	Daily Value*
Total Fat 11g	14%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 45mg	15%
Sodium 1140mg	50%
Total Carbohydrate 18g	7%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugar	rs 0 %
Protein 24g	
Vitamin D 0mcg	0%
Calcium 29mg	2%
Iron 2mg	10%
Potassium 28mg	0%

INGREDIENTS: Water, Whole Wheat Flour, Oat Fiber, Wheat Gluten, Soybean Oil, Contains Less Than 2% Of Each Of The Following: Maltitol, Wheat Protein Isolate, Sodium Acid Pyrophosphate, Baking Soda, Yeast, Fumaric Acid, Potassium Sorbate, Sodium Propionate (added as preservatives) Garlic, Oregano, Wheat Flour, Basil, Cellulose Gum, Guar Gum, Black Pepper, Parsley, Xanthan Gum, Annatto Color, Calcium Peroxide Enzymes, Garlic and Herb Turkey (Turkey Breast, Water, Contains 2% or less Salt, Dextrose, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite, Spices (Basil, Black Pepper, Coriander, Marjoram, Oregano), Dried Garlic, Autolyzed Yeast Extract, Roasted Garlic Powder, Dried Red Bell Pepper, Dried Green Bell Pepper, Vegetable Oil), Caesar Dressing (Water, Soybean Oil, Vinegar, Parmesan and Romano Cheese (Cow's Milk, Salt, less than 2% of Egg Yolks, Garlic Juice, Modified Food Starch, Sugar, Xanthan Gum, Lactic Acid, Hydrolyzed Soy Protein, Corn Syrup, Sorbic Acid, Calcium Disodium, EDTA, Spice, Phosphoric Acid, Polysorbate 60, Anchovies, Green Onions, Caramel Color, Parsley, Artifical Color, Garlic, Defatted Soybean Oil, Natural Flavor, Wheat, Tamarind, Soybeans, Yellow 5), Parmesan Cheese (Cultured Milk, Enzymes, Cellulose, Natamycin), Lettuce.

CONTAINS: Wheat, Milk, Fish, Eggs, and Soy.



Turkey Dill Wrap

Variable servings	
Serving size	5oz (142g)
Amount per serving	222
Calories	290
	% Daily Value*
Total Fat 18g	23%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 670mg	29%
Total Carbohydrate 14	‡g 5 %
Dietary Fiber 0g	0%
Total Sugars 3g	
Includes 0g Added	d Sugars 0%
Protein 18g	
Vitamin D 0mcg	0%
Calcium 167mg	15%
Iron 1mg	6%
Potassium 69mg	2%

INGREDIENTS: Light Original Flatouts (Water, Whole Wheat Flour, Oat Fiber, Wheat Gluten, Soybean Oil, Contains 2% or less of each of the following: Maltitol, Wheat Protein Isolate, Sodium Acid Pyrophosphate, Baking Soda, Yeast, Potassium Sorbate and Sodium Propionate(added as preservatives), Fumaric Acid, Wheat Flour, Cellulose Gum, Guar Gum, Xanthan Gum, Salt, Annatto Color, Calcium Peroxide, Enzymes)Dill Dip (Sour Cream (Cultured Cream Cheese (Milk, Cream, Grade A Whey, Food Starch Modified Guar Gum, Sodium Phosphate, Carrageenan, Sodium Citrate, Potassium Sorbate, Locust Bean Gum Enyzmes)), Mayonnaise (Soybean Oil, Whole Eggs, Egg Yolks, Water, Vinegar, Salt, Sugar, Lemon Juice, Natural Flavors, Calcium Disodium EDTA), Ranch Dressing Mix (Salt, Maltodextrin, Onion, Garlic, Spices, Dextrose, Disodium Inosinate, Disodium Guanylate, Xanthan Gum, Autolyzed Yeast Extract, Buttermilk, Turmeric), Dill Weed), Turkey Breast (Turkey Breast, Turkey Broth, Salt, Dextrose, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite), Swiss Cheese (Pasteurized Milk, Enzymes, Cheese Culture), Tomato, Sweet Onion, Lettuce.

CONTAINS: Wheat, Milk, Eggs, and Soy.



Turkey Ranch Club Wrap

Nutrition	
Variable servings per Serving size	container 5oz (142g)
Amount per serving	4.40
Calories	440
	% Daily Value
Total Fat 25g	32%
Saturated Fat 10g	50%
Trans Fat 0g	
Cholesterol 80mg	27%
Sodium 1140mg	50%
Total Carbohydrate 27g	10%
Dietary Fiberg	%
Total Sugars 2g	
Includes g Added Sug	gars%
Protein 26g	
Vitamin D 0mcg	0%
Calcium 293mg	25%
Iron 2mg	10%
Potassium 0mg	0%

INGREDIENTS: Flour Tortilla (Enriched Bleached Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Shortening (Interesterified Soybean Oil, Hydrogenated Soybean Oil, and/or Palm Oil), Contains 2% or less of: Salt, Sugar, Leavening (Sodium Bicarbonate, Sodium Aluminum Sulfate, Corn Starch, Monocalcium Phosphate, and/or Sodium Acid Pyrophosphate, Calcium Sulfate), Distilled Monoglycerides, Enzymes, Wheat Starch, Calcium Carbonate, Antioxidants (Tocopherols, Ascorbic Acid, Citric Acid), Cellulose Gum, Guar Gum, Dough Conditioners (Fumaric Acid, Sodium Metabisulfite, and/or Mono and Diglycerides), Calcium Propionate, SOrbic Acid (added to preserve freshness)), Oven Roasted Turkey Breast (Turkey Breast, Water, Sugar, Salt, Seasoning (Yeast Extract, Salt, Dextrose, Turkey Broth, Maltodextrin, Natural Flavor), Sodium Phosphate, browned in (Vegetable Oil)), Bacon (cured with Water, Salt, Sugar, Smoke Flavoring, Sodium Phospahte, Sodium Erythorbate, Sodium Nitrite), Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes), Chipotle Ranch Dressing (Soybean Oil, Water, BUttermilk, Distilled Vinegar, Egg Yolk, Salt, REd Chili Pepper, Garlic Juice, Sugar, Chipotle Peppers, Monosodium Glutamate, Spice, Xanthan Gum, Potassium Sorbate, Sodium Benzoate (added as a preservative), Garlic, Onion, Propylene Glycol Alginate, Natural Smoke Flavor, Calcium Disodium EDTA (added to protect flavor)), Cream Cheese (Pasturized Milk and Cream, Cheese Culture, Salt, Stabilizers (Carob Bean and/or Xanthan and/or Guar Gums)), Lettuce.

CONTAINS: Wheat, Eggs, Milk, and Soy.

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Turkey Spread on Wheat

Variable servings per	r container
Serving size	5oz (142g
Amount per serving	
Calories	350
	% Daily Value
Total Fat 17g	22%
Saturated Fat 3g	15%
Trans Fat 0.5g	
Cholesterol 30mg	10%
Sodium 660mg	29%
Total Carbohydrate 32g	12%
Dietary Fiber 0g	09
Total Sugars 9g	
Includes 1g Added Su	igars 29
Protein 14g	
Vitamin D 0mcg	0%
Calcium 35mg	29
Iron 2mg	109
Potassium 37mg	0%

INGREDIENTS: Whole Wheat Bread(Whole Wheat Flour, Water, Sugar, Wheat Gluten, Yeast, Raisin Juice Concentrate, Wheat Bran, Molasses, Soybean Oil, Salt, Monoglycerides, Calcium Propionate, Calcium Sulfate, Datem, Grain Vinegar, Citric Acid, Soy Lecithin, Whey, Soy Flour, Nonfat Milk), Smoked Turkey Spread (Kretschmar Off the Bone Honey Turkey(Turkey breast, water, honey, sugar, salt, sodium phosphates, sodium erythorbate, sodium nitrite), Premium Salad Dressing (Soybean Oil, Water, Sugar, Distilled Vinegar, Corn Vinegar, Egg Yolks, Food Starch-Modified, Contains less than 2% of Salt, Spices, Natural Flavors, Paprika), Mayonnaise (Soybean Oil, Whole Egg, Water, Egg Yolks, Distilled Vinegar, Contains Less Than 2% Of Salt, Sugar, Lemon Juice Concentrate, Calcium Disodium EDTA (added to protect flavor), Natural Flavors), Diced Sweet Red Pepper (Sweet Rdd Peppers, Water, Citric Acid), Celery, Sugar), Lettuce.

CONTAINS: Milk, Soy, Eggs, and Wheat.

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Turkey Spread on White

IVII LITEUI		
Serving size 1 sandwich (142g) Amount per serving		
360		
Daily Value*		
23%		
15%		
10%		
30%		
13%		
0%		
rs 2 %		
0%		
0%		
10%		
0%		

INGREDIENTS: Country Buttermilk White Bread (Unbleached Enriched Wheat Flour(Flour, Malted Barley Flour, Reduced Iron, Niacin, Thiamin Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid), Buttermilk, Sugar, Yeast Soybean Oil, Salt, Water, Wheat Gluten, Calcium Propionate (added as a preservative), Monoglycerides, Calcium Sulfate, Citric Acid, Soy Lecithin, Calcium Carbonate, Datem), Smoked Turkey Spread (Kretschmar Off the Bone Honey Turkey (Turkey Breast, Water, Honey, Sugar, Salt, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite), Premium Salad Dressing (Soybean Oil, Water, Sugar, Distilled Vinegar, Corn Vinegar, Egg Yolks, Food Starch-Modified, Contains less than 2% of Salt, Spices, Natural Flavors, Paprika), Mayonnaise (Soybean Oil, Whole Egg, Water, Egg Yolks, Distilled Vinegar, Contains Less Than 2% Of Salt, Sugar, Lemon Juice Concentrate, Calcium Disodium EDTA (added to protect flavor), Natural Flavors), Diced Sweet Red Pepper (Sweet Red Peppers, Water, Citric Acid), Celery, Sugar), Lettuce.

CONTAINS: Milk, Soy, Eggs, and Wheat.



Turkey with Hummus and Veggie Wrap

Variable servings per o Serving size	ontainer 5oz (142g)
Amount per serving Calories	190
	6 Daily Value
Total Fat 6g	8%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 490mg	21%
Total Carbohydrate 21g	8%
Dietary Fiber 1g	4%
Total Sugars 3g	
Includes 0g Added Suga	ars 0%
Protein 16g	
Vitamin D 0mcg	0%
Calcium 29mg	2%
Iron 2mg	10%
Potassium 78mg	2%

INGREDIENTS: Harvest Wheat 100% Whole Wheat Wrap(Stone Ground Whole Wheat Flour, Water, Vital Wheat Gluten, Liquid Brown Sugar, Oat Fiber, Soy Flour, Contains less than 2% of each of the following: Soybean Oil, Prune Juice Concentrate, Sodium Acid Pyrophosphate, Baking Soda, Oats, Sunflower Seeds, Yeast, Potassium Sorbate & Sodium Propionate(added as preservatives), Caramel Color, Cellulose Gum, Millet, Fumaric Acid,Flax Seed,Salt,Guar Gum,Sea Salt,Cracked Wheat,Xanthan Gum,Lactic Acid,Carrageenan, Calcium Sulfate,Culture Wheat Starch,Annatto Color, Enzymes, L-Cysteine), Turkey Breast(Turkey Breast, Turkey Broth, Salt, Dextrose, Sodium Phosphates,Vegetable Oil), Classic Hummus(Cooked Chickpeas, Tahini(Ground Sesame),Soybean Oil, Water, Garlic, Salt, Citric Acid,Potassium Sorbate (added to maintain freshness)), Bell Pepper, Carrots, Spinach, Cucumber.

CONTAINS: Wheat and Soy.



Turkey with Pesto and Cranberries Wrap

Variable servings per cor	
Serving size 5	oz (142g)
Amount per serving	
Calories	330
% [Daily Value
Total Fat 16g	21%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 800mg	35%
Total Carbohydrate 39g	14%
Dietary Fiber 2g	7%
Total Sugars 16g	
Includes 0g Added Sugars	0%
Protein 17g	
Vitamin D 0mcg	0%
Calcium 37mg	2%
Iron 1mg	6%
Potassium 31mg	0%

INGREDIENTS: Cranberry, Mayonnaise(Soybean Oil, Whole Eggs, Egg Yolks, Water, Vinegar, Salt, Sugar, Lemon Juice, Natural Flavors, Calcium Disodium EDTA), Pesto (Basil, Garlic, Pine Nuts, Salt, and Olive Oil), Hickory Turkey(Turkey Breast, Turkey Broth, Salt, Dextrose, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite), Parmesan Cheese(Pasteurized Part-Skim Milk, Cheese Cultures, Salt, Enzymes, Anti-Caking Agent), Lettuce, Tortilla Wrap(Enriched Flour(Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vital Wheat Gluten, Liquid Brown Sugar, Contains less than 2% of each of the following: Oat Fiber, Sodium Acid Pyrophosphate, Baking Soda, Soybean Oil, Yeast, Fumaric Acid, Preservatives (Potassium Sorbate and Sodium Propionate), Wheat Protein Isolate, Cellulose Gum, Guar Gum, Maltodextrin, Carrageenan, Xanthan Gum, Salt, Calcium Sulfate, Enzymes), High Fructose Corn Syrup and Cider Vinegar.

CONTAINS: Wheat, Eggs, Tree Nuts, and Milk.



Turkey Wrap

Nutrition F	
Serving size	5oz (142g)
Amount per serving Calories	300
9	6 Daily Value*
Total Fat 18g	23%
Saturated Fat 9g	45%
Trans Fat 0g	
Cholesterol 70mg	23%
Sodium 1100mg	48%
Total Carbohydrate 15g	5%
Dietary Fiber 0g	0%
Total Sugars 3g	
Includes 0g Added Suga	ırs 0 %
Protein 20g	
Vitamin D 0mcg	0%
Calcium 187mg	15%
Iron 2mg	10%
Potassium 40mg	0%

INGREDIENTS: Kretschmar Off The Bone Turkey (Turkey Breast, Turkey Broth, Salt, Dextrose, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite.), Flatout Harvest Wheat Flatbread (Stone Ground Whole Wheat Flour, Water, Vital Wheat Gluten, Liquid Brown Sugar, Oat Fiber, Soy Flour, contains less than 2% of each of the following: Soybean Oil, Prune Juice Concentrate, Sodium Acid Pyrophosphate, Baking Soda, Oats, Sunflower Seeds, Yeast, Potassium Sorbate & Sodium Propionate (added as preservatives), Caramel Color, Cellulose Gum, Millet, Fumaric Acid, Flax Seed, Salt, Guar Gum, Sea Salt, Cracked Wheat, Xanthan Gum, Lactic Acid, Carrageenan, Calcium Sulfate, Culture Wheat Starch, Annatto Color, Enzymes, L-Cysteine), Thick Dill Spread (Cream Cheese (Pasteurized Milk and Cream, Cheese Cultures, Salt, Stabilizers [Carob Bean and/or Xanthan and/or Guar Gums]), Sour Cream (Cultured Sour Cream, [Non-Fat Milk], Cream, Grade A Whey, Corn-Starch -Modified, Sodium Phosphate, Guar Gum, Carrageenan, Sodium Citrate, Locust Bean Gum], Potassium Sorbate [added as a preservative]), Mayonnaise (Soybean Oil, Whole Egg, Water, Egg Yolks, Distilled Vinegar, Contains less than 2% of Salt, Sugar, Lemon Juice Concentrate, Calcium Disodium EDTA (added to protect flavor), Natural Flavors), Dry Ranch Dressing Mix (Salt, Maltodextrin, Onion, Garlic, Spices, Dextrose, Disodium Inosinate, Disodium Guanylate, Xanthan Gum, Autolyzed Yeast Extract, Buttermilk, Turmeric (Color)), Dill), Dupont Co-Jack Cheese (Pasteurized Milk, Lactic Culture, Salt, Annatto Color, Enzymes), Lettuce.

CONTAINS: Wheat, Milk, Eggs, and Soy.

day is used for general nutrition advice.



Veggie Wrap

Variable servings per co	
Serving size 5	ioz (142g)
Amount per serving	- 40
Calories	240
%	Daily Value
Total Fat 16g	21%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 370mg	16%
Total Carbohydrate 20g	7%
Dietary Fiber 1g	4%
Total Sugars 4g	
Includes 0g Added Sugars	s 0 %
Protein 6g	
Miles de B. O	
Vitamin D 0mcg	0%
Calcium 47mg	4%
Iron 1mg	6%
Potassium 178mg	4%

INGREDIENTS: Flat-Out Harvest Wheat Flatbread(Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vital Wheat Gluten, Liquid Brown Sugar, Contains less than 2% of each of the following: Oat Fiber, Sodium Acid Pyrophosphate, Baking Soda, Soybean Oil, Yeast, Fumaric Acid, Potassium Sorbate and Sodium Propionate (added as preservatives), Wheat Protein Isolate, Cellulose Gum, Guar Gum, Maltodextrin, Carrageenan, Xanthan Gum, Salt, Calcium Sulfate, Enzymes) Oats, Sunflower Seeds, Yeast, Potassium Sorbate and Sodium Propionate(added as preservatives), Caramel Color, Cellulose Gum, Millet, Fumaric Acid, Flax Seed, Salt, Guar Gum, Sea Salt, Cracked Wheat, Xanthan Gum, Lactic Acid, Carrageenan, Calcium Sulfate, Culture Wheat Starch, Annatto Color, Enzymes, L-Cysteine), Tomatoes, Cucumber, Carrots, Cream Cheese (Pasteurized Milk and Cream, Cheese Cultures, Salt, Stabilizers[Carob Bean and/or Xanthan and/or Guar Gums]), Lettuce, Sour Cream (Cultured Sour Cream, [Non-Fat Milk], Cream, Grade A Whey, Corn-Starch-Modified, Sodium Phosphate, Guar Gum, Carrageenan, Sodium Citrate, Locust Bean Gum], Potassium Sorbate[added as a preservative]), Mayonnaise (Soybean Oil, Whole Egg, Water, Egg Yolks, Distilled Vinegar, Contains less than 2% of Salt, Sugar, Lemon Juice Concentrate, Calcium Disodium EDTA (added to protect flavor), Natural Flavors), Dry Ranch Dressing Mix(Salt, Maltodextrin, Onion, Garlic, Spices, Dextrose, Disodium Inosinate, Disodium Guanylate, Xanthan Gum, Autolyzed Yeast Extract, Buttermilk, Turmeric(added for color)), Dill.

CONTAINS: Wheat, Milk, Soy, and Egg.